

5 Mile Lake Tri/Du  
June 18, 2005

Bib #	Code	Course	First Name	Last Name	City	State	Gender	Age	Run/Swim & Transition	1st split place (by course and gender)	Bike & Transition	2nd split place (by course and gender)	Run	3rd split place (by course and gender)	Finish Time	Penalties	Final Time	Age Group Place
283	Female 25-29	Du	Becky	Leprowse	Portland	OR	F	29	22:21.0	2	0:47:47	3	0:21:12	1	1:31:20	DQ	DQ	
267	Female 30-34	Du	Suzanne	Bowser	Fairview	OR	F	34	23:53.0	3	0:45:44	2	0:23:33	3	1:33:10		1:33:10	1
298	Female 30-34	Du	Melanie	Manista	Tacoma		F	30	26:30.0	4	0:49:21	4	0:26:32	6	1:42:23		1:42:23	2
320	Female 35-39	Du	Shelley	Holm	Sammamish	WA	F	35	27:05.0	6	0:49:22	5	0:26:07	5	1:42:34		1:42:34	1
296	Female 40-44	Du	Heather	Woloshyn	Redondo	WA	F	43	28:17.0	7	0:28:10	1	0:30:47	7	1:27:14		1:27:14	1
329	Female 45-49	Du	Olga	Walker	Mercer Island	WA	F	49	26:39.0	5	0:51:03	6	0:25:54	4	1:43:36		1:43:36	1
314	Male <19	Du	Andrew	Edick	Summer	WA	M	17	18:19.0	1	0:37:44	2	0:18:02	2	1:14:05		1:14:05	1
238	Male 20-24	Du	Jeremy	McCarver	Kent	WA	M	23	21:09.0	10	0:40:10	6	0:20:45	8	1:22:04		1:22:04	1
266	Male 25-29	Du	Erik	Doran	Seattle	WA	M	25	19:02.0	3	0:40:43	9	0:17:51	1	1:17:36		1:17:36	1
243	Male 35-39	Du	Stephen	Baumhover	Woodinville	WA	M	39	19:29.0	5	0:36:55	1	0:19:14	5	1:15:38		1:15:38	1
262	Male 35-39	Du	Louis	LeBlanc	Fairview	OR	M	36	19:05.0	4	0:40:02	5	0:18:47	4	1:17:54		1:17:54	2
229	Male 35-39	Du	Josh	Smith	Seattle	WA	M	38	18:23.0	2	0:40:32	8	0:19:29	7	1:18:24		1:18:24	3
228	Male 40-44	Du	Kevin	Curtin	Oak Harbor	WA	M	41	19:59.0	6	0:39:37	4	0:19:28	6	1:19:04		1:19:04	1
300	Male 40-44	Du	Kevin	McCrabb	Sumner	WA	M	43	20:02.0	7	0:41:09	10	0:18:35	3	1:19:46		1:19:46	2
219	Male 40-44	Du	Alan	Trujillo	Renton	WA	M	43	21:36.0	11	0:43:26	11	0:23:13	11	1:28:15		1:28:15	3
233	Male 45-49	Du	Dave	Hull	Gig Harbor	WA	M	48	20:54.0	9	0:39:30	3	0:21:10	9	1:21:34		1:21:34	1
239	Female <19	Junior	Taylor	Tynnismaa	Walla Walla	WA	F	11	02:15.0		0:11:49		0:17:31		0:31:35		0:31:35	
325	Female <19	Junior	Aleisha	Gable	Redmond	WA	F	8	04:24.0		0:15:31		0:10:29		0:30:24		0:30:24	
240	Female <19	Junior	Tatum	Tynnismaa	Walla Walla	WA	F	13	04:04.0		0:26:27		0:08:53		0:39:24		0:39:24	
222	Female <19	Sprint	Howisey	Ashley	Snohomish	WA	F	19	06:42.0	9	0:52:30	31	0:21:29	5	1:20:41		1:20:41	1
261	Female <19	Sprint	Lauren	Lumbard	Seattle	WA	F	19	06:50.0	11	0:51:55	30	0:23:58	13	1:22:43		1:22:43	2
271	Female <19	Sprint	Katherine	Arns	Federal Way	WA	F	16	10:46.0	35	1:00:58	43	0:41:30	45	1:53:14		1:53:14	3
257	Female 20-24	Sprint	Aimee	Desaki	Seattle	WA	F	23	11:59.0	39	0:57:23	40	0:30:42	35	1:40:04		1:40:04	1
327	Female 25-29	Sprint	Kari	Vigerstol	Seattle	WA	F	28	06:14.0	5	0:45:56	14	0:19:59	2	1:12:09		1:12:09	1
270	Female 25-29	Sprint	Joyce	Yi	Seattle	WA	F	28	05:35.0	2	0:44:12	10	0:23:05	10	1:12:52		1:12:52	2
235	Female 25-29	Sprint	Kimberly	Lysogorski	Seattle	WA	F	26	05:54.0	4			1:27:36	46	1:17:36		1:17:36	3
241	Female 25-29	Sprint	Leslie	Kenney	Bothell	WA	F	29	09:46.0	31	0:47:01	17	0:27:40	29	1:24:27		1:24:27	4
294	Female 25-29	Sprint	Heidi	Rosebush	Issaquah	WA	F	26	09:07.0	27	0:52:30	32	0:27:51	31	1:29:28		1:29:28	5

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277	Female 25-29	Sprint	Jennie	Warsinske	Kirkland	WA	F	25	10:57.0	36	0:50:37	25	0:31:20	36	1:32:54		1:32:54	6
205	Female 25-29	Sprint	Sherolyn	Christensen	Selah	WA	F	28	08:47.0	26	0:52:56	34	0:33:39	42	1:35:22		1:35:22	7
248	Female 30-34	Sprint	Allegra	Calder	Seattle	WA	F	33	06:28.0	7	0:41:46	5	0:22:12	6	1:10:26		1:10:26	1
284	Female 30-34	Sprint	Angela	Craig	Lynnwood	WA	F	32	07:57.0	17	0:46:32	15	0:24:57	17	1:19:26		1:19:26	2
264	Female 30-34	Sprint	Amy	Mohelnitzky	Seattle	WA	F	31	08:10.0	21	0:48:41	22	0:25:16	19	1:22:07		1:22:07	3
189	Female 30-34	Sprint	Molly	Quigley	Auburn	WA	F	33	09:19.0	28	0:51:41	29	0:27:47	30	1:28:47		1:28:47	4
315	Female 30-34	Sprint	Michelle	Pleas	Puyallup	WA	F	30	10:08.0	33	0:56:01	37	0:33:12	41	1:39:21		1:39:21	5
265	Female 30-34	Sprint	Carol	Thompson	Bellevue	WA	F	30	16:41.0	47	0:57:59	41	0:32:25	40	1:47:05		1:47:05	6
323	Female 30-34	Sprint	Brenda	Heckathorn	Edmonds	WA	F	31	22:51.0	48	0:56:43	39	0:35:27	43	1:55:01		1:55:01	7
215	Female 35-39	Sprint	Linnea	Alvord	Portland	OR	F	36	07:11.0	14	0:40:39	2	0:20:28	3	1:08:18		1:08:18	1
273	Female 35-39	Sprint	Kim	Farnsworth	Olympia	WA	F	35	06:14.0	6	0:42:05	6	0:20:32	4	1:08:51		1:08:51	2
206	Female 35-39	Sprint	Monique	lance	Tacoma	WA	F	35	05:38.0	3	0:41:27	4	0:22:58	9	1:10:03		1:10:03	3
204	Female 35-39	Sprint	Danielle	Walters	Renton	WA	F	37	09:37.0	30	0:44:11	9	0:24:55	16	1:18:43		1:18:43	4
197	Female 35-39	Sprint	Chris	McCloskey	Auburn	WA	F	35	08:23.0	24	0:44:07	8	0:26:28	26	1:18:58		1:18:58	5
225	Female 35-39	Sprint	Heidi	Riley	North Bend	WA	F	37	09:21.0	29	0:48:24	20	0:25:54	22	1:23:39		1:23:39	6
291	Female 35-39	Sprint	Jennifer	O'Roarty	Seattle	WA	F	34	12:24.0	40	0:51:04	27	0:26:17	24	1:29:45		1:29:45	7
287	Female 35-39	Sprint	R.E.	Mason	Seahurst	WA	F	36	12:33.0	41	1:03:16	45	0:31:35	37	1:47:24		1:47:24	8
324	Female 35-39	Sprint	Michele	Van Schelt	Tacoma	WA	F	37	11:26.0	38					1:48:41		1:48:41	9
221	Female 40-44	Sprint	Lisa	Walker	Edmonds	WA	F	44	05:29.0	1	0:40:41	3	0:19:48	1	1:05:58		1:05:58	1
285	Female 40-44	Sprint	Jill	Fry	Bellevue	WA	F	42					0:21:05	5	1:06:29		1:06:29	2
290	Female 40-44	Sprint	Maria	Driano	Seattle	WA	F	44	06:47.0	10	0:47:32	19	0:26:17	23	1:20:36		1:20:36	3
208	Female 40-44	Sprint	Stephanie	Murray	Seattle	WA	F	43	08:00.0	19	0:45:51	13	0:27:26	28	1:21:17		1:21:17	4
280	Female 40-44	Sprint	Mary	Boone	Tacoma	WA	F	42	06:51.0	12	0:49:38	23	0:25:43	21	1:22:12		1:22:12	5
230	Female 40-44	Sprint	Robin	Pelton	Silverdale	WA	F	44	07:49.0	15	0:48:34	21	0:26:27	25	1:22:50		1:22:50	6
274	Female 40-44	Sprint	Fletcher	Street	Tacoma	WA	F	44	08:30.0	25	0:52:37	33	0:28:23	32	1:29:30		1:29:30	7
191	Female 40-44	Sprint	Leslie	Gourlie	Bothell	WA	F	43	07:51.0	16	0:53:54	35	0:36:08	44	1:37:53		1:37:53	8
281	Female 40-44	Sprint	Rachel	Swerdlow	Seattle	WA	F	43	13:02.0	43	0:59:09	42	0:29:03	33	1:41:14		1:41:14	9
288	Female 40-44	Sprint	Andrey	Hudgins	Seattle	WA	F	40	12:37.0	42	1:03:14	44	0:31:37	38	1:47:28		1:47:28	10
269	Female 45-49	Sprint	Kelly	Heinzinger	University Pl	WA	F	45	06:33.0	8	0:40:33	1	0:22:57	8	1:10:03		1:10:03	1
255	Female 45-49	Sprint	Tricia	Elmer	Seattle	WA	F	45	07:03.0	13	0:46:58	16	0:25:15	18	1:19:16		1:19:16	2
313	Female 45-49	Sprint	Maryann	Hummel	Lakewood	WA	F	47	13:48.0	44	0:51:21	28	0:26:37	27	1:31:46		1:31:46	3
236	Female 45-49	Sprint	Jan	Elliott	Seattle	WA	F	49	11:13.0	37	0:56:30	38	0:29:20	34	1:37:03		1:37:03	4
316	Female 45-49	Sprint	Kathy	Rizkalla	Issaquah	WA	F	47	16:10.0	46					1:48:50		1:48:50	5
224	Female 50-54	Sprint	Patricia	Buchanan	Langley	WA	F	54	08:14.0	23	0:44:44	11	0:24:39	14	1:17:37		1:17:37	1
193	Female 50-54	Sprint	Vickie	Griffin	Federal Way	WA	F	54	07:58.0	18	0:45:34	12	0:25:20	20	1:18:52		1:18:52	2
258	Female 50-54	Sprint	Joan	Brookhyser	Gig Harbor	WA	F	51	08:10.0	22	0:47:26	18	0:23:37	12	1:19:13		1:19:13	3
310	Female 50-54	Sprint	Ute	Cray	Federal Way	WA	F	50	09:58.0	32	0:50:14	24	0:24:50	15	1:25:02		1:25:02	4

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309	Female 55-59	Sprint	Sheri	Hancey	Seattle	WA	F	50	08:07.0	20	0:42:25	7	0:23:18	11	1:13:50	1:13:50	1
234	Female 55-59	Sprint	Sally	Ragsdale	Seattle	WA	F	55	14:07.0	45	0:54:51	36	0:31:50	39	1:40:48	1:40:48	2
196	Female 60-64	Sprint	Judy	Fisher	Auburn	WA	F	62	10:38.0	34	0:50:59	26	0:22:38	7	1:24:15	1:24:15	1
220	Male <19	Sprint	Josh	Fountain	Everett	WA	M	18	05:14.0	4	0:42:41	25	0:17:33	6	1:05:28	1:05:28	1
246	Male <19	Sprint	Zachary	Tynnismaa	Walla Walla	WA	M	15	07:51.0	31	0:51:42	63	0:23:56	43	1:23:29	1:23:29	2
330	Male <19	Sprint	Nick	Neubauer	Renton	WA	M	17	08:18.0	37	0:57:07	67	0:20:00	14	1:25:25	1:25:25	3
272	Male <19	Sprint	Keith	Arns	Federal Way	WA	M	14	07:43.0	30	0:46:29	45	0:35:20	67	1:29:32	1:29:32	4
237	Male 20-24	Sprint	Scott	Seamster	Seattle	WA	M	20	04:49.0	2	0:37:13	8	0:17:30	5	0:59:32	0:59:32	1
289	Male 20-24	Sprint	David	Larparenteur	Federal Way	WA	M	21	06:36.0	16	0:38:31	11	0:17:36	7	1:02:43	1:02:43	2
318	Male 20-24	Sprint	Matthew	Millen	Ellensburg	WA	M	23	09:37.0	48	0:40:50	17	0:18:47	10	1:09:14	1:09:14	3
326	Male 20-24	Sprint	Anthony	Gilbert	Seattle	WA	M	24	08:25.0	38	0:42:50	28	0:24:14	44	1:15:29	1:15:29	4
254	Male 20-24	Sprint	John	Darrough	Seattle	WA	M	22	07:07.0	21	0:45:42	43	0:23:24	42	1:16:13	1:16:13	5
207	Male 20-24	Sprint	Jared	Royce	Tacoma	WA	M	20	09:54.0	50	0:43:53	35	0:27:06	59	1:20:53	1:20:53	6
304	Male 20-24	Sprint	Jeffrey	Katz	Seattle	WA	M	21	09:59.0	51	0:48:43	52	0:24:36	46	1:23:18	1:23:18	7
307	Male 20-24	Sprint	Jerry	Neil	Auburn	WA	M	22	19:26.0	68	0:47:54	51			DNF	DNF	
263	Male 25-29	Sprint	John	Duquette	Seattle	WA	M	27	05:25.0	8	0:35:07	1	0:15:51	2	0:56:23	0:56:23	1
244	Male 25-29	Sprint	Chris	Tremonte	Redmond	WA	M	25	04:43.0	1	0:35:14	2	0:17:15	4	0:57:12	0:57:12	2
293	Male 25-29	Sprint	Robb	Sheridan	Bothell	WA	M	29	07:11.0	22	0:43:27	30	0:20:15	16	1:10:53	1:10:53	3
190	Male 25-29	Sprint	Stuart	Ayling	Kent	WA	M	29	09:24.0	46	0:41:37	19	0:21:30	25	1:12:31	1:12:31	4
317	Male 25-29	Sprint	Gabriel	Graumann	Lake Stevens	WA	M	25	08:03.0	34	0:44:18	39	0:22:49	40	1:15:10	1:15:10	5
203	Male 25-29	Sprint	Jeremy	Littrell	Seattle	WA	M	25	07:55.0	70	0:47:33	49	0:21:51	29	1:17:19	1:17:19	6
279	Male 25-29	Sprint	Andrew	Norman	Kent	WA	M	26	10:23.0	53	0:47:02	46	0:25:12	51	1:22:37	1:22:37	7
275	Male 25-29	Sprint	Bryan	Bell	Normandy Park	WA	M	28	09:12.0	44	0:50:12	58	0:24:44	47	1:24:08	1:24:08	8
250	Male 25-29	Sprint	Matt	Maleck	Kirkland	WA	M	28	14:46.0	64	0:51:48	64	0:21:49	28	1:28:23	1:28:23	9
227	Male 25-29	Sprint	Chris	Sander	Seattle	WA	M	25	05:16.0	6						DNF	
231	Male 30-34	Sprint	Rick	Osborn	Covington	WA	M	34	05:06.0	3	0:36:34	5	0:19:12	13	1:00:52	1:00:52	1
297	Male 30-34	Sprint	Kwong	Yau	Seattle	WA	M	30	05:19.0	7	0:38:20	10	0:20:07	15	1:03:46	1:03:46	2
217	male 30-34	Sprint	Evan	Gray	Shoreline	WA	M	30	07:19.0	25	0:39:55	14	0:20:58	18	1:08:12	1:08:12	3
194	Male 30-34	Sprint	James	Kelley	Vancouver	WA	M	31	06:42.0	19	0:43:32	33	0:21:02	19	1:11:16	1:11:16	4
195	Male 30-34	Sprint	Michael	Rulien	Auburn	WA	M	31	08:56.0	42	0:44:42	40	0:21:12	22	1:14:50	1:14:50	5
303	Male 30-34	Sprint	Nick	Fannin	Auburn	WA	M	31	07:18.0	24	0:43:33	34	0:26:55	56	1:17:46	1:17:46	6
213	Male 30-34	Sprint	Kumao	Estes	Seattle	WA	M	33	09:32.0	47	0:42:21	22	0:26:30	54	1:18:23	1:18:23	7
218	Male 30-34	Sprint	Bruce	Pleasant	Federal way	WA	M	32	11:40.0	61	0:51:11	61	0:21:39	27	1:24:30	1:24:30	8
306	Male 30-34	Sprint	Timothy	Dodd	Auburn	WA	M	30	09:15.0	45	0:51:12	62	0:29:13	63	1:29:40	1:29:40	9
308	Male 35-39	Sprint	Chad	McBride	Renton	WA	M	36	05:42.0	11	0:37:02	7	0:17:48	8	1:00:32	1:00:32	1

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226	Male 35-39	Sprint	Phil	Spencer	Federal Way	WA	M	37	05:15.0	5	0:36:32	4	0:18:50	11	1:00:37		1:00:37	2
253	Male 35-39	Sprint	Christopher	Wegner	Kent	WA	M	36	06:14.0	14	0:47:18	48	0:08:12	1	1:01:44		1:01:44	3
268	Male 35-39	Sprint	Jim	Brown	Olympia	WA	M	38	06:38.0	17	0:37:23	9	0:21:57	32	1:05:58		1:05:58	4
210	Male 35-39	Sprint	Adam	Callahan	Tacoma	WA	M	36	05:41.0	10	0:40:37	15	0:22:18	38	1:08:36		1:08:36	5
201	Male 35-39	Sprint	Glenn	Rriddick	seattle	WA	M	36	08:06.0	35	0:40:56	18	0:22:01	33	1:11:03		1:11:03	6
187	Male 35-39	Sprint	Glenn	Gervais	Bellingham	WA	M	35	08:00.0	33	0:42:47	27	0:21:38	26	1:12:25		1:12:25	7
192	Male 35-39	Sprint	Jeff	Moore	Bothell	WA	M	37	06:38.0	18	0:44:09	38	0:22:10	35	1:12:57		1:12:57	8
319	Male 35-39	Sprint	Jason	Holm	Sammamish	WA	M	36	08:54.0	41	0:40:48	16	0:22:05	34	1:11:47	0:02:00	1:13:47	9
188	Male 35-39	Sprint	George	Gosztola	Auburn	WA	M	38	08:51.0	40	0:43:31	32	0:24:50	48	1:17:12		1:17:12	10
278	Male 35-39	Sprint	Nick	Wolf	Covington	WA	M	36	11:24.0	60	0:43:30	31	0:22:59	41	1:17:53		1:17:53	11
249	Male 35-39	Sprint	David	Tringstad	Edmonds	WA	M	35	10:07.0	52	0:44:52	41	0:25:01	49	1:20:00		1:20:00	12
198	Male 35-39	Sprint	David	Boge	Shoreline	WA	M	35	11:09.0	59	0:47:14	47	0:26:39	55	1:25:02		1:25:02	13
256	Male 35-39	Sprint	Michael	Rhodes	Silverdale	WA	M	38	10:58.0	71	0:52:04	66	0:25:12	52	1:28:14		1:28:14	14
251	Male 35-39	Sprint	Bruce	Thompson	Mercer Island	WA	M	39	08:57.0	43	0:51:52	65	0:27:40	61	1:28:29		1:28:29	15
321	Male 35-39	Sprint	Steve	Hitch	Redmond	WA	M	35	09:40.0	49	0:50:04	57	0:29:41	64	1:29:25		1:29:25	16
292	Male 40-44	Sprint	Scott	Jones	Issaquah	WA	M	40	05:34.0	9	0:35:23	3	0:18:51	12	0:59:48		0:59:48	1
214	Male 40-44	Sprint	Richard	Ling	Steilacoom	WA	M	41	06:05.0	13	0:36:37	6	0:18:32	9	1:01:14		1:01:14	2
223	male 40-44	Sprint	Martin	Katzberg	Puyallup	WA	M	40	06:22.0	15	0:38:56	13	0:21:28	24	1:06:46		1:06:46	3
299	Male 40-44	Sprint	Hugh	Montague	Seattle	WA	M	41	08:17.0	36	0:42:45	26	0:20:29	17	1:11:31		1:11:31	4
232	Male 40-44	Sprint	Greg	Pelton	Silverdale	WA	M	44	07:01.0	20	0:44:02	36	0:21:56	31	1:12:59		1:12:59	5
242	Male 40-44	Sprint	Charles	Mulberg	Bothell	WA	M	44	07:37.0	29	0:42:34	24	0:24:30	45	1:14:41		1:14:41	6
286	Male 40-44	Sprint	Mark	Robertson	Marysville	WA	M	41	11:56.0	62	0:42:51	29	0:21:51	30	1:16:38		1:16:38	7
209	Male 40-44	Sprint	Garrett	Royce	Tacoma	WA	M	44	10:23.0	54	0:46:04	44	0:22:14	36	1:18:41		1:18:41	8
212	Male 40-44	Sprint	Chris	Roy	Tacoma	WA	M	42	11:03.0	58					1:27:06		1:27:06	9
199	Male 40-44	Sprint	Todd	Harrison	Beaverton	OR	M	44	14:00.0	63	1:02:39	68	0:33:53	66	1:50:32		1:50:32	10
295	Male 45-49	Sprint	Mark	Drangsholt	Redondo	WA	M	48	07:30.0	28	0:38:51	12	0:22:27	39	1:08:48		1:08:48	1
247	Male 45-49	Sprint	Edward	Tynnismaa	Walla Walla	WA	M	45	07:27.0	26	0:41:44	20	0:21:06	20	1:10:17		1:10:17	2
202	Male 45-49	Sprint	Orest	Zabrodsky	Des Moines	WA	M	47	10:31.0	55	0:50:20	59	0:25:25	53	1:26:16		1:26:16	3
259	Male 45-49	Sprint	John	Fossett	Bainbridge Is	WA	M	45	10:37.0	56	0:49:23	53	0:26:57	57	1:26:57		1:26:57	4
245	Male 45-49	Sprint	Timothy	Smith	Seattle	WA	M	48	15:19.0	66	0:45:08	42	0:27:02	58	1:27:29		1:27:29	5
305	Male 45-49	Sprint	Dennis	Hayes	Kenmore	WA	M	47	14:55.0	65	0:49:33	54	0:25:10	50	1:29:38		1:29:38	6
252	Male 50-54	Sprint	Patrick	Hogan	Gig Harbor	WA	M	54	07:15.0	23	0:42:15	21	0:22:17	37	1:11:47		1:11:47	1
216	Male 50-54	Sprint	Chuck	Cathey	Seattle	WA	M	53	07:30.0	27	0:47:52	50	0:21:12	23	1:16:34		1:16:34	2
211	Male 50-54	Sprint	Walter	Gray	Seattle	WA	M	52	16:37.0	67	0:49:48	56	0:28:02	62	1:34:27		1:34:27	3
276	Male 60-64	Sprint	Don	Hoover	Lakewood	WA	M	61	07:56.0	32					1:17:00		1:17:00	1
200	Male 60-64	Sprint	Donald	Eismann	Edgewood	WA	M	63	10:45.0	57	0:49:48	55	0:32:27	65	1:33:00		1:33:00	2
282	Male 65-69	Sprint	Isamu	kawabori	Seattle	WA	M	65	08:45.0	39	0:50:39	60	0:27:11	60	1:26:35		1:26:35	1

5 Mile Lake Tri/Du  
June 18, 2005

Bib #	Code	Course	First Name	Last Name	City	State	Gender	Age	Run/Swim & Transition	1st split place (by course and gender)	Bike & Transition	2nd split place (by course and gender)	3rd split place (by course and gender)	Run	Finish Time	Penalties	Final Time	Age Group Place
260	Male Clydesdale	Sprint	Stephen	Reebs	Seattle	WA	M	49	05:49.0	69	0:42:24	23	0:21:11	21	1:09:24		1:09:24	1
311	Team A	Sprint	Scott	Urling	Auburn	WA	M	54	06:02.0	12	0:44:07	37	0:16:03	3	1:06:12		1:06:12	
311	Team A	Sprint	Dagen	Bendixen	Sumner	WA	M	27										
311	Team A	Sprint	Valene	Frey	Puyallup	WA	F	36										
322	Team B	Sprint	Ann	Liou	Edmonds	WA	F	50	12:55.0	43	0:56:36	40	0:35:31	45	1:45:02		1:45:02	
322	Team B	Sprint	Kate	Bacus	Edmonds	WA	F	25										
322	Team B	Sprint	Polly	Ma	Edmonds	WA	F	37										
312	Team C	Du	Wayne	Foley	Bothell	WA	M	64	20:45.0	8	0:40:15	7	0:21:40	10	1:22:40		1:22:40	
312	Team C	Du	Bryce	Foley	Bothell	WA	M	34										
301	Team D	Sprint	Jakob	Anderson	Tacoma	WA	M	24							DNF		DNF	
301	Team D	Sprint	Gaaren	Anderson	Tacoma	WA	M	54										