

# Apple Capital Spring Duathlon 2010

## Overall Results

April 10, 2010

Timing by BuDu Racing, LLC

Place	Name	Bib No	Age	Gender	--- First Run ---			T-1	--- Bike ---		MPH	T-2	--- Run ---			Total
					Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	Brandon Hogleund, Mike Fadich	122	0	M	3	18:09.0	6:03	0:33.9	2	42:15.3	25.4	0:29.0	4	18:47.2	6:16	1:20:14.4
2	Jason Jablonski, Dan Bass	111	0	M	1	15:52.3	5:17	0:25.5	6	47:19.3	22.7	0:20.1	2	16:29.7	5:30	1:20:26.9
3	Robert Pritchett	34	32	M	2	16:45.6	5:35	0:22.3	5	46:36.2	23.0	0:20.7	6	18:57.6	6:19	1:23:02.4
4	Sean Kato	18	36	M	7	18:47.3	6:16	0:47.9	4	46:22.4	23.2	0:25.3	8	20:04.3	6:41	1:26:27.2
5	Rocky Crocker, Tom Feil	121	99	M	20	20:59.6	7:00	0:23.8	3	43:27.5	24.7	0:24.2	15	21:43.0	7:14	1:26:58.1
6	Alex LeFric	1	23	M	6	18:28.3	6:09	0:25.6	9	48:48.3	22.0	0:32.5	5	18:47.8	6:16	1:27:02.5
7	Duane Ball, Rick Uhrich	102	0	M	39	23:44.4	7:55	0:24.9	1	41:25.2	25.9	0:27.6	29	24:14.8	8:05	1:30:16.9
8	Christopher Branch	5	27	M	5	18:26.2	6:09	0:32.1	16	50:55.2	21.1	0:27.9	9	20:19.4	6:46	1:30:40.8
9	Luke Astell	3	43	M	10	19:40.0	6:33	0:32.0	8	48:04.6	22.3	1:05.7	18	22:10.0	7:23	1:31:32.3
10	Corey Stephens, Carl Hagerty	120	0	M	4	18:15.4	6:05	0:37.5	22	54:00.3	19.9	0:22.3	3	18:41.6	6:14	1:31:57.1
11	Kurt Hubbart	32	41	M	12	19:56.2	6:39	0:12.2	12	49:54.7	21.5	0:22.8	20	22:30.7	7:30	1:32:56.6
12	Ronald Collins	10	45	M	19	20:55.0	6:58	1:08.0	10	49:16.3	21.8	0:39.1	17	22:08.8	7:23	1:34:07.2
13	Mark Hofer	15	44	M	28	22:17.7	7:26	0:33.1	7	47:28.0	22.6	0:32.7	23	23:30.8	7:50	1:34:22.3
14	Steve Moore	23	44	M	11	19:46.0	6:35	1:05.6	14	50:30.9	21.3	0:51.8	19	22:14.2	7:25	1:34:28.5
15	Tom Hansen Ken Wilson	117	0	M	14	20:26.2	6:49	0:28.6	17	51:20.3	20.9	0:26.0	16	22:00.1	7:20	1:34:41.2
16	Lars Hakensen	13	33	M	8	19:12.2	6:24	0:38.4	15	50:54.1	21.1	0:30.6	24	23:31.2	7:50	1:34:46.5
17	Ryan Kirwan	19	32	M	16	20:35.4	6:52	0:59.7	18	51:24.6	20.9	0:53.0	11	21:10.2	7:03	1:35:02.9
18	Gregg Harnish	14	50	M	13	20:08.4	6:43	0:34.0	20	52:40.3	20.4	0:26.2	13	21:30.2	7:10	1:35:19.1
19	Vince Nethery	24	54	M	15	20:32.0	6:51	0:55.3	13	49:57.1	21.5	0:42.2	22	23:29.9	7:50	1:35:36.5
20	Jennifer Hakensen, Stephanie Cosina	108	0	F	33	23:19.4	7:46	0:28.5	11	49:33.4	21.7		27	24:09.2	8:03	1:37:30.5
21	Erin Stitt, Jim Evans	119	0	M	17	20:45.4	6:55	0:32.9	30	56:58.7	18.9	0:40.6	10	21:04.0	7:01	1:40:01.6
22	Heather Leach	56	52	F	25	21:49.2	7:16	0:48.7	23	54:12.4	19.8	0:38.7	21	23:21.2	7:47	1:40:50.2
23	Jim Brewer	6	48	M	9	19:22.5	6:27	2:18.0	32	57:14.3	18.8	1:31.5	12	21:13.1	7:04	1:41:39.4
24	Cassidy Cue, Erika Snyder	106	0	F	40	23:51.7	7:57	0:38.5	19	52:21.0	20.5	0:32.4	34	25:15.1	8:25	1:42:38.7
25	Peter Collier	9	16	M	18	20:48.1	6:56	0:56.4	26	55:57.1	19.2	0:58.1	28	24:14.1	8:05	1:42:53.8
26	Josh Roeter	27	24	M	32	23:13.9	7:44	1:21.1	21	53:50.6	20.0	1:02.4	25	23:34.0	7:51	1:43:02.0
27	Kirk Youngers	31	41	M	22	21:28.2	7:09	1:25.3	24	55:23.0	19.4	1:16.4	30	24:24.1	8:08	1:43:57.0
28	Todd Busse, Andrew Carlson	104	0	M	50	27:01.7	9:00	0:45.8	34	57:30.4	18.7	0:40.4	7	19:40.4	6:33	1:45:38.7
29	Samuel Barnes	4	33	M	29	22:19.9	7:26	1:13.7	25	55:46.7	19.3	1:03.4	36	25:38.3	8:33	1:46:02.0
30	Lynne Ziker, Chance Harris, Darren	118	99	M	21	21:22.5	7:07	0:23.3	27	56:01.9	19.2	0:40.9	49	28:44.6	9:35	1:47:13.2
31	Cora Sturzl	62	46	F	35	23:25.6	7:48	0:25.5	31	57:08.9	18.8	0:43.6	37	25:45.2	8:35	1:47:28.8
32	Joshua Razey	26	34	M	24	21:41.5	7:14	1:44.7	43	1:02:03.6	17.3	0:45.8	14	21:31.2	7:10	1:47:46.8

**Timing by BuDu Racing, LLC**

Place	Name	Bib No	Age	Gender	Rnk	--- First Run ---		T-1	--- Bike ---		MPH	T-2	--- Run ---		Total	
						Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
33	Rufus Woods	30	53	M	34	23:20.8	7:47	0:53.6	35	58:04.5	18.5	1:15.3	31	24:25.4	8:08	1:47:59.6
34	Corydon Kamphaus	17	35	M	23	21:32.4	7:11	0:56.4	42	1:01:38.3	17.4	0:37.4	26	23:41.1	7:54	1:48:25.6
35	Alex Cosina, Sebo Mercado, Max Romero	105	0	M	43	24:39.3	8:13	0:24.5	28	56:38.3	19.0	0:28.2	40	26:20.3	8:47	1:48:30.6
36	Steve Brewer	7	40	M	38	23:40.3	7:53	1:44.4	29	56:51.9	18.9	1:15.4	35	25:17.7	8:26	1:48:49.7
37	Alan Crain	11	44	M	31	23:01.7	7:40	1:24.0	37	59:06.5	18.2	1:32.8	33	24:43.2	8:14	1:49:48.2
38	David Hutsell	16	31	M	27	22:17.6	7:26	1:10.5	33	57:19.4	18.7	1:04.2	51	29:02.7	9:41	1:50:54.4
39	Brian Travis	28	38	M	36	23:28.4	7:49	0:56.3	36	58:12.8	18.5	1:20.8	45	27:15.2	9:05	1:51:13.5
40	Ryan Kelso Tom Ovenell	115	0	M	26	22:14.2	7:25	0:41.4	46	1:03:39.3	16.9	0:31.1	32	24:38.1	8:13	1:51:44.1
41	Hans Schmidt, Fawna Schmidt	116	0	M	45	25:28.8	8:29	0:33.0	38	59:13.6	18.1	0:33.2	43	26:46.2	8:55	1:52:34.8
42	Hannah Roeter	60	22	F	48	26:05.1	8:42	1:54.1	53	1:06:53.3	16.1	1:50.5	1	15:54.4	5:18	1:52:37.4
43	Casey Hall	109	0	M	51	27:04.7	9:01	0:39.2	39	59:25.9	18.1	1:01.3	46	27:56.3	9:19	1:56:07.4
44	Brian Lowe	20	49	M	42	24:16.9	8:05	1:47.5	44	1:02:44.9	17.1	1:45.3	39	26:02.6	8:41	1:56:37.2
45	Julie Morley	57	35	F	44	24:45.4	8:15	1:13.1	45	1:03:17.1	17.0	1:11.4	47	28:25.8	9:28	1:58:52.8
46	Kari Hall	52	31	F	47	25:59.1	8:40	1:10.4	49	1:04:49.1	16.6	0:37.4	42	26:40.5	8:53	1:59:16.5
47	Lorena Boyd	103	0	M	46	25:47.0	8:36	0:35.5	51	1:06:14.5	16.2	0:31.1	41	26:31.7	8:50	1:59:39.8
48	Jody Harkness	53	31	F	54	27:18.5	9:06	0:55.0	47	1:03:54.6	16.8	0:36.5	44	26:56.5	8:59	1:59:41.1
49	Dane Collier	8	14	M	37	23:29.3	7:50	1:15.2	41	1:01:34.6	17.4	0:59.8	55	32:32.7	10:51	1:59:51.6
50	Fred Munson, Jennifer Middleton	114	0	M	49	26:52.2	8:57	0:36.6	54	1:08:14.4	15.7	0:34.1	48	28:35.1	9:32	2:04:52.4
51	Kurt Watson	29	40	M	59	30:21.9	10:07	0:55.3	40	1:00:49.4	17.7	1:11.4	61	35:03.8	11:41	2:08:21.8
52	Ashley Jones	54	26	F	53	27:16.9	9:05	1:20.3	56	1:10:24.1	15.3	1:25.5	54	31:06.2	10:22	2:11:33.0
53	Brian Kelly, Heather Kelly	112	0	M	63	31:48.7	10:36	0:37.5	50	1:04:49.3	16.6	0:38.3	60	34:17.0	11:26	2:12:10.8
54	Jerry Olivas	25	50	M	55	27:51.7	9:17	1:48.7	55	1:09:26.5	15.5	1:36.2	57	33:21.3	11:07	2:14:04.4
55	John Luce, Theresa Luce, Janet Ames	113	99	M	64	32:17.1	10:46	0:49.9	48	1:04:31.1	16.6	0:39.1	63	36:02.3	12:01	2:14:19.5
56	Frankie Bonnell-Jones	35	43	F	52	27:12.0	9:04	1:52.8	58	1:16:06.5	14.1	1:23.4	53	29:20.9	9:47	2:15:55.6
57	Andrea Roberston	59	42	F	56	28:01.9	9:20	1:35.1	57	1:15:35.2	14.2	1:30.0	52	29:14.9	9:45	2:15:57.1
58	Ron George	12	45	M	61	31:38.2	10:33	2:11.2	59	1:17:14.3	13.9	2:54.0	38	26:01.0	8:40	2:19:58.7
59	Douglas Gemen	36	67	M	66	34:19.2	11:26	2:43.3	52	1:06:42.8	16.1	2:28.8	58	33:45.5	11:15	2:19:59.6
60	Tanya Davis	107	0	F	57	28:02.8	9:21	1:34.6	65	1:23:25.7	12.9	0:34.3	50	28:47.1	9:36	2:22:24.5
61	Terry Montague	22	59	M	58	29:42.6	9:54	2:45.5	62	1:18:27.2	13.7	1:09.8	56	32:37.9	10:52	2:24:43.0
62	Debbie Kelly	55	55	F	62	31:47.8	10:36	1:32.2	61	1:17:43.9	13.8	1:29.0	59	34:08.7	11:23	2:26:41.6
63	Maria Holman	110	0	F	41	24:11.6	8:04	1:02.8	64	1:20:46.5	13.3	0:39.1	62	35:27.4	11:49	2:32:07.4
64	Jennifer Rayson	58	32	F	65	34:19.0	11:26	0:56.9	63	1:20:29.3	13.3	0:54.5	64	39:57.6	13:19	2:36:37.3
DNF	Bo Mullen	33	22	M	30	22:31.3	7:30	0:50.6								
DNF	Bobbi Barnes	50	50	F	60	31:36.1	10:32	2:14.0	60	1:17:15.8	13.9					
61	Terry Montague	22	59	M	58	29:42.6	9:54	2:45.5	62	1:18:27.2	13.7	1:09.8	56	32:37.9	10:52	2:24:43.0
62	Debbie Kelly	55	55	F	62	31:47.8	10:36	1:32.2	61	1:17:43.9	13.8	1:29.0	59	34:08.7	11:23	2:26:41.6

**Timing by BuDu Racing, LLC**

		--- First Run ---					T-1		--- Bike ---		MPH	T-2		--- Run ---			Total
<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Gender</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	

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# Apple Capital Spring Duathlon 2010

## Overall Relay Results

April 10, 2010

Timing by BuDu Racing, LLC

Place	Name	Bib No	Age	Gender	Rnk	--- First Run ---		T-1	--- Bike ---		MPH	T-2	--- Run ---		Total	
						Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	Brandon Høglund, Mike Fadich	122	0	M	2	18:09.0	6:03	0:33.9	2	42:15.3	25.4	0:29.0	3	18:47.2	6:16	1:20:14.4
2	Jason Jablonski, Dan Bass	111	0	M	1	15:52.3	5:17	0:25.5	4	47:19.3	22.7	0:20.1	1	16:29.7	5:30	1:20:26.9
3	Rocky Crocker, Tom Feil	121	99	M	6	20:59.6	7:00	0:23.8	3	43:27.5	24.7	0:24.2	6	21:43.0	7:14	1:26:58.1
4	Duane Ball, Rick Uhrich	102	0	M	10	23:44.4	7:55	0:24.9	1	41:25.2	25.9	0:27.6	9	24:14.8	8:05	1:30:16.9
5	Corey Stephens, Carl Hagerty	120	0	M	3	18:15.4	6:05	0:37.5	8	54:00.3	19.9	0:22.3	2	18:41.6	6:14	1:31:57.1
6	Tom Hansen Ken Wilson	117	0	M	4	20:26.2	6:49	0:28.6	6	51:20.3	20.9	0:26.0	7	22:00.1	7:20	1:34:41.2
7	Jennifer Hakensen, Stephanie Cosina	108	0	F	9	23:19.4	7:46	0:28.5	5	49:33.4	21.7		8	24:09.2	8:03	1:37:30.5
8	Erin Stitt, Jim Evans	119	0	M	5	20:45.4	6:55	0:32.9	11	56:58.7	18.9	0:40.6	5	21:04.0	7:01	1:40:01.6
9	Cassidy Cue, Erika Snyder	106	0	F	11	23:51.7	7:57	0:38.5	7	52:21.0	20.5	0:32.4	11	25:15.1	8:25	1:42:38.7
10	Todd Busse, Andrew Carlson	104	0	M	17	27:01.7	9:00	0:45.8	12	57:30.4	18.7	0:40.4	4	19:40.4	6:33	1:45:38.7
11	Lynne Ziker, Chance Harris, Darren	118	99	M	7	21:22.5	7:07	0:23.3	9	56:01.9	19.2	0:40.9	17	28:44.6	9:35	1:47:13.2
12	Alex Cosina, Sebo Mercado, Max Romero	105	0	M	13	24:39.3	8:13	0:24.5	10	56:38.3	19.0	0:28.2	12	26:20.3	8:47	1:48:30.6
13	Ryan Kelso Tom Ovenell	115	0	M	8	22:14.2	7:25	0:41.4	15	1:03:39.3	16.9	0:31.1	10	24:38.1	8:13	1:51:44.1
14	Hans Schmidt, Fawna Schmidt	116	0	M	14	25:28.8	8:29	0:33.0	13	59:13.6	18.1	0:33.2	14	26:46.2	8:55	1:52:34.8
15	Casey Hall	109	0	M	18	27:04.7	9:01	0:39.2	14	59:25.9	18.1	1:01.3	15	27:56.3	9:19	1:56:07.4
16	Lorena Boyd	103	0	M	15	25:47.0	8:36	0:35.5	18	1:06:14.5	16.2	0:31.1	13	26:31.7	8:50	1:59:39.8
17	Fred Munson, Jennifer Middleton	114	0	M	16	26:52.2	8:57	0:36.6	19	1:08:14.4	15.7	0:34.1	16	28:35.1	9:32	2:04:52.4
18	Brian Kelly, Heather Kelly	112	0	M	20	31:48.7	10:36	0:37.5	17	1:04:49.3	16.6	0:38.3	19	34:17.0	11:26	2:12:10.8
19	John Luce, Theresa Luce, Janet Ames	113	99	M	21	32:17.1	10:46	0:49.9	16	1:04:31.1	16.6	0:39.1	21	36:02.3	12:01	2:14:19.5
20	Tanya Davis	107	0	F	19	28:02.8	9:21	1:34.6	21	1:23:25.7	12.9	0:34.3	18	28:47.1	9:36	2:22:24.5
21	Maria Holman	110	0	F	12	24:11.6	8:04	11:02.8	8	1:20:46.5	13.3	0:39.1	20	35:27.4	11:49	2:32:07.4

# Apple Capital Spring Duathlon 2010

## Overall Results

April 10, 2010

Timing by BuDu Racing, LLC

<b>Female Finishers</b>																
		-- First Run --			T-1		-- Bike --		MPH	T-2		-- Run --			Total	
Place	Name	Bib No	Age	Gender	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	Heather Leach	56	52	F	1	21:49.2	7:16	0:48.7	1	54:12.4	19.8	0:38.7	2	23:21.2	7:47	1:40:50.2
2	Cora Sturzl	62	46	F	2	23:25.6	7:48	0:25.5	2	57:08.9	18.8	0:43.6	3	25:45.2	8:35	1:47:28.8
3	Hannah Roeter	60	22	F	5	26:05.1	8:42	1:54.1	6	1:06:53. 3	16.1	1:50.5	1	15:54.4	5:18	1:52:37.4
4	Julie Morley	57	35	F	3	24:45.4	8:15	1:13.1	3	1:03:17. 1	17.0	1:11.4	6	28:25.8	9:28	1:58:52.8
5	Kari Hall	52	31	F	4	25:59.1	8:40	1:10.4	5	1:04:49. 1	16.6	0:37.4	4	26:40.5	8:53	1:59:16.5
6	Jody Harkness	53	31	F	8	27:18.5	9:06	0:55.0	4	1:03:54. 6	16.8	0:36.5	5	26:56.5	8:59	1:59:41.1
7	Ashley Jones	54	26	F	7	27:16.9	9:05	1:20.3	7	1:10:24. 1	15.3	1:25.5	9	31:06.2	10:22	2:11:33.0
8	Frankie Bonnell-Jones	35	43	F	6	27:12.0	9:04	1:52.8	9	1:16:06. 5	14.1	1:23.4	8	29:20.9	9:47	2:15:55.6
9	Andrea Roberston	59	42	F	9	28:01.9	9:20	1:35.1	8	1:15:35. 2	14.2	1:30.0	7	29:14.9	9:45	2:15:57.1
10	Debbie Kelly	55	55	F	11	31:47.8	10:36	1:32.2	11	1:17:43. 9	13.8	1:29.0	10	34:08.7	11:23	2:26:41.6
11	Jennifer Rayson	58	32	F	12	34:19.0	11:26	0:56.9	12	1:20:29. 3	13.3	0:54.5	11	39:57.6	13:19	2:36:37.3
DNF	Bobbi Barnes	50	50	F	10	31:36.1	10:32	2:14.0	10	1:17:15. 8	13.9					

<b>Male Finishers</b>																
		-- First Run --			T-1		-- Bike --		MPH	T-2		-- Run --			Total	
Place	Name	Bib No	Age	Gender	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	Robert Pritchett	34	32	M	1	16:45.6	5:35	0:22.3	2	46:36.2	23.0	0:20.7	2	18:57.6	6:19	1:23:02.4
2	Sean Kato	18	36	M	4	18:47.3	6:16	0:47.9	1	46:22.4	23.2	0:25.3	3	20:04.3	6:41	1:26:27.2
3	Alex LeFric	1	23	M	3	18:28.3	6:09	0:25.6	5	48:48.3	22.0	0:32.5	1	18:47.8	6:16	1:27:02.5
4	Christopher Branch	5	27	M	2	18:26.2	6:09	0:32.1	11	50:55.2	21.1	0:27.9	4	20:19.4	6:46	1:30:40.8
5	Luke Astell	3	43	M	7	19:40.0	6:33	0:32.0	4	48:04.6	22.3	1:05.7	10	22:10.0	7:23	1:31:32.3
6	Kurt Hubbard	32	41	M	9	19:56.2	6:39	0:12.2	7	49:54.7	21.5	0:22.8	12	22:30.7	7:30	1:32:56.6
7	Ronald Collins	10	45	M	14	20:55.0	6:58	1:08.0	6	49:16.3	21.8	0:39.1	9	22:08.8	7:23	1:34:07.2
8	Mark Hofer	15	44	M	19	22:17.7	7:26	0:33.1	3	47:28.0	22.6	0:32.7	14	23:30.8	7:50	1:34:22.3
9	Steve Moore	23	44	M	8	19:46.0	6:35	1:05.6	9	50:30.9	21.3	0:51.8	11	22:14.2	7:25	1:34:28.5
10	Lars Hakensen	13	33	M	5	19:12.2	6:24	0:38.4	10	50:54.1	21.1	0:30.6	15	23:31.2	7:50	1:34:46.5

## Timing by BuDu Racing, LLC

Place	Name	Bib No	Age	Gender	-- First Run --			T-1	-- Bike --		MPH	T-2	-- Run --			Total
					Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
11	Ryan Kirwan	19	32	M	12	20:35.4	6:52	0:59.7	12	51:24.6	20.9	0:53.0	5	21:10.2	7:03	1:35:02.9
12	Gregg Harnish	14	50	M	10	20:08.4	6:43	0:34.0	13	52:40.3	20.4	0:26.2	7	21:30.2	7:10	1:35:19.1
13	Vince Nethery	24	54	M	11	20:32.0	6:51	0:55.3	8	49:57.1	21.5	0:42.2	13	23:29.9	7:50	1:35:36.5
14	Jim Brewer	6	48	M	6	19:22.5	6:27	2:18.0	19	57:14.3	18.8	1:31.5	6	21:13.1	7:04	1:41:39.4
15	Peter Collier	9	16	M	13	20:48.1	6:56	0:56.4	17	55:57.1	19.2	0:58.1	18	24:14.1	8:05	1:42:53.8
16	Josh Roeter	27	24	M	23	23:13.9	7:44	1:21.1	14	53:50.6	20.0	1:02.4	16	23:34.0	7:51	1:43:02.0
17	Kirk Youngers	31	41	M	15	21:28.2	7:09	1:25.3	15	55:23.0	19.4	1:16.4	19	24:24.1	8:08	1:43:57.0
18	Samuel Barnes	4	33	M	20	22:19.9	7:26	1:13.7	16	55:46.7	19.3	1:03.4	23	25:38.3	8:33	1:46:02.0
19	Joshua Razey	26	34	M	17	21:41.5	7:14	1:44.7	27	6	17.3	0:45.8	8	21:31.2	7:10	1:47:46.8
20	Rufus Woods	30	53	M	24	23:20.8	7:47	0:53.6	21	58:04.5	18.5	1:15.3	20	24:25.4	8:08	1:47:59.6
21	Corydon Kamphaus	17	35	M	16	21:32.4	7:11	0:56.4	26	3	17.4	0:37.4	17	23:41.1	7:54	1:48:25.6
22	Steve Brewer	7	40	M	27	23:40.3	7:53	1:44.4	18	56:51.9	18.9	1:15.4	22	25:17.7	8:26	1:48:49.7
23	Alan Crain	11	44	M	22	23:01.7	7:40	1:24.0	23	59:06.5	18.2	1:32.8	21	24:43.2	8:14	1:49:48.2
24	David Hutsell	16	31	M	18	22:17.6	7:26	1:10.5	20	57:19.4	18.7	1:04.2	27	29:02.7	9:41	1:50:54.4
25	Brian Travis	28	38	M	25	23:28.4	7:49	0:56.3	22	58:12.8	18.5	1:20.8	26	27:15.2	9:05	1:51:13.5
26	Brian Lowe	20	49	M	28	24:16.9	8:05	1:47.5	28	9	17.1	1:45.3	25	26:02.6	8:41	1:56:37.2
27	Dane Collier	8	14	M	26	23:29.3	7:50	1:15.2	25	6	17.4	0:59.8	28	32:32.7	10:51	1:59:51.6
28	Kurt Watson	29	40	M	31	30:21.9	10:07	0:55.3	24	4	17.7	1:11.4	32	35:03.8	11:41	2:08:21.8
29	Jerry Olivas	25	50	M	29	27:51.7	9:17	1:48.7	30	5	15.5	1:36.2	30	33:21.3	11:07	2:14:04.4
30	Ron George	12	45	M	32	31:38.2	10:33	2:11.2	31	3	13.9	2:54.0	24	26:01.0	8:40	2:19:58.7
31	Douglas Gemen	36	67	M	33	34:19.2	11:26	2:43.3	29	8	16.1	2:28.8	31	33:45.5	11:15	2:19:59.6
32	Terry Montague	22	59	M	30	29:42.6	9:54	2:45.5	32	2	13.7	1:09.8	29	32:37.9	10:52	2:24:43.0
DNF	Bo Mullen	33	22	M	21	22:31.3	7:30	0:50.6								

# Apple Capital Spring Duathlon 2010

## Age Group Results

Saturday, April 10, 2010

Timing by BuDu Racing, LLC

Overall			-- First Run --		T-1	-- Blke --		T-2	-- Run --		Total		
Place	Place	Name	Bib No	Age	Rnk	Time	Time	Rnk	Time	Time	Rnk	Time	Time

## Age Group

### Female 18 to 24

Overall			-- First Run --		T-1	-- Blke --		T-2	-- Run --		Total		
Place	Place	Name	Bib No	Age	Rnk	Time	Time	Rnk	Time	Time	Rnk	Time	Time
1	28	Hannah Roeter	60	22	1	26:05.1	1:54.1	1	3	1:06:53. 1:50.5	1	15:54.4	1:52:37.4

### Female 25 to 29

Overall			-- First Run --		T-1	-- Blke --		T-2	-- Run --		Total		
Place	Place	Name	Bib No	Age	Rnk	Time	Time	Rnk	Time	Time	Rnk	Time	Time
1	35	Ashley Jones	54	26	1	27:16.9	1:20.3	1	1	1:10:24. 1:25.5	1	31:06.2	2:11:33.0

### Female 30 to 34

Overall			-- First Run --		T-1	-- Blke --		T-2	-- Run --		Total		
Place	Place	Name	Bib No	Age	Rnk	Time	Time	Rnk	Time	Time	Rnk	Time	Time
1	31	Kari Hall	52	31	1	25:59.1	1:10.4	2	1	1:04:49. 0:37.4	1	26:40.5	1:59:16.5
2	32	Jody Harkness	53	31	2	27:18.5	0:55.0	1	6	1:03:54. 0:36.5	2	26:56.5	1:59:41.1
3	43	Jennifer Rayson	58	32	3	34:19.0	0:56.9	3	3	1:20:29. 0:54.5	3	39:57.6	2:36:37.3

### Female 35 to 39

Overall			-- First Run --		T-1	-- Blke --		T-2	-- Run --		Total		
Place	Place	Name	Bib No	Age	Rnk	Time	Time	Rnk	Time	Time	Rnk	Time	Time
1	30	Julie Morley	57	35	1	24:45.4	1:13.1	1	1	1:03:17. 1:11.4	1	28:25.8	1:58:52.8

### Female 40 to 44

Overall			-- First Run --		T-1	-- Blke --		T-2	-- Run --		Total		
Place	Place	Name	Bib No	Age	Rnk	Time	Time	Rnk	Time	Time	Rnk	Time	Time
1	37	Frankie Bonnell-Jones	35	43	1	27:12.0	1:52.8	2	5	1:16:06. 1:23.4	2	29:20.9	2:15:55.6
2	38	Andrea Roberston	59	42	2	28:01.9	1:35.1	1	2	1:15:35. 1:30.0	1	29:14.9	2:15:57.1

### Female 45 to 49

## Timing by BuDu Racing, LLC

Overall			-- First Run --		T-1	-- Blke --		T-2	-- Run --		Total		
Place	Place	Name	Bib No	Age	Rnk	Time	Time	Rnk	Time	Time	Rnk	Time	Time
<b>Female 45 to 49</b>													

Overall			-- First Run --		T-1	-- Blke --		T-2	-- Run --		Total		
Place	Place	Name	Bib No	Age	Rnk	Time	Time	Rnk	Time	Time	Rnk	Time	Time
1	20	Cora Sturzl	62	46	1	23:25.6	0:25.5	1	57:08.9	0:43.6	1	25:45.2	1:47:28.8

## Female 50 to 54

Overall			-- First Run --		T-1	-- Blke --		T-2	-- Run --		Total		
Place	Place	Name	Bib No	Age	Rnk	Time	Time	Rnk	Time	Time	Rnk	Time	Time
1	14	Heather Leach	56	52	1	21:49.2	0:48.7	1	54:12.4	0:38.7	1	23:21.2	1:40:50.2

## Female 55 to 59

Overall			-- First Run --		T-1	-- Blke --		T-2	-- Run --		Total			
Place	Place	Name	Bib No	Age	Rnk	Time	Time	Rnk	Time	Time	Rnk	Time	Time	
1	42	Debbie Kelly	55	55	1	31:47.8	1:32.2	1	9	1:17:43.	1:29.0	1	34:08.7	2:26:41.6

## Male 1 to 17

Overall			-- First Run --		T-1	-- Blke --		T-2	-- Run --		Total			
Place	Place	Name	Bib No	Age	Rnk	Time	Time	Rnk	Time	Time	Rnk	Time	Time	
1	16	Peter Collier	9	16	1	20:48.1	0:56.4	1	55:57.1	0:58.1	1	24:14.1	1:42:53.8	
2	33	Dane Collier	8	14	2	23:29.3	1:15.2	2	6	1:01:34.	0:59.8	2	32:32.7	1:59:51.6

## Male 18 to 24

Overall			-- First Run --		T-1	-- Blke --		T-2	-- Run --		Total		
Place	Place	Name	Bib No	Age	Rnk	Time	Time	Rnk	Time	Time	Rnk	Time	Time
1	3	Alex LeFric	1	23	1	18:28.3	0:25.6	1	48:48.3	0:32.5	1	18:47.8	1:27:02.5
2	17	Josh Roeter	27	24	3	23:13.9	1:21.1	2	53:50.6	1:02.4	2	23:34.0	1:43:02.0

## Male 25 to 29

Overall			-- First Run --		T-1	-- Blke --		T-2	-- Run --		Total		
Place	Place	Name	Bib No	Age	Rnk	Time	Time	Rnk	Time	Time	Rnk	Time	Time
1	4	Christopher Branch	5	27	1	18:26.2	0:32.1	1	50:55.2	0:27.9	1	20:19.4	1:30:40.8

## Male 30 to 34



## Timing by BuDu Racing, LLC

Overall			-- First Run --		T-1	-- Blke --		T-2	-- Run --		Total		
Place	Place	Name	Bib No	Age	Rnk	Time	Time	Rnk	Time	Time	Rnk	Time	Time
1	1	Robert Pritchett	34	32	1	16:45.6	0:22.3	1	46:36.2	0:20.7	1	18:57.6	1:23:02.4
2	10	Lars Hakensen	13	33	2	19:12.2	0:38.4	2	50:54.1	0:30.6	4	23:31.2	1:34:46.5
3	11	Ryan Kirwan	19	32	3	20:35.4	0:59.7	3	51:24.6	0:53.0	2	21:10.2	1:35:02.9
4	19	Samuel Barnes	4	33	6	22:19.9	1:13.7	4	55:46.7	1:03.4	5	25:38.3	1:46:02.0
5	21	Joshua Razey	26	34	4	21:41.5	1:44.7	6	6 1:02:03.	0:45.8	3	21:31.2	1:47:46.8
6	26	David Hutsell	16	31	5	22:17.6	1:10.5	5	57:19.4	1:04.2	6	29:02.7	1:50:54.4

## Male 35 to 39

Overall			-- First Run --		T-1	-- Blke --		T-2	-- Run --		Total		
Place	Place	Name	Bib No	Age	Rnk	Time	Time	Rnk	Time	Time	Rnk	Time	Time
1	2	Sean Kato	18	36	1	18:47.3	0:47.9	1	46:22.4	0:25.3	1	20:04.3	1:26:27.2
2	23	Corydon Kamphaus	17	35	2	21:32.4	0:56.4	3	3 1:01:38.	0:37.4	2	23:41.1	1:48:25.6
3	27	Brian Travis	28	38	3	23:28.4	0:56.3	2	58:12.8	1:20.8	3	27:15.2	1:51:13.5

## Male 40 to 44

Overall			-- First Run --		T-1	-- Blke --		T-2	-- Run --		Total		
Place	Place	Name	Bib No	Age	Rnk	Time	Time	Rnk	Time	Time	Rnk	Time	Time
1	5	Luke Astell	3	43	1	19:40.0	0:32.0	2	48:04.6	1:05.7	1	22:10.0	1:31:32.3
2	6	Kurt Hubbart	32	41	3	19:56.2	0:12.2	3	49:54.7	0:22.8	3	22:30.7	1:32:56.6
3	8	Mark Hofer	15	44	5	22:17.7	0:33.1	1	47:28.0	0:32.7	4	23:30.8	1:34:22.3
4	9	Steve Moore	23	44	2	19:46.0	1:05.6	4	50:30.9	0:51.8	2	22:14.2	1:34:28.5
5	18	Kirk Youngers	31	41	4	21:28.2	1:25.3	5	55:23.0	1:16.4	5	24:24.1	1:43:57.0
6	24	Steve Brewer	7	40	7	23:40.3	1:44.4	6	56:51.9	1:15.4	7	25:17.7	1:48:49.7
7	25	Alan Crain	11	44	6	23:01.7	1:24.0	7	59:06.5	1:32.8	6	24:43.2	1:49:48.2
8	34	Kurt Watson	29	40	8	30:21.9	0:55.3	8	4 1:00:49.	1:11.4	8	35:03.8	2:08:21.8

## Male 45 to 49

Overall			-- First Run --		T-1	-- Blke --		T-2	-- Run --		Total		
Place	Place	Name	Bib No	Age	Rnk	Time	Time	Rnk	Time	Time	Rnk	Time	Time
1	7	Ronald Collins	10	45	2	20:55.0	1:08.0	1	49:16.3	0:39.1	2	22:08.8	1:34:07.2
2	15	Jim Brewer	6	48	1	19:22.5	2:18.0	2	57:14.3	1:31.5	1	21:13.1	1:41:39.4

## Timing by BuDu Racing, LLC

Overall			-- First Run --		T-1	-- Blke --		T-2	-- Run --		Total		
Place	Place	Name	Bib No	Age	Rnk	Time	Time	Rnk	Time	Time	Rnk	Time	Time
3	29	Brian Lowe	20	49	3	24:16.9	1:47.5	3	9	1:02:44.	4	26:02.6	1:56:37.2
4	39	Ron George	12	45	4	31:38.2	2:11.2	4	3	1:17:14.	3	26:01.0	2:19:58.7

## Male 50 to 54

Overall			-- First Run --		T-1	-- Blke --		T-2	-- Run --		Total		
Place	Place	Name	Bib No	Age	Rnk	Time	Time	Rnk	Time	Time	Rnk	Time	Time
1	12	Gregg Harnish	14	50	1	20:08.4	0:34.0	2	52:40.3	0:26.2	1	21:30.2	1:35:19.1
2	13	Vince Nethery	24	54	2	20:32.0	0:55.3	1	49:57.1	0:42.2	2	23:29.9	1:35:36.5
3	22	Rufus Woods	30	53	3	23:20.8	0:53.6	3	58:04.5	1:15.3	3	24:25.4	1:47:59.6
4	36	Jerry Olivas	25	50	4	27:51.7	1:48.7	4	5	1:09:26.	4	33:21.3	2:14:04.4

## Male 55 to 59

Overall			-- First Run --		T-1	-- Blke --		T-2	-- Run --		Total		
Place	Place	Name	Bib No	Age	Rnk	Time	Time	Rnk	Time	Time	Rnk	Time	Time
1	41	Terry Montague	22	59	1	29:42.6	2:45.5	1	2	1:18:27.	1	32:37.9	2:24:43.0

## Male 65 to 69

Overall			-- First Run --		T-1	-- Blke --		T-2	-- Run --		Total		
Place	Place	Name	Bib No	Age	Rnk	Time	Time	Rnk	Time	Time	Rnk	Time	Time
1	40	Douglas Gemen	36	67	1	34:19.2	2:43.3	1	8	1:06:42.	1	33:45.5	2:19:59.6

# Relay Male and Female

## Female Relay 105 and Under

Overall			-- First Run --		T-1	-- Blke --		T-2	-- Run --		Total		
Place	Place	Name	Bib No	Age	Rnk	Time	Time	Rnk	Time	Time	Rnk	Time	Time
1	7	Jennifer Hakensen, Stephanie Cosina	108	0	1	23:19.4	0:28.5	1	49:33.4		1	24:09.2	1:37:30.5
2	8	Cassidy Cue, Erika Snyder	106	0	2	23:51.7	0:38.5	2	52:21.0	0:32.4	2	25:15.1	1:42:38.7
3	13	Lorena	103	0	9	25:47.0	0:35.5	11	5	1:06:14.	10	26:31.7	1:59:39.8
4	14	Tanya Davis	107	0	4	28:02.8	1:34.6	4	7		3	28:47.1	2:22:24.5
5	15	Maria Holman	110	0	3	24:11.6	8	3	5		4	35:27.4	2:32:07.4

## Male Relay 105 and Under

Overall			-- First Run --		T-1	-- Blke --		T-2	-- Run --		Total
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## Timing by BuDu Racing, LLC

Overall			-- First Run --		T-1	-- Blke --		T-2	-- Run --		Total		
Place	Place	Name	Bib No	Age	Rnk	Time	Time	Rnk	Time	Time	Rnk	Time	Time
Place	Place	Name	Bib No	Age	Rnk	Time	Time	Rnk	Time	Time	Rnk	Time	Time
1	1	Brandon Hogleund, Mike Fadich	122	0	2	18:09.0	0:33.9	2	42:15.3	0:29.0	3	18:47.2	1:20:14.4
2	2	Jason Jablonski, Dan Bass	111	0	1	15:52.3	0:25.5	4	47:19.3	0:20.1	1	16:29.7	1:20:26.9
3	4	Duane Ball, Rick Uhrich	102	0	7	23:44.4	0:24.9	1	41:25.2	0:27.6	7	24:14.8	1:30:16.9
4	5	Corey Stephens, Carl Hagerty	120	0	3	18:15.4	0:37.5	6	54:00.3	0:22.3	2	18:41.6	1:31:57.1
5	6	Tom Hansen Ken Wilson	117	0	4	20:26.2	0:28.6	5	51:20.3	0:26.0	6	22:00.1	1:34:41.2
6	9	Todd Busse, Andrew Carlson	104	0	10	27:01.7	0:45.8	8	57:30.4	0:40.4	4	19:40.4	1:45:38.7
7	10	Alex Cosina, Sebo Mercado, Max Romero	105	0	8	24:39.3	0:24.5	7	56:38.3	0:28.2	9	26:20.3	1:48:30.6
8	11	Ryan Kelso Tom Ovenell	115	0	6	22:14.2	0:41.4	10	3 1:03:39.	0:31.1	8	24:38.1	1:51:44.1
9	12	Casey Hall	109	0	11	27:04.7	0:39.2	9	59:25.9	1:01.3	11	27:56.3	1:56:07.4

## Male Relay 106 and Over

Overall			-- First Run --		T-1	-- Blke --		T-2	-- Run --		Total		
Place	Place	Name	Bib No	Age	Rnk	Time	Time	Rnk	Time	Time	Rnk	Time	Time
1	3	Rocky Crocker, Tom Feil	121	99	5	20:59.6	0:23.8	3	43:27.5	0:24.2	5	21:43.0	1:26:58.1

## Mixed Relay

### Mixed Relay 105 and Under

Overall			-- First Run --		T-1	-- Blke --		T-2	-- Run --		Total		
Place	Place	Name	Bib No	Age	Rnk	Time	Time	Rnk	Time	Time	Rnk	Time	Time
1	1	Erin Stitt, Jim Evans	119	0	1	20:45.4	0:32.9	1	56:58.7	0:40.6	1	21:04.0	1:40:01.6
2	3	Hans Schmidt, Fawna Schmidt	116	0	2	25:28.8	0:33.0	2	59:13.6	0:33.2	2	26:46.2	1:52:34.8
3	4	Fred Munson, Jennifer Middleton	114	0	3	26:52.2	0:36.6	4	4 1:08:14.	0:34.1	3	28:35.1	2:04:52.4
4	5	Brian Kelly, Heather Kelly	112	0	4	31:48.7	0:37.5	3	3 1:04:49.	0:38.3	4	34:17.0	2:12:10.8

### Mixed Relay 106 and over

Overall			-- First Run --		T-1	-- Blke --		T-2	-- Run --		Total		
Place	Place	Name	Bib No	Age	Rnk	Time	Time	Rnk	Time	Time	Rnk	Time	Time
1	2	Lynne Ziker, Chance Harris, Darren John Luce, Theresa Luce, Janet Ames	118	99	1	21:22.5	0:23.3	1	56:01.9	0:40.9	1	28:44.6	1:47:13.2
2	6	Ames	113	99	2	32:17.1	0:49.9	2	1 1:04:31.	0:39.1	2	36:02.3	2:14:19.5