

Mount Rainier Duathlon - 04/28/13

Many thanks go out to our volunteer groups. White River Cross Country, and NW Foursquare Church Young Adult Group. Also thanks to Mark Howlett for his help on the Run course, Jalen Johansen (Johansen Excavating) for setting up signs, and NW Tri & Bike for the water zone on the bike! And so many others who helped make this event great! SO many people blessed us and you!!

BuDu Championship Series Age Graded Results

New this year, BuDu Championship Series!! Gordon Gray, a long time triathlete, and a man great with numbers and such, has worked on a process to create age graded results for our events. We are going to track these over the season, and after the Lake Stevens Triathlon, we will announce the top 3 age grade athletes (Male and Female), who participated in 3 or more Long or Olympic Courses or 4 or more of our Short or Sprint Courses. We are combining the Duathlons in this as well. Gordon is using ranking information from past events to calculate this. We are excited to offer this fun aspect to our events. You will see the age graded results on the Overall Sheet. I will be putting together a specific item on our website about this and will send out an email as well. Below is a brief explanation:

Time: Adjusted theoretical time at the fastest/optimal age (early 20s)

Percent: 95% -- World class

85% -- National class: about Honorable Mention(HM) in the USAT rankings

75% -- Regional class

65% -- Local class

Place: Ranking based on age-graded percent

BuDu Racing, LLC Charity of Choice: JDRF!



BuDu Racing, LLC is proud to pledge a portion of the registration fees to support the Juvenile Diabetes Research Foundation (JDRF). The mission of JDRF is to find a cure for diabetes and its complications through the support of research. Type 1 diabetes is an autoimmune disease that strikes children and adults suddenly, and can be fatal. Until a cure is found, people with type 1 diabetes have to test their blood sugar and give themselves insulin, every day of their lives. And even with that intensive care, insulin is not a cure for diabetes, nor does it prevent its eventual and devastating complications, which may include kidney failure, blindness, heart disease, stroke, and amputation.

2013 USAT Long Course Duathlon Championship and USAT Duathlon Race Series events



We hope you Long Course participants had a great time participating in the USAT Long Course Duathlon National Championship! <http://www.usatriathlon.org/events/national-championships.aspx>



This event was also part of the USA Triathlon's Duathlon Race Series! Participating in the Mt Rainier Duathlon will count toward the popular end-of-year Duathlon National Rankings for USA Triathlon annual members. <http://www.usatriathlon.org/events/duathlon-race-series.aspx>

We love our sponsors, and hope you do too! Please support them.



ENDURANCE FUELS
& SUPPLEMENTS



Thanks to local sponsors:

Charlie's Cafe, Rendezvous Wine and Brew, Enumclaw Ski & Mountain, and Johansen Excavating, Inc.

Event Photos:

Free Photos - will be included again this year as part of your registration, compliments of BuDu Racing. The photo, YOU SELECT, with sponsor recognition will be available in a free 4x6 print that will be sent in a digital file via email (if you are unable to use a digital file, please email info@BuDuRacing.com). You will also have the ability to purchase additional pictures and/or upgrade your photo. We hope you enjoy this participant gift. Our photographer is Image Arts Photography. Our photographer's website is www.imageartsphoto.com.

*Splits will be posted shortly
Timing by BuDu Racing, LLC*

<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Gender</u>	<u>Div</u>	<u>Rnk</u>	<u>-- First Run --</u>		<u>-- T-1 --</u>		<u>-- Bike --</u>		<u>-- T-2 --</u>		<u>-- Second Run --</u>		<u>Total</u>	<u>Penalty</u>	<u>-- Age Graded --</u>		<u>Rnk</u>			
							<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Rnk</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>		<u>Time</u>	<u>Percent</u>		
DNF	Roxy Cate	351	52	F	4	226	1:13:48.7	14:28/M	200	0:02:34.7	2	1:14:31.2	23.2MPH											
DNF	Kerri North	160	35	F	4	140	0:40:50.5	8:00/M	27	0:00:56.9														
DNF	Scott Humphreys	219	29	M	4	151	0:41:48.3	8:12/M	103	0:01:24.2														
DNF	Melissa Smith	149	28	F	4	202	0:49:21.9	9:41/M	155	0:01:45.2														
DQ	Carrie Schwab	172	41	F	4	224	1:00:47.5	11:55/M	211	0:03:02.6	11	1:18:53.5	21.9MPH	206	0:03:05.3	DQ	0:50:41.0	13:20/M	3:16:30.1					

Mt Rainier Duathlon 2013

Long Course Age Group Result

Sunday, April 28, 2013

*Overall Place In Gender.
BuDu Racing, LLC

Place	Place	Name	Bib No	Age	Rnk	-- First Run -- Time	Pace	Rnk	-- T-1 -- Time	Rnk	-- Bike -- Time	Rate	Rnk	-- T-2 -- Time	Rnk	-- Second Run -- Time	Pace	Total Time	Penalty
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Female Top Finishers (Long) Winners

Place	Place	Name	Bib No	Age	Rnk	-- First Run -- Time	Pace	Rnk	-- T-1 -- Time	Rnk	-- Bike -- Time	Rate	Rnk	-- T-2 -- Time	Rnk	-- Second Run -- Time	Pace	Total Time	Penalty
1	1	Kimberly Pancoast	151	29	1	0:30:42.5	6:01/M	8	0:01:02.5	1	1:23:13.0	20.8MPH	2	0:00:53.9	1	0:22:48.3	6:00/M	2:18:40.4	
2	2	Ann Davidson	183	50	2	0:33:11.3	6:30/M	9	0:01:03.2	3	1:26:51.4	19.9MPH	20	0:01:22.2	2	0:26:09.9	6:53/M	2:28:38.1	
3	3	Jennifer Santoyo	152	30	3	0:36:01.5	7:04/M	45	0:02:02.8	2	1:26:27.0	20.0MPH	21	0:01:24.1	3	0:26:46.7	7:03/M	2:32:42.3	

Female 25 to 29

Place	Place	Name	Bib No	Age	Rnk	-- First Run -- Time	Pace	Rnk	-- T-1 -- Time	Rnk	-- Bike -- Time	Rate	Rnk	-- T-2 -- Time	Rnk	-- Second Run -- Time	Pace	Total Time	Penalty
1	12	Laura Ellison	194	28	1	0:36:27.7	7:09/M	5	0:00:58.5	2	1:35:41.7	18.1MPH	1	0:00:44.7	1	0:27:23.7	7:12/M	2:41:16.5	
2	13	Melodie Hewitt	148	28	2	0:36:50.9	7:13/M	31	0:01:41.5	1	1:34:02.4	18.4MPH	27	0:01:35.2	2	0:28:16.2	7:26/M	2:42:26.3	
3	28	April Rezendes	150	29	3	0:41:42.7	8:11/M	27	0:01:27.4	3	1:42:43.2	16.8MPH	26	0:01:29.4	3	0:30:59.0	8:09/M	2:58:21.8	
4	31	Morgan Hale	145	27	4	0:41:58.9	8:14/M	11	0:01:03.6	4	1:44:04.9	16.6MPH	25	0:01:26.3	4	0:31:09.6	8:12/M	2:59:43.4	
5	37	Jessica Hsue	147	28	5	0:42:20.4	8:18/M	59	0:03:22.4	5	1:45:52.2	16.3MPH	18	0:01:19.4	5	0:36:12.9	9:32/M	3:09:07.5	
6	60	Amber Keech	146	27	7	0:55:40.8	10:55/M	47	0:02:10.4	6	1:58:41.0	14.6MPH	28	0:01:36.1	6	0:48:17.4	12:42/M	3:46:25.9	
DNF	DNF	Melissa Smith	149	28	6	0:49:21.9	9:41/M	37	0:01:45.2										

Female 30 to 34

Place	Place	Name	Bib No	Age	Rnk	-- First Run -- Time	Pace	Rnk	-- T-1 -- Time	Rnk	-- Bike -- Time	Rate	Rnk	-- T-2 -- Time	Rnk	-- Second Run -- Time	Pace	Total Time	Penalty
1	8	Julie Strong	376	32	1	0:33:21.4	6:32/M	18	0:01:13.8	3	1:35:50.5	18.0MPH	31	0:01:39.9	1	0:25:20.5	6:40/M	2:37:26.3	
2	9	Julie Vieselmeyer	387	32	3	0:36:56.5	7:15/M	24	0:01:20.4	2	1:32:46.5	18.6MPH	16	0:01:09.8	2	0:26:18.1	6:55/M	2:38:31.4	
3	16	Sydney Heberling	154	32	2	0:34:56.8	6:51/M	10	0:01:03.3	4	1:40:04.5	17.3MPH	12	0:01:04.6	3	0:26:33.7	6:59/M	2:43:43.1	
4	25	Lindsay Donikian	153	31	4	0:40:10.4	7:53/M	20	0:01:15.8	5	1:43:01.8	16.8MPH	19	0:01:21.0	4	0:28:20.9	7:27/M	2:54:10.2	
5	34	Marisa Feyen	156	33	6	0:43:18.5	8:29/M	26	0:01:23.8	6	1:48:41.4	15.9MPH	53	0:02:17.8	6	0:31:25.4	8:16/M	3:07:07.1	
6	40	Lisa Hallett	155	32	7	0:46:07.9	9:03/M	52	0:02:32.5	7	1:51:49.3	15.5MPH	46	0:02:02.2	5	0:30:29.0	8:01/M	3:13:01.1	
7	44	Lucie Pezzner	374	32	10	1:00:48.2	11:55/M	55	0:02:38.0	1	1:19:16.8	21.8MPH	59	0:03:06.3	10	0:50:50.6	13:23/M	3:16:40.1	
8	46	Kelly Irmer	158	34	5	0:41:05.3	8:03/M	19	0:01:15.5	10	2:03:03.0	14.0MPH	32	0:01:40.9	7	0:34:18.3	9:02/M	3:21:23.2	
9	52	Erika Chapman	159	34	8	0:48:13.8	9:27/M	39	0:01:48.3	8	1:56:55.3	14.8MPH	39	0:01:47.8	9	0:42:24.0	11:09/M	3:31:09.3	
10	58	Jennifer Strelow	157	34	9	0:53:58.8	10:35/M	48	0:02:12.1	9	2:02:24.3	14.1MPH	45	0:02:00.8	8	0:41:52.5	11:01/M	3:42:28.6	

Female 35 to 39

Place	Place	Name	Bib No	Age	Rnk	-- First Run -- Time	Pace	Rnk	-- T-1 -- Time	Rnk	-- Bike -- Time	Rate	Rnk	-- T-2 -- Time	Rnk	-- Second Run -- Time	Pace	Total Time	Penalty
1	4	Mari Chandler	163	37	1	0:33:09.8	6:30/M	17	0:01:12.4	3	1:33:03.8	18.6MPH	7	0:01:01.6	1	0:25:01.1	6:35/M	2:33:28.9	
2	5	Kelly McKean	390	36	2	0:35:58.4	7:03/M	2	0:00:53.3	1	1:27:40.8	19.7MPH	9	0:01:03.8	3	0:28:26.0	7:29/M	2:34:02.6	
3	14	Julia Purrington	164	38	4	0:38:50.8	7:37/M	3	0:00:53.9	2	1:32:11.6	18.7MPH	24	0:01:25.9	5	0:29:12.2	7:41/M	2:42:34.6	
4	18	Kenda Super	162	37	5	0:39:00.5	7:39/M	30	0:01:32.1	4	1:36:27.5	17.9MPH	6	0:01:00.9	2	0:27:27.5	7:13/M	2:45:28.6	
5	30	Sara Pope	161	36	3	0:37:12.7	7:18/M	25	0:01:22.9	5	1:49:28.1	15.8MPH	43	0:01:56.9	4	0:28:58.3	7:37/M	2:58:59.2	
6	41	Melissa Frank-Huff	167	39	7	0:44:15.2	8:41/M	40	0:01:51.4	6	1:53:53.5	15.2MPH	40	0:01:49.4	6	0:32:24.1	8:32/M	3:14:13.8	
7	51	Jen Jerabek	373	39	8	0:47:16.8	9:16/M	43	0:01:55.4	7	1:59:03.6	14.5MPH	30	0:01:38.0	7	0:40:54.4	10:46/M	3:30:48.3	
DNF	DNF	Kerri North	160	35	6	0:40:50.5	8:00/M	4	0:00:56.9										

***Overall Place In Gender.**
BuDu Racing, LLC

Overall*			-- First Run --		-- T-1 --			-- Bike --		-- T-2 --		-- Second Run --		Total	Penalty			
Place	Place	Name	Bib No	Age	Rnk	Time	Pace	Rnk	Time	Rnk	Time	Rate	Rnk	Time	Rnk	Time	Pace	Time

Female 40 to 44

Overall*			-- First Run --		-- T-1 --			-- Bike --		-- T-2 --		-- Second Run --		Total	Penalty			
Place	Place	Name	Bib No	Age	Rnk	Time	Pace	Rnk	Time	Rnk	Time	Rate	Rnk	Time	Rnk	Time	Pace	Time
1	6	Patty Bredice	357	43	1	0:34:44.6	6:49/M	29	0:01:28.6	3	1:31:24.6	18.9MPH	5	0:00:58.9	1	0:26:14.4	6:54/M	2:34:51.3
2	7	Erica Ruge	170	41	2	0:36:06.8	7:05/M	7	0:01:01.0	2	1:30:04.0	19.2MPH	4	0:00:57.2	4	0:27:43.7	7:18/M	2:35:52.8
3	15	Colleen Sullivan	176	44	8	0:40:06.4	7:52/M	12	0:01:03.7	4	1:32:41.6	18.6MPH	8	0:01:01.7	5	0:27:54.1	7:21/M	2:42:47.8
4	17	Nancy Clarke	169	41	7	0:40:02.7	7:51/M	13	0:01:06.4	5	1:34:14.6	18.3MPH	3	0:00:54.6	2	0:27:34.3	7:15/M	2:43:52.8
5	20	Robin White	171	41	4	0:38:53.6	7:37/M	14	0:01:06.5	6	1:35:03.4	18.2MPH	15	0:01:07.9	7	0:29:32.1	7:46/M	2:45:43.6
6	22	Gina Crosswhite	173	42	5	0:39:01.6	7:39/M	36	0:01:45.1	8	1:38:20.4	17.6MPH	38	0:01:46.6	6	0:28:03.7	7:23/M	2:48:57.5
7	23	Shannon Payne	175	43	6	0:39:55.6	7:50/M	35	0:01:43.9	7	1:35:29.9	18.1MPH	34	0:01:44.0	9	0:31:14.9	8:13/M	2:50:08.5
8	24	Kari Vreugdenhil	361	41	3	0:37:02.3	7:16/M	23	0:01:18.1	11	1:45:43.8	16.3MPH	23	0:01:24.5	3	0:27:36.0	7:16/M	2:53:04.8
9	26	Kendra Gustafson	389	44	9	0:41:42.3	8:11/M			9	1:40:51.8	17.1MPH	48	0:02:05.5	8	0:30:45.6	8:06/M	2:55:25.3
10	33	Jeannie Gilbert	168	40	10	0:42:49.7	8:24/M	21	0:01:16.4	10	1:43:36.7	16.7MPH	22	0:01:24.4	10	0:31:17.0	8:14/M	3:00:24.4
11	36	Veronique Hopkinson	381	43	12	0:44:41.4	8:46/M	28	0:01:27.8	12	1:47:38.8	16.1MPH	41	0:01:51.9	11	0:33:23.1	8:47/M	3:09:03.3
12	49	Joan Studley	174	42	11	0:44:14.2	8:40/M	51	0:02:28.0	13	1:52:33.1	15.4MPH	56	0:02:46.8	12	0:42:31.3	11:11/M	3:24:33.6
DQ	DQ	Carrie Schwab	172	41	13	1:00:47.5	11:55/M		0:03:02.6	1	1:18:53.5	21.9MPH		0:03:05.3	DQ	0:50:41.0	13:20/M	3:16:30.1

Female 45 to 49

Overall*			-- First Run --		-- T-1 --			-- Bike --		-- T-2 --		-- Second Run --		Total	Penalty			
Place	Place	Name	Bib No	Age	Rnk	Time	Pace	Rnk	Time	Rnk	Time	Rate	Rnk	Time	Rnk	Time	Pace	Time
1	21	Kim Mygatt	181	48	1	0:35:28.7	6:57/M	16	0:01:08.9	1	1:29:12.7	19.4MPH	14	0:01:07.2	6	0:39:16.6	10:20/M	2:46:14.3
2	27	Natalie Swistak	178	45	3	0:43:34.5	8:33/M	15	0:01:08.8	3	1:37:57.7	17.6MPH	13	0:01:04.7	2	0:34:27.3	9:04/M	2:58:13.3
3	29	Stacy Munn	180	48	4	0:44:01.2	8:38/M	34	0:01:43.5	2	1:36:52.2	17.8MPH	29	0:01:37.8	3	0:34:28.7	9:04/M	2:58:43.6
4	38	Ruth Turner	179	46	2	0:40:27.6	7:56/M	49	0:02:23.8	6	1:55:12.9	15.0MPH	50	0:02:10.8	1	0:31:31.4	8:18/M	3:11:46.7
5	42	Susan Bailey	375	47	5	0:44:45.5	8:46/M	32	0:01:42.2	5	1:50:46.7	15.6MPH	49	0:02:08.1	4	0:36:24.5	9:35/M	3:15:47.1
6	43	Ann Sloan	372	45	7	0:49:41.5	9:45/M	50	0:02:26.2	4	1:43:55.0	16.6MPH	62	0:58:02.5		** :57/M		3:16:36.4
7	53	Lori Newman	177	45	6	0:46:47.5	9:10/M	64	0:04:21.2	7	2:00:52.1	14.3MPH	57	0:02:49.5	5	0:36:49.0	9:41/M	3:31:39.4
8	57	Janette Hatcher	360	46	8	0:52:41.3	10:20/M	56	0:02:40.0	8	2:03:16.1	14.0MPH	54	0:02:26.2	7	0:40:37.0	10:41/M	3:41:40.7
9	62	Jina Benson	385	45	9	0:53:37.5	10:31/M	33	0:01:43.3	9	2:38:51.9	10.9MPH	17	0:01:18.9	8	0:42:45.5	11:15/M	4:18:17.3

Female 50 to 54

Overall*			-- First Run --		-- T-1 --			-- Bike --		-- T-2 --		-- Second Run --		Total	Penalty			
Place	Place	Name	Bib No	Age	Rnk	Time	Pace	Rnk	Time	Rnk	Time	Rate	Rnk	Time	Rnk	Time	Pace	Time
1	10	Jocelyn Shilling	190	52	1	0:37:11.7	7:17/M	6	0:01:00.5	2	1:31:04.9	19.0MPH	11	0:01:04.3	2	0:29:26.6	7:45/M	2:39:48.2
2	19	Kristi Moen	185	50	2	0:40:27.5	7:56/M	22	0:01:16.6	3	1:34:30.4	18.3MPH	35	0:01:45.2	1	0:27:34.3	7:15/M	2:45:34.3
3	32	Cora Sturzl	184	50	3	0:42:22.6	8:18/M	41	0:01:53.1	5	1:42:54.9	16.8MPH	44	0:02:00.5	3	0:31:07.1	8:11/M	3:00:18.5
4	35	Lola Jacobsen	192	53	4	0:47:11.5	9:15/M	58	0:02:52.9	4	1:39:15.5	17.4MPH	61	0:03:34.1	4	0:34:52.6	9:11/M	3:07:46.8
5	39	Kim Sharman	186	51	5	0:47:12.1	9:15/M	42	0:01:55.2	6	1:45:49.0	16.3MPH	36	0:01:45.8	5	0:36:18.6	9:33/M	3:13:00.9
6	48	Tracey Weller	193	53	7	0:47:29.7	9:19/M	62	0:04:07.0	7	1:50:41.7	15.6MPH	60	0:03:14.6	6	0:36:45.6	9:40/M	3:22:18.8
7	50	Marta Medcalf	188	52	6	0:47:21.4	9:17/M	54	0:02:37.0	9	1:55:15.8	15.0MPH	42	0:01:55.5	7	0:39:01.1	10:16/M	3:26:11.1
8	54	Mary Terry	182	50	10	0:53:53.3	10:34/M	57	0:02:50.2	8	1:54:47.1	15.1MPH	47	0:02:05.4	9	0:40:05.0	10:33/M	3:33:41.1
9	56	Diane Cobain	187	51	8	0:49:21.7	9:41/M	60	0:03:31.0	10	2:04:13.7	13.9MPH	51	0:02:14.7	8	0:39:09.3	10:18/M	3:38:30.6
10	61	Edna Cross	195	53	9	0:53:22.9	10:28/M	63	0:04:10.4	11	2:12:44.5	13.0MPH	58	0:02:53.4	10	0:44:01.4	11:35/M	3:57:12.8
DNF	DNF	Roxy Cate	351	52	11	1:13:48.7	14:28/M	53	0:02:34.7	1	1:14:31.2	23.2MPH						

Female 55 to 59

Overall*			-- First Run --		-- T-1 --			-- Bike --		-- T-2 --		-- Second Run --		Total	Penalty			
Place	Place	Name	Bib No	Age	Rnk	Time	Pace	Rnk	Time	Rnk	Time	Rate	Rnk	Time	Rnk	Time	Pace	Time
1	11	Patty Peoples-Resh	197	57	1	0:37:43.4	7:24/M	1	0:00:42.4	1	1:30:43.7	19.0MPH	10	0:01:04.2	1	0:30:48.9	8:06/M	2:41:02.8
2	47	Judy Pratt	198	59	2	0:51:47.5	10:09/M	46	0:02:09.7	2	1:46:50.2	16.2MPH	37	0:01:46.1	2	0:39:13.5	10:19/M	3:21:47.3
3	59	Linda Rosa	196	56	3	0:54:26.5	10:40/M	44	0:02:02.3	3	2:01:36.5	14.2MPH	52	0:02:15.4	3	0:44:36.0	11:44/M	3:44:56.9

***Overall Place In Gender.**

BuDu Racing, LLC

Overall*			-- First Run --		-- T-1 --			-- Bike --		-- T-2 --		-- Second Run --		Total	Penalty			
Place	Place	Name	Bib No	Age	Rnk	Time	Pace	Rnk	Time	Rnk	Time	Rate	Rnk	Time	Rnk	Time	Pace	Time

Female 60 to 64

Overall*			-- First Run --		-- T-1 --			-- Bike --		-- T-2 --		-- Second Run --		Total	Penalty			
Place	Place	Name	Bib No	Age	Rnk	Time	Pace	Rnk	Time	Rnk	Time	Rate	Rnk	Time	Rnk	Time	Pace	Time
1	45	Lynda Neuman	199	61	1	0:47:56.4	9:24/M	61	0:03:41.9	1	1:48:11.7	16.0MPH	55	0:02:34.3	1	0:37:01.9	9:44/M	3:19:26.4
2	55	Judith Sentz	200	62	2	0:53:46.2	10:33/M	38	0:01:47.8	2	1:56:35.6	14.8MPH	33	0:01:41.5	2	0:40:09.7	10:34/M	3:34:01.1

Male Top Finishers (Long) Winners

Overall*			-- First Run --		-- T-1 --			-- Bike --		-- T-2 --		-- Second Run --		Total	Penalty			
Place	Place	Name	Bib No	Age	Rnk	Time	Pace	Rnk	Time	Rnk	Time	Rate	Rnk	Time	Rnk	Time	Pace	Time
1	1	Rusty Pruden	384	30	1	0:28:28.7	5:35/M	33	0:01:02.8	1	1:17:01.1	22.4MPH	25	0:00:58.3	2	0:21:48.6	5:44/M	2:09:19.7
2	2	Jeff Wilson	217	28	3	0:29:59.7	5:53/M	5	0:00:41.1	3	1:19:12.9	21.8MPH	2	0:00:36.6	1	0:21:15.6	5:36/M	2:11:46.1
3	3	Evan Pardi	202	20	2	0:29:27.6	5:46/M	8	0:00:44.4	2	1:17:28.5	22.3MPH	10	0:00:48.2	3	0:24:09.8	6:21/M	2:12:38.8

Male 19 and under

Overall*			-- First Run --		-- T-1 --			-- Bike --		-- T-2 --		-- Second Run --		Total	Penalty			
Place	Place	Name	Bib No	Age	Rnk	Time	Pace	Rnk	Time	Rnk	Time	Rate	Rnk	Time	Rnk	Time	Pace	Time
1	7	Jack Toland	201	17	1	0:30:30.5	5:59/M	7	0:00:42.6	1	1:18:27.1	22.0MPH	7	0:00:46.5	1	0:23:56.6	6:18/M	2:14:23.5

Male 20 to 24

Overall*			-- First Run --		-- T-1 --			-- Bike --		-- T-2 --		-- Second Run --		Total	Penalty			
Place	Place	Name	Bib No	Age	Rnk	Time	Pace	Rnk	Time	Rnk	Time	Rate	Rnk	Time	Rnk	Time	Pace	Time
1	17	Jeremiah Jensen	203	20	1	0:30:28.9	5:58/M	10	0:00:45.7	2	1:24:51.4	20.4MPH	90	0:01:36.6	1	0:22:50.7	6:01/M	2:20:33.5
2	25	Joseph Giannetto	206	23	2	0:32:53.3	6:27/M	34	0:01:03.0	3	1:25:56.9	20.1MPH	15	0:00:54.4	2	0:25:18.0	6:39/M	2:26:05.8
3	38	Jonathan Browning	359	22	6	0:36:25.7	7:08/M	45	0:01:08.4	1	1:23:37.3	20.7MPH	84	0:01:35.1	6	0:28:52.4	7:36/M	2:31:39.2
4	40	Jason Klein	208	24	5	0:35:00.2	6:52/M	82	0:01:26.0	4	1:26:58.0	19.9MPH	20	0:00:56.3	4	0:28:06.8	7:24/M	2:32:27.5
5	47	Bruce Deakyne	207	24	4	0:34:42.6	6:48/M	122	0:01:47.8	5	1:28:48.5	19.5MPH	145	0:03:06.0	3	0:26:22.0	6:56/M	2:34:47.2
6	68	Cameron Christie	205	22	3	0:34:35.3	6:47/M	96	0:01:32.4	6	1:33:43.8	18.4MPH	37	0:01:06.9	5	0:28:12.4	7:25/M	2:39:11.1

Male 25 to 29

Overall*			-- First Run --		-- T-1 --			-- Bike --		-- T-2 --		-- Second Run --		Total	Penalty			
Place	Place	Name	Bib No	Age	Rnk	Time	Pace	Rnk	Time	Rnk	Time	Rate	Rnk	Time	Rnk	Time	Pace	Time
1	4	James Linville	209	25	2	0:29:35.7	5:48/M	6	0:00:42.4	2	1:19:41.0	21.7MPH	4	0:00:43.2	2	0:22:47.2	6:00/M	2:13:29.8
2	6	Jeremy Kalmus	210	25	1	0:28:53.7	5:40/M	16	0:00:51.7	1	1:19:21.4	21.8MPH	12	0:00:51.4	1	0:21:58.1	5:47/M	2:13:56.4
3	32	Kyle Richards	213	27	3	0:32:49.2	6:26/M	46	0:01:08.4	4	1:29:31.4	19.3MPH	21	0:00:56.6	4	0:25:37.0	6:44/M	2:30:02.8
4	52	Ryan Bieshaar	212	26	7	0:35:57.4	7:03/M	126	0:01:51.2	6	1:31:23.9	18.9MPH	99	0:01:41.4	3	0:24:45.4	6:31/M	2:35:39.5
5	57	Luke Montzingo	211	26	5	0:35:24.7	6:56/M	48	0:01:08.7	5	1:29:54.1	19.2MPH	46	0:01:11.7	6	0:29:25.2	7:44/M	2:37:04.5
6	71	Domhnall Wildy	215	28	6	0:35:47.8	7:01/M	62	0:01:16.4	3	1:27:51.2	19.7MPH	83	0:01:33.8	7	0:33:08.2	8:43/M	2:39:37.6
7	73	David Hahs	214	28	4	0:35:00.5	6:52/M	84	0:01:27.0	7	1:35:40.4	18.1MPH	117	0:01:59.6	5	0:26:16.1	6:55/M	2:40:23.7
8	144	Brian Carruthers	218	28	8	0:38:09.2	7:29/M	83	0:01:26.4	8	2:14:37.6	12.8MPH	75	0:01:25.8	8	0:34:03.5	8:58/M	3:29:42.6
DNF	DNF	Scott Humphreys	219	29	9	0:41:48.3	8:12/M	75	0:01:24.2									

Male 30 to 34

Overall*			-- First Run --		-- T-1 --			-- Bike --		-- T-2 --		-- Second Run --		Total	Penalty			
Place	Place	Name	Bib No	Age	Rnk	Time	Pace	Rnk	Time	Rnk	Time	Rate	Rnk	Time	Rnk	Time	Pace	Time
1	11	Guido Zraggen	229	32	1	0:31:07.2	6:06/M	14	0:00:50.8	1	1:21:42.5	21.2MPH	13	0:00:52.1	1	0:23:17.6	6:08/M	2:17:50.5
2	34	Andrew Eisen	224	30	7	0:35:18.6	6:55/M	112	0:01:41.0	2	1:23:16.7	20.8MPH	113	0:01:52.1	10	0:28:17.4	7:27/M	2:30:25.9
3	35	Jason Rothacker	226	31	4	0:34:04.7	6:41/M	26	0:00:59.5	5	1:29:58.4	19.2MPH	41	0:01:10.1	3	0:24:18.6	6:24/M	2:30:31.5
4	36	Parice Juntradetdougdee	230	32	5	0:34:33.7	6:46/M	29	0:01:00.7	3	1:26:01.4	20.1MPH	48	0:01:12.3	7	0:27:54.3	7:21/M	2:30:42.6

***Overall Place In Gender.**

BuDu Racing, LLC

Overall*					-- First Run --		-- T-1 --			-- Bike --		-- T-2 --		-- Second Run --		Total			
Place	Place	Name	Bib No	Age	Rnk	Time	Pace	Rnk	Time	Rnk	Time	Rate	Rnk	Time	Rnk	Time	Pace	Time	Penalty
6	70	Jeff Dorrill	355	52	4	0:37:37.5	7:23/M	71	0:01:22.6	5	1:28:54.2	19.4MPH	97	0:01:37.9	7	0:29:56.2	7:53/M	2:39:28.5	
7	75	Chuck Amon	362	50	6	0:39:54.8	7:49/M	28	0:00:59.7	6	1:30:14.5	19.2MPH	45	0:01:11.3	4	0:29:21.1	7:43/M	2:41:41.6	
8	100	Jeffrey Pointer	307	50	3	0:36:43.4	7:12/M	144	0:02:29.8	8	1:39:36.6	17.3MPH	119	0:02:02.3	6	0:29:55.8	7:52/M	2:50:48.1	
9	134	Eric Norris	306	50	11	0:44:03.2	8:38/M	149	0:03:09.5	9	1:48:02.5	16.0MPH	142	0:02:57.3	11	0:38:08.8	10:02/M	3:16:21.4	
10	139	Robert Seitz	312	53	9	0:42:05.3	8:15/M	120	0:01:47.4	10	1:56:27.2	14.8MPH	153	0:05:00.2	10	0:34:56.9	9:12/M	3:20:17.1	
11	145	Enerino Caruccio	308	51	12	0:46:31.5	9:07/M	150	0:03:41.2	11	2:02:23.4	14.1MPH	143	0:02:58.1	9	0:34:40.4	9:07/M	3:30:14.9	
12	151	Larry Hatcher	365	50	10	0:43:46.9	8:35/M	125	0:01:50.4	13	2:12:21.8	13.1MPH	133	0:02:29.9	12	0:39:45.4	10:28/M	3:40:14.7	
13	153	J. David Orem	313	54	13	0:52:02.5	10:12/M	152	0:03:49.7	12	2:07:45.9	13.5MPH	149	0:03:38.3	13	0:40:24.1	10:38/M	3:47:40.7	

Male 55 to 59

Overall*					-- First Run --		-- T-1 --			-- Bike --		-- T-2 --		-- Second Run --		Total			
Place	Place	Name	Bib No	Age	Rnk	Time	Pace	Rnk	Time	Rnk	Time	Rate	Rnk	Time	Rnk	Time	Pace	Time	Penalty
1	15	David Burkhart	331	59	1	0:30:39.4	6:01/M	143	0:02:28.3	1	1:20:55.2	21.4MPH	52	0:01:16.0	1	0:24:24.5	6:25/M	2:19:43.6	
2	30	Tom Resh	321	56	3	0:35:19.2	6:55/M	12	0:00:47.2	2	1:23:57.8	20.6MPH	51	0:01:15.4	2	0:27:46.7	7:18/M	2:29:06.5	
3	41	Steven Lutz	323	58	2	0:34:30.7	6:46/M	41	0:01:06.5	5	1:27:48.1	19.7MPH	54	0:01:16.4	4	0:27:53.9	7:20/M	2:32:35.8	
4	54	Tom Barichello	319	56	6	0:36:57.4	7:15/M	109	0:01:39.2	4	1:27:44.9	19.7MPH	111	0:01:50.7	5	0:28:35.1	7:31/M	2:36:47.5	
5	56	Gary Smith	329	59	9	0:37:49.3	7:25/M	35	0:01:04.5	6	1:28:30.0	19.5MPH	16	0:00:54.7	7	0:28:42.9	7:33/M	2:37:01.5	
6	61	Wade Hoiland	322	57	4	0:35:46.4	7:01/M	40	0:01:06.2	11	1:32:05.2	18.8MPH	22	0:00:57.2	3	0:27:50.9	7:19/M	2:37:46.1	
7	64	George Mckinnon	314	55	12	0:39:10.7	7:41/M	72	0:01:22.9	3	1:25:53.0	20.1MPH	67	0:01:22.4	9	0:30:17.7	7:58/M	2:38:06.8	
8	67	Kirk Herring	330	59	7	0:37:08.3	7:17/M	66	0:01:19.8	10	1:30:31.5	19.1MPH	61	0:01:19.6	8	0:28:49.8	7:35/M	2:39:09.1	
9	74	Steven Wade	315	55	8	0:37:30.5	7:21/M	67	0:01:19.9	9	1:29:35.3	19.3MPH	87	0:01:36.2	10	0:31:04.5	8:11/M	2:41:06.7	
10	78	Vincent Nethery	327	58	10	0:37:51.9	7:25/M	70	0:01:20.3	7	1:29:06.6	19.4MPH	85	0:01:35.3	12	0:32:38.9	8:35/M	2:42:33.3	
11	82	Scott Hale	325	58	11	0:38:13.5	7:30/M	52	0:01:10.0	13	1:34:18.9	18.3MPH	92	0:01:36.9	6	0:28:40.2	7:33/M	2:43:59.7	
12	89	Dave Hokit	328	58	5	0:36:24.3	7:08/M	115	0:01:42.2	12	1:33:52.8	18.4MPH	71	0:01:24.8	14	0:33:38.7	8:51/M	2:47:02.9	
13	92	John Wecker	317	56	15	0:42:56.3	8:25/M	97	0:01:32.9	8	1:29:24.4	19.3MPH	68	0:01:23.6	13	0:33:09.0	8:43/M	2:48:26.3	
14	109	Lee Plourde	332	59	13	0:41:37.1	8:10/M	101	0:01:34.0	14	1:37:17.9	17.8MPH	131	0:02:26.6	11	0:31:55.2	8:24/M	2:54:51.1	
15	122	Ron Martin	318	56	16	0:43:41.5	8:34/M	74	0:01:23.3	15	1:43:16.1	16.7MPH	88	0:01:36.5	18	0:37:24.7	9:51/M	3:07:22.2	
16	123	David Carrell	370	56	14	0:41:37.3	8:10/M	136	0:02:18.7	16	1:46:04.3	16.3MPH	144	0:03:01.6	15	0:34:23.0	9:03/M	3:07:25.1	
17	133	Allen Wilson	326	58	17	0:46:02.6	9:02/M	100	0:01:33.5	18	1:50:34.6	15.6MPH	60	0:01:19.4	17	0:35:33.3	9:21/M	3:15:03.7	
18	137	William Jones	316	55	18	0:46:09.9	9:03/M	153	0:04:16.8	17	1:49:31.1	15.8MPH	152	0:04:47.1	16	0:34:47.0	9:09/M	3:19:32.1	
19	146	Mike Lehman	324	58	20	0:50:42.5	9:56/M	107	0:01:37.1	19	1:55:41.1	14.9MPH	103	0:01:44.4	20	0:40:52.8	10:45/M	3:30:38.2	
20	147	Edward Sproull	258	59	19	0:50:39.7	9:56/M	118	0:01:47.0	20	1:58:33.0	14.6MPH	135	0:02:31.4	19	0:38:04.1	10:01/M	3:31:35.4	

Male 60 to 64

Overall*					-- First Run --		-- T-1 --			-- Bike --		-- T-2 --		-- Second Run --		Total			
Place	Place	Name	Bib No	Age	Rnk	Time	Pace	Rnk	Time	Rnk	Time	Rate	Rnk	Time	Rnk	Time	Pace	Time	Penalty
1	55	John Lies	334	60	1	0:36:02.5	7:04/M	27	0:00:59.6	2	1:31:48.8	18.8MPH	28	0:01:03.2	1	0:26:59.4	7:06/M	2:36:53.8	
2	79	William Truax	335	60	2	0:38:02.3	7:27/M	44	0:01:07.8	1	1:30:53.1	19.0MPH	74	0:01:25.5	4	0:31:18.6	8:14/M	2:42:47.5	
3	99	Al Truscott	337	64	3	0:38:39.5	7:35/M	105	0:01:36.8	3	1:38:24.1	17.6MPH	129	0:02:24.7	2	0:29:35.4	7:47/M	2:50:40.7	
4	126	Ron Montague	336	62	6	0:46:47.1	9:10/M	138	0:02:19.6	4	1:43:16.8	16.7MPH	127	0:02:20.9	6	0:37:38.2	9:54/M	3:12:22.8	
5	129	Robert Kelly	333	60	4	0:39:38.9	7:46/M	133	0:02:01.4	6	1:59:00.8	14.5MPH	96	0:01:37.5	3	0:31:04.9	8:11/M	3:13:23.8	
6	130	John Tom Pierce	338	64	5	0:46:22.1	9:05/M	131	0:01:59.6	5	1:46:18.8	16.3MPH	125	0:02:17.4	5	0:37:05.0	9:46/M	3:14:03.2	

Male 65 to 69

Overall*					-- First Run --		-- T-1 --			-- Bike --		-- T-2 --		-- Second Run --		Total			
Place	Place	Name	Bib No	Age	Rnk	Time	Pace	Rnk	Time	Rnk	Time	Rate	Rnk	Time	Rnk	Time	Pace	Time	Penalty
1	104	Wolf Hillesheim	343	68	1	0:41:33.9	8:09/M	13	0:00:49.3	3	1:39:06.9	17.4MPH	3	0:00:40.9	1	0:30:17.9	7:58/M	2:52:29.2	
2	107	Michael Palmgren	341	66	3	0:42:31.4	8:20/M	85	0:01:27.2	2	1:37:51.0	17.7MPH	66	0:01:21.9	2	0:31:04.9	8:11/M	2:54:16.6	
3	108	Phillip Davis	342	67	4	0:42:53.3	8:25/M	98	0:01:33.1	1	1:35:37.4	18.1MPH	116	0:01:58.9	4	0:32:30.7	8:33/M	2:54:33.6	
4	115	Ken Zell	356	66	6	0:43:50.8	8:36/M	116	0:01:42.9	4	1:39:32.8	17.4MPH	108	0:01:49.1	5	0:33:25.3	8:48/M	3:00:21.1	
5	124	Brent Spilsbury	339	65	5	0:43:50.2	8:36/M	139	0:02:22.0	5	1:46:48.8	16.2MPH	123	0:02:07.2	3	0:32:24.7	8:32/M	3:07:33.1	
6	131	Tom Parker	344	68	2	0:41:46.6	8:11/M	65	0:01:19.5	6	1:54:45.1	15.1MPH	106	0:01:47.0	6	0:34:59.3	9:12/M	3:14:37.6	

***Overall Place In Gender.**

BuDu Racing, LLC

Overall*			-- First Run --		-- T-1 --		-- Bike --		-- T-2 --		-- Second Run --		Total	Penalty				
Place	Place	Name	Bib No	Age	Rnk	Time	Pace	Rnk	Time	Rnk	Time	Rate	Rnk	Time	Rnk	Time	Pace	Time
7	150	Larry Betten	340	66	7	0:50:41.3	9:56/M	103	0:01:36.3	7	2:04:29.0	13.9MPH	114	0:01:52.8	7	0:36:55.0	9:43/M	3:35:34.6

Male 70 to 74

Overall*			-- First Run --		-- T-1 --		-- Bike --		-- T-2 --		-- Second Run --		Total	Penalty				
Place	Place	Name	Bib No	Age	Rnk	Time	Pace	Rnk	Time	Rnk	Time	Rate	Rnk	Time	Rnk	Time	Pace	Time
1	140	Garry Porter	346	71	1	0:47:05.2	9:14/M	148	0:02:55.0	1	1:54:07.1	15.1MPH	141	0:02:49.2	1	0:33:55.0	8:56/M	3:20:51.6
2	154	Robert Byard	345	70	2	1:00:31.5	11:52/M	155	0:04:46.9	2	1:58:34.3	14.6MPH	151	0:04:04.7	2	0:48:40.9	12:48/M	3:56:38.4

Male 75 and over

Overall*			-- First Run --		-- T-1 --		-- Bike --		-- T-2 --		-- Second Run --		Total	Penalty				
Place	Place	Name	Bib No	Age	Rnk	Time	Pace	Rnk	Time	Rnk	Time	Rate	Rnk	Time	Rnk	Time	Pace	Time
1	136	James F. Girand	347	76	1	0:50:12.8	9:51/M	124	0:01:49.9	1	1:44:55.4	16.5MPH	137	0:02:37.8	1	0:39:21.8	10:21/M	3:18:57.9

Elite Males

Overall*			-- First Run --		-- T-1 --		-- Bike --		-- T-2 --		-- Second Run --		Total	Penalty				
Place	Place	Name	Bib No	Age	Rnk	Time	Pace	Rnk	Time	Rnk	Time	Rate	Rnk	Time	Rnk	Time	Pace	Time
1	1	Matthew Sheeks	367	30	1	0:28:15.9	5:32/M	1	0:00:43.8	1	1:15:49.9	22.8MPH	1	0:00:55.2	1	0:22:01.3	5:48/M	2:07:46.2

Clydesdale

Overall*			-- First Run --		-- T-1 --		-- Bike --		-- T-2 --		-- Second Run --		Total	Penalty				
Place	Place	Name	Bib No	Age	Rnk	Time	Pace	Rnk	Time	Rnk	Time	Rate	Rnk	Time	Rnk	Time	Pace	Time
1	1	Eric Belker	349	48	1	0:43:07.9	8:27/M	1	0:01:06.3	1	1:42:13.8	16.9MPH	1	0:01:07.3	1	0:33:15.5	8:45/M	3:00:51.1
2	2	Brent Haerle	353	45	2	0:49:04.3	9:37/M	3	0:02:39.2	2	1:54:47.4	15.1MPH	3	0:03:06.7	2	0:39:16.9	10:20/M	3:28:54.6
3	3	Joel Rogers	348	43	3	0:49:26.8	9:42/M	2	0:01:51.2	3	2:11:20.1	13.2MPH	2	0:02:09.9	3	0:43:04.1	11:20/M	3:47:52.2

Mt Rainier Duathlon 2013

Short Course Age Group

Sunday, April 28, 2013

*Overall Place In Gender.

BuDu Racing, LLC

Overall*			-- First Run --		-- T-1 --		-- Bike --		-- T-2 --		-- Second Run --		Total	Penalty					
Place	Place	Name	Bib No	Age	Rnk	Time	Pace	Rnk	Time	Rnk	Time	Rate	Rnk	Time	Rnk	Time	Pace	Time	Penalty

Female Top Finishers (Short Winners)

Overall*			-- First Run --		-- T-1 --		-- Bike --		-- T-2 --		-- Second Run --		Total	Penalty					
Place	Place	Name	Bib No	Age	Rnk	Time	Pace	Rnk	Time	Rnk	Time	Rate	Rnk	Time	Rnk	Time	Pace	Time	Penalty
1	1	Kristin Villopoto	64	53	1	10:39.1	6:30/M	3	1:05.6	2	44:45.5	19.3MPH	3	1:04.4	1	26:46.4	7:03/M	1:24:21.2	
2	2	Wanda Howlett	19	50	3	11:46.5	7:10/M	10	1:34.2	1	44:00.0	19.6MPH	4	1:04.7	3	30:06.4	7:55/M	1:28:32.0	
3	3	Teresa Nelson	88	36	2	11:34.2	7:03/M	1	0:54.1	3	45:36.3	18.9MPH	1	0:54.5	2	30:03.3	7:54/M	1:29:02.6	

Female 19 and under

Overall*			-- First Run --		-- T-1 --		-- Bike --		-- T-2 --		-- Second Run --		Total	Penalty					
Place	Place	Name	Bib No	Age	Rnk	Time	Pace	Rnk	Time	Rnk	Time	Rate	Rnk	Time	Rnk	Time	Pace	Time	Penalty
1	26	Courtney Larson	1	18	1	15:32.2	9:28/M	22	2:07.3	1	1:08:51.9	12.5MPH	20	1:51.2	1	40:29.8	10:39/M	2:08:52.5	

Female 25 to 29

Overall*			-- First Run --		-- T-1 --		-- Bike --		-- T-2 --		-- Second Run --		Total	Penalty					
Place	Place	Name	Bib No	Age	Rnk	Time	Pace	Rnk	Time	Rnk	Time	Rate	Rnk	Time	Rnk	Time	Pace	Time	Penalty
1	20	Molly Keogh	2	26	1	14:02.4	8:33/M	17	1:52.9	1	57:50.5	14.9MPH	18	1:49.2	1	40:13.3	10:35/M	1:55:48.5	

Female 30 to 34

Overall*			-- First Run --		-- T-1 --		-- Bike --		-- T-2 --		-- Second Run --		Total	Penalty					
Place	Place	Name	Bib No	Age	Rnk	Time	Pace	Rnk	Time	Rnk	Time	Rate	Rnk	Time	Rnk	Time	Pace	Time	Penalty
1	7	Jessica Hintz	73	30	1	12:15.1	7:28/M	4	1:08.6	1	52:16.9	16.5MPH	2	1:02.0	1	30:49.3	8:07/M	1:37:32.2	
2	12	Lily Unk	5	34	2	12:34.2	7:40/M	8	1:25.2	3	57:13.7	15.1MPH	8	1:26.1	2	31:57.8	8:24/M	1:44:37.2	
3	13	Sarah Steuden	87	30	3	13:55.9	8:29/M	13	1:46.3	2	55:49.1	15.5MPH			3	34:08.5	8:59/M	1:45:39.9	
4	30	Erica Collins	4	32	4	15:13.4	9:17/M	33	5:26.8	4	1:15:42.3	11.4MPH	31	4:42.0	4	37:57.3	9:59/M	2:19:02.1	

***Overall Place In Gender.**

BuDu Racing, LLC

Overall*

-- First Run -- -- T-1 -- -- Bike -- -- T-2 -- -- Second Run -- **Total**

Female 35 to 39

Overall*			-- First Run --		-- T-1 --		-- Bike --		-- T-2 --		-- Second Run --		Total						
Place	Place	Name	Bib No	Age	Rnk	Time	Pace	Rnk	Time	Rnk	Time	Rate	Rnk	Time	Rnk	Time	Pace	Time	Penalty
1	6	Elly Searle	7	38	1	11:12.1	6:50/M	2	1:05.0	1	51:59.7	16.6MPH	10	1:33.4	1	31:22.8	8:15/M	1:37:13.2	
2	18	Jennifer Sarver	8	39	2	14:12.2	8:40/M	14	1:47.2	3	59:50.5	14.4MPH	14	1:40.8	2	36:18.3	9:33/M	1:53:49.2	
3	24	Jeanne Goussev	78	36	4	15:40.2	9:33/M	15	1:49.2	2	58:17.1	14.8MPH	26	2:36.2	3	41:41.4	10:58/M	2:00:04.3	
4	29	Aimee Barlow	6	35	3	15:01.8	9:09/M	9	1:32.3	4	1:10:23.3	12.3MPH	15	1:45.9	4	44:35.9	11:44/M	2:13:19.4	

Female 40 to 44

Overall*			-- First Run --		-- T-1 --		-- Bike --		-- T-2 --		-- Second Run --		Total						
Place	Place	Name	Bib No	Age	Rnk	Time	Pace	Rnk	Time	Rnk	Time	Rate	Rnk	Time	Rnk	Time	Pace	Time	Penalty
1	5	Anu Campbell	71	44	1	11:38.7	7:06/M	6	1:12.4	1	49:44.8	17.4MPH	6	1:15.3	1	29:00.9	7:38/M	1:32:52.3	
2	9	Amy Essene	12	43	3	13:13.5	8:04/M	11	1:37.8	2	51:50.7	16.7MPH	19	1:49.8	3	33:13.5	8:44/M	1:41:45.5	
3	10	Tobi Suit	13	43	2	11:48.1	7:12/M	26	2:17.8	5	55:33.6	15.6MPH	23	1:56.5	2	31:17.5	8:14/M	1:42:53.6	
4	14	Mary Craig	9	41	4	14:13.4	8:40/M	5	1:10.1	3	53:12.7	16.2MPH	7	1:21.5	5	37:33.0	9:53/M	1:47:30.8	
5	17	Shannon Brannon	3	43	5	14:35.4	8:54/M	12	1:38.2	6	57:41.8	15.0MPH	11	1:38.1	4	35:59.4	9:28/M	1:51:33.2	
6	19	Tanya Hathaway	79	40	6	14:48.4	9:01/M	7	1:19.3	7	58:24.0	14.8MPH	22	1:55.9	6	39:07.3	10:18/M	1:55:35.1	
7	21	Laura Zeman	11	42	7	15:26.4	9:25/M	21	2:06.3	4	53:33.6	16.1MPH			8	44:55.5	11:49/M	1:56:01.9	
8	25	Erica Lybecker	14	43	8	16:35.7	10:07/M	18	1:56.4	8	1:00:44.2	14.2MPH	13	1:39.1	7	43:56.1	11:34/M	2:04:51.7	

Female 45 to 49

Overall*			-- First Run --		-- T-1 --		-- Bike --		-- T-2 --		-- Second Run --		Total						
Place	Place	Name	Bib No	Age	Rnk	Time	Pace	Rnk	Time	Rnk	Time	Rate	Rnk	Time	Rnk	Time	Pace	Time	Penalty
1	8	Cherri Gruver	17	47	2	13:06.5	7:59/M	23	2:12.8	1	50:31.8	17.1MPH	17	1:47.7	1	33:46.8	8:53/M	1:41:25.6	
2	15	Tita Roesler	15	46	1	13:03.4	7:57/M	29	2:35.3	2	56:05.2	15.4MPH	24	2:01.8	2	35:28.2	9:20/M	1:49:14.2	
3	22	Janice Sepulveda	18	49	3	16:01.2	9:46/M	27	2:20.3	3	58:09.3	14.9MPH	16	1:47.5	3	38:56.4	10:15/M	1:57:14.9	

Female 50 to 54

Overall*			-- First Run --		-- T-1 --		-- Bike --		-- T-2 --		-- Second Run --		Total						
Place	Place	Name	Bib No	Age	Rnk	Time	Pace	Rnk	Time	Rnk	Time	Rate	Rnk	Time	Rnk	Time	Pace	Time	Penalty
1	4	Jodie Bolt	82	50	1	11:01.4	6:43/M	31	3:08.4	1	44:51.8	19.3MPH	9	1:32.6	1	28:42.6	7:33/M	1:29:16.8	
2	11	Ginny Pietila	21	50	2	14:28.7	8:49/M	30	2:56.8	2	50:26.8	17.1MPH	25	2:02.5	2	33:46.8	8:53/M	1:43:41.7	
3	16	Nerissa Beaver	24	54	3	15:22.7	9:22/M	24	2:15.5	3	53:36.6	16.1MPH	12	1:38.6	3	37:26.0	9:51/M	1:50:19.5	
4	23	Maureen Devlin	20	50	4	15:25.2	9:24/M	16	1:49.6	4	1:00:31.4	14.3MPH	5	1:15.2	4	38:30.0	10:08/M	1:57:31.5	
5	28	Margie Metzger	23	53	5	15:46.1	9:37/M	32	3:32.3	6	1:08:11.6	12.7MPH	27	2:50.1	5	42:27.0	11:10/M	2:12:47.3	
6	32	Halleh Salami	22	53	7	17:38.2	10:45/M	19	1:58.0	7	1:38:58.0	8.73MPH	30	3:23.2	6	52:31.1	13:49/M	2:54:28.6	

***Overall Place In Gender.**

BuDu Racing, LLC

Overall*			-- First Run --		-- T-1 --		-- Bike --		-- T-2 --		-- Second Run --		Total				
DNF	DNF	Name	Bib No	Age	Rnk	Time	Pace	Rnk	Time	Rnk	Time	Rate	Rnk	Time	Pace	Time	Penalty
		Linda Sproull	76	53	6	16:50.8	10:16/M	25	2:17.0	5	1:05:27.2	13.2MPH	29	3:07.4			

Female 55 to 59

Overall*			-- First Run --		-- T-1 --		-- Bike --		-- T-2 --		-- Second Run --		Total	Penalty				
Place	Place	Name	Bib No	Age	Rnk	Time	Pace	Rnk	Time	Rnk	Time	Rate	Rnk	Time	Pace	Time	Penalty	
1	27	Rebecca Wade	25	56	1	17:04.2	10:24/M	20	2:01.0	1	1:03:31.5	13.6MPH	21	1:55.4	1	45:44.9	12:02/M	2:10:17.2

Female 60 to 64

Overall*			-- First Run --		-- T-1 --		-- Bike --		-- T-2 --		-- Second Run --		Total	Penalty				
Place	Place	Name	Bib No	Age	Rnk	Time	Pace	Rnk	Time	Rnk	Time	Rate	Rnk	Time	Pace	Time	Penalty	
1	31	Linda Capeluto	26	61	1	16:00.7	9:45/M	28	2:35.0	1	1:18:35.5	11.0MPH	28	2:58.4	1	42:36.4	11:13/M	2:22:46.3

Male Top Finishers (Short Winners)

Overall*			-- First Run --		-- T-1 --		-- Bike --		-- T-2 --		-- Second Run --		Total	Penalty				
Place	Place	Name	Bib No	Age	Rnk	Time	Pace	Rnk	Time	Rnk	Time	Rate	Rnk	Time	Pace	Time	Penalty	
1	1	Brent Hartwig	29	26	1	10:23.5	6:20/M	10	1:12.9	1	39:43.9	21.8MPH	10	1:08.3	1	27:11.5	7:09/M	1:19:40.2
2	2	Loren Pokorny	74	42	2	11:04.8	6:45/M	2	0:46.6	2	43:26.8	19.9MPH	3	0:53.4	2	30:01.7	7:54/M	1:26:13.5
3	3	Jonathan Bradley	66	40	3	11:08.3	6:47/M	3	0:52.9	3	45:17.7	19.1MPH	2	0:52.7	3	30:45.6	8:06/M	1:28:57.3

Male 19 and under

Overall*			-- First Run --		-- T-1 --		-- Bike --		-- T-2 --		-- Second Run --		Total	Penalty				
Place	Place	Name	Bib No	Age	Rnk	Time	Pace	Rnk	Time	Rnk	Time	Rate	Rnk	Time	Pace	Time	Penalty	
1	5	Derrick Howlett	27	14	1	11:36.9	7:04/M	4	0:53.5	1	48:10.9	17.9MPH	9	1:07.8	1	29:48.2	7:51/M	1:31:37.5
2	27	Mahonri Rushton	84	10	3	13:22.7	8:09/M	1	0:45.4	2	51:47.6	16.7MPH	1	0:42.7	2	37:13.8	9:48/M	1:43:52.5
3	36	Seth Rushton	83	9	2	12:04.7	7:21/M	11	1:14.1	3	56:53.1	15.2MPH	14	1:19.3	3	41:24.9	10:54/M	1:52:56.2

Male 25 to 29

Overall*			-- First Run --		-- T-1 --		-- Bike --		-- T-2 --		-- Second Run --		Total	Penalty				
Place	Place	Name	Bib No	Age	Rnk	Time	Pace	Rnk	Time	Rnk	Time	Rate	Rnk	Time	Pace	Time	Penalty	
1	22	Samuel Million-Weaver	28	25	1	12:16.6	7:29/M	38	2:52.1	1	53:45.4	16.1MPH	31	2:18.6	1	30:15.3	7:58/M	1:41:28.2

***Overall Place In Gender.**

BuDu Racing, LLC

Overall*

-- First Run -- -- T-1 -- -- Bike -- -- T-2 -- -- Second Run -- **Total**

Male 30 to 34

Overall*			-- First Run --		-- T-1 --		-- Bike --		-- T-2 --		-- Second Run --		Total						
Place	Place	Name	Bib No	Age	Rnk	Time	Pace	Rnk	Time	Rnk	Time	Rate	Rnk	Time	Rnk	Time	Pace	Time	Penalty
1	7	Travis Prohaska	34	34	2	11:07.2	6:47/M	15	1:18.7	1	48:26.5	17.8MPH	12	1:13.7	3	30:04.3	7:55/M	1:32:10.6	
2	10	James Otten	81	30	3	11:07.9	6:47/M	30	2:00.6	3	49:47.1	17.4MPH	34	2:28.2	2	29:03.1	7:39/M	1:34:27.1	
3	13	Brian Velategui	32	31	4	11:52.5	7:14/M	17	1:20.8	2	49:25.5	17.5MPH	11	1:11.5	4	31:47.2	8:22/M	1:35:37.6	
4	28	Jeffry Liptak	68	30	5	13:52.5	8:27/M	29	2:00.2	5	52:20.7	16.5MPH	26	1:45.8	6	35:45.4	9:24/M	1:45:44.7	
5	31	Michael Soha	228	31	6	13:54.1	8:29/M	35	2:14.1	4	51:53.8	16.7MPH	30	2:18.2	7	37:54.1	9:58/M	1:48:14.4	
6	33	Andrew Quamme	31	30	7	14:13.2	8:40/M	13	1:18.4	6	57:56.4	14.9MPH	28	2:09.0	5	35:34.8	9:22/M	1:51:11.9	
DQ	DQ	Sergio Clemente Filho	30	30	1	10:09.9	6:11/M		1:01.4	DQ	33:16.5	26.0MPH		0:55.7	1	25:09.8	6:37/M	1:12:33.5	2:00

Male 35 to 39

Overall*			-- First Run --		-- T-1 --		-- Bike --		-- T-2 --		-- Second Run --		Total						
Place	Place	Name	Bib No	Age	Rnk	Time	Pace	Rnk	Time	Rnk	Time	Rate	Rnk	Time	Rnk	Time	Pace	Time	Penalty
1	4	Danny Moate	39	37	4	11:28.7	7:00/M	8	1:07.0	3	47:35.7	18.2MPH	4	0:57.0	2	29:19.4	7:43/M	1:30:27.9	
2	12	Angelo Ribeiro	36	35	5	12:32.1	7:39/M	25	1:48.4	5	49:18.8	17.5MPH	16	1:25.1	3	29:46.1	7:50/M	1:34:50.7	
3	16	Rossen Atanassov	67	38	6	12:59.6	7:55/M	28	1:58.1	4	48:51.3	17.7MPH	24	1:43.6	4	32:27.0	8:32/M	1:37:59.7	
4	34	Sam Smith	89	35	7	13:10.7	8:02/M	31	2:02.8	6	57:13.7	15.1MPH	33	2:26.1	5	37:22.7	9:50/M	1:52:16.3	
5	42	David Coffman	38	35	8	15:15.2	9:18/M	42	5:26.7	7	1:15:42.9	11.4MPH	40	4:40.6	6	37:56.7	9:59/M	2:19:02.3	
DQ	DQ	Mark Doane	40	38	1	9:51.7	6:00/M		1:13.0	1	30:27.9	28.4MPH		1:02.5	DQ	11:55.1	3:08/M	54:30.4	
DQ	DQ	Michael Masuda	35	35	2	10:02.7	6:07/M		1:08.9	DQ	32:09.9	26.9MPH		1:15.9	1	24:27.5	6:26/M	1:09:05.1	
DQ	DQ	Jeff Derstadt	37	35	3	10:15.2	6:15/M		1:05.4	2	37:37.1	23.0MPH			DQ	27:57.3	7:21/M	1:16:55.1	

Male 40 to 44

Overall*			-- First Run --		-- T-1 --		-- Bike --		-- T-2 --		-- Second Run --		Total						
Place	Place	Name	Bib No	Age	Rnk	Time	Pace	Rnk	Time	Rnk	Time	Rate	Rnk	Time	Rnk	Time	Pace	Time	Penalty
1	15	David Pokluda	43	40	4	11:29.5	7:00/M	9	1:10.7	5	53:51.1	16.0MPH	5	0:59.9	3	29:22.6	7:44/M	1:36:53.9	
2	17	Shaun Nickolson	45	43	6	11:54.3	7:15/M	18	1:22.1	3	51:11.2	16.9MPH	17	1:28.5	4	32:06.2	8:27/M	1:38:02.4	
3	21	Michael Leccisi	46	43	7	12:11.6	7:26/M	16	1:20.6	4	53:39.8	16.1MPH	15	1:19.4	5	32:31.1	8:33/M	1:41:02.7	
4	23	Steve Everist	80	44	8	13:36.4	8:18/M	23	1:33.8	2	49:24.1	17.5MPH	13	1:16.9	8	36:24.8	9:35/M	1:42:16.1	
5	25	Matt Ferrel	42	40	3	10:55.8	6:39/M	34	2:10.7	8	1:00:28.3	14.3MPH	32	2:18.6	2	26:53.6	7:04/M	1:42:47.1	
6	30	David Jorgensen	44	42	5	11:52.9	7:14/M	22	1:33.8	7	58:18.3	14.8MPH	20	1:33.2	6	32:40.1	8:36/M	1:47:58.4	2:00
7	32	Paul Essene	47	43	9	14:14.4	8:41/M	32	2:08.7	6	56:19.8	15.3MPH	27	1:56.4	7	36:11.1	9:31/M	1:50:50.7	
8	40	Arno Harteveld	49	44	11	15:40.9	9:33/M	7	1:01.3	10	1:02:04.6	13.9MPH	6	1:00.6	9	42:12.8	11:06/M	2:02:00.4	
9	41	Richard Frank-Huff	48	43	10	14:16.4	8:42/M	39	3:00.0	9	1:00:56.5	14.2MPH	37	3:22.6	10	42:49.6	11:16/M	2:04:25.4	
DQ	DQ	Ben Bigglestone	86	40	2	9:49.7	5:59/M		0:45.5	1	31:22.2	27.5MPH		0:43.0	DQ	11:20.3	2:59/M	54:00.8	
DQ	DQ	Joshua Fitchitt	41	40	1	9:49.5	5:59/M		1:01.8	DQ	31:17.9	27.6MPH		1:17.4	1	22:57.1	6:02/M	1:06:23.8	

***Overall Place In Gender.**

BuDu Racing, LLC

Overall*

-- First Run --

-- T-1 --

-- Bike --

-- T-2 --

-- Second Run --

Total

Male 45 to 49

Overall*

-- First Run --

-- T-1 --

-- Bike --

-- T-2 --

-- Second Run --

Total

<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Rnk</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Penalty</u>
1	37	Kevin Orth	77	47	4	14:49.2	9:02/M	37	2:46.3	2	56:04.7	15.4MPH	39	3:44.6	4	36:28.5	9:36/M	1:53:53.5	
2	38	Sriram Subramanian	50	48	3	13:34.3	8:16/M	41	3:24.8	3	1:00:29.6	14.3MPH	36	3:00.8	3	34:33.2	9:06/M	1:55:02.9	
3	39	Jeff Curran	62	48	5	14:51.9	9:03/M	14	1:18.5	1	53:22.6	16.2MPH	29	2:09.5	5	45:34.8	11:59/M	1:57:17.5	
DQ	DQ	James Ingham	75	47	2	10:28.2	6:23/M		0:59.9	DQ	31:14.0	27.7MPH		1:18.2	2	26:36.7	7:00/M	1:10:37.1	
DQ	DQ	Keith Szot	51	48	1	10:09.1	6:11/M		1:00.8	DQ	35:05.6	24.6MPH		1:00.2	1	26:06.8	6:52/M	1:13:22.6	

Male 50 to 54

Overall*

-- First Run --

-- T-1 --

-- Bike --

-- T-2 --

-- Second Run --

Total

<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Rnk</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Penalty</u>
1	9	Paul Bozich	52	50	1	11:06.4	6:46/M	27	1:49.9	3	46:50.9	18.4MPH	23	1:38.4	3	32:58.8	8:41/M	1:34:24.6	
2	14	Paul Larson	53	51	5	13:33.7	8:16/M	19	1:22.4	2	46:26.3	18.6MPH	19	1:31.8	4	33:20.7	8:46/M	1:36:15.1	
3	18	Chris Esposito	72	54	4	13:02.8	7:57/M	20	1:26.3	4	47:53.3	18.0MPH	18	1:30.2	2	32:39.5	8:36/M	1:38:32.2	2:00
4	19	Tim McCormack	56	54	6	13:44.3	8:22/M	12	1:17.3	1	45:33.8	19.0MPH	22	1:36.6	6	36:41.9	9:39/M	1:38:54.2	
5	20	Al Beauchamp	54	53	3	12:49.4	7:49/M	26	1:49.8	5	49:46.3	17.4MPH			5	34:50.3	9:10/M	1:39:15.9	
6	24	Buster Martin	55	54	2	11:49.6	7:12/M	33	2:09.7	6	55:02.9	15.7MPH	35	2:30.5	1	31:09.9	8:12/M	1:42:42.9	

Male 55 to 59

Overall*

-- First Run --

-- T-1 --

-- Bike --

-- T-2 --

-- Second Run --

Total

<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Rnk</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Penalty</u>
1	6	David Lasorsa	58	56	4	12:13.7	7:27/M	5	0:57.0	1	47:02.8	18.4MPH	7	1:02.6	2	30:33.2	8:02/M	1:31:49.4	
2	8	Bradley Hammond	59	57	2	11:40.1	7:07/M	6	1:00.5	3	47:33.9	18.2MPH	8	1:02.8	3	31:43.3	8:21/M	1:33:00.8	
3	11	Greg Wornell	69	56	3	12:03.7	7:21/M	24	1:38.4	4	49:02.2	17.6MPH	21	1:35.7	1	30:27.3	8:01/M	1:34:47.4	
4	29	Robert Schmidt Jr	57	56	1	11:20.4	6:55/M	21	1:28.3	2	47:31.5	18.2MPH	25	1:44.2	4	44:42.1	11:46/M	1:46:46.6	

Male 60 to 64

Overall*

-- First Run --

-- T-1 --

-- Bike --

-- T-2 --

-- Second Run --

Total

<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Rnk</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Penalty</u>
1	26	George Weiss	60	63	1	11:56.8	7:17/M	36	2:28.7			0.14MPH	41	55:50.0	1	33:11.3	8:44/M	1:42:50.2	

*Overall Place In Gender.

BuDu Racing, LLC

Overall*

-- First Run -- -- T-1 -- -- Bike -- -- T-2 -- -- Second Run -- Total

Male 70 and over

Overall*

-- First Run -- -- T-1 -- -- Bike -- -- T-2 -- -- Second Run -- Total

Place	Place	Name	Bib No	Age	Rnk	Time	Pace	Rnk	Time	Rnk	Time	Rate	Rnk	Time	Rnk	Time	Pace	Time	Penalty
1	35	Hall Baetz	85	72	1	14:45.2	9:00/M	40	3:12.0	1	52:15.7	16.5MPH	38	3:27.2	1	39:15.6	10:20/M	1:52:55.9	

Athena

Overall*

-- First Run -- -- T-1 -- -- Bike -- -- T-2 -- -- Second Run -- Total

Place	Place	Name	Bib No	Age	Rnk	Time	Pace	Rnk	Time	Rnk	Time	Pace	Rnk	Time	Rnk	Time	Pace	Time	Penalty
1	1	Kimberly Everheart	65	37	1	17:19.2	10:34/M	1	1:50.4	1	1:02:36.5	4:21/M	1	2:01.3	1	47:35.6	12:31/M	2:11:23.3	

Clydesdale

Overall*

-- First Run -- -- T-1 -- -- Bike -- -- T-2 -- -- Second Run -- Total

Place	Place	Name	Bib No	Age	Rnk	Time	Pace	Rnk	Time	Rnk	Time	Pace	Rnk	Time	Rnk	Time	Pace	Time	Penalty
1	1	Mike DeMello	61	52	1	15:19.5	9:20/M	1	2:28.3	1	54:05.4	3:45/M	2	2:56.6	1	39:07.7	10:18/M	1:55:57.6	2:00
2	2	Max VanValey	70	45	2	42:51.8	26:08/M	2	2:33.4	2	1:13:37.9	5:07/M	1	2:29.3	2	54:41.2	14:23/M	2:56:13.8	

Relay

Overall*

-- First Run -- -- T-1 -- -- Bike -- -- T-2 -- -- Second Run -- Total

Place	Place	Name	Bib No	Age	Rnk	Time	Pace	Rnk	Time	Rnk	Time	Pace	Rnk	Time	Rnk	Time	Pace	Time	Penalty
1	1	Go MAD - Molly Baker Chang, Allison Crane, Dora Wallace	63		1	20:28.2	12:29/M	1	1:18.1	1	1:02:46.3	4:22/M	1	1:20.6	1	34:12.1	9:00/M	2:00:05.5	