



Lake Sammamish Triathlon

Lake Sammamish State Park
2000 NW Sammamish Road, Issaquah, WA 98027
8/25/12 Start time 7am



Participants must be able to finish by 10:15 am

BuDu Racing is proud to pledge a portion of the registration fees to support the **Juvenile Diabetes Research Foundation (JDRF)**. The JDRF mission is to find a cure for diabetes and its complications through research. Type 1 diabetes is an autoimmune disease that strikes children and adults suddenly, and can be fatal. Until a cure is found, people with type 1 diabetes test their blood sugar and give themselves insulin, every day of their lives.

Free Photo - will be included again this year as part of your registration compliments of BuDu Racing, LLC (instead of a T-Shirt, however you can purchase a shirt, please go to <http://www.buduracingstore.com/>), The photo with sponsor recognition will be available in a free 4x6 print that **YOU MUST SELECT** from the photographers website, and it will be emailed in a digital negative. You will also have the ability to purchase additional pictures and/or upgrade your photo. We hope you enjoy this participant gift. Our photographer is Image Arts Photography and the website is www.imageartsphoto.com.

Checking into Transition (Bikes are racked the morning of the event)

Transition will open at 5:30am on Saturday morning. Both transitions for the event will take place in the same transition area. You are responsible for setting up your own equipment on the bike rack, and the **space you have is the width of your bike handle bars**. The racks will be numbered with 8 bikes per rack. **Only registered athletes are allowed in the transition area**. As you prepare to enter the transition area, please make sure:

- The bike number placed on your bike
- Body marking
- Handlebar ends must be solidly plugged
- Any time you are on your bike (before, during and after the event), you must have a helmet on your head and chin strap secured (**No warnings required to DQ a participant on their bike w/o a helmet.**)



Issaquah REI will be providing bike support for the event again this year.

This is for minor things, so make sure your bike is in good order before coming to the event.

Transition Rules - Only registered athletes are allowed in the transition area. You may not ride your bike at any time while in the transition area. At all times, be aware of others around you.

Pre-event Meeting - This meeting will occur around 6:45am at the beach, and everyone is required to attend.

The transition area will close once the meeting starts and will not reopen once the event has started. **Please only wear the timing chip provided in your packet, and place it on your left ankle.**

General Information

Wave swim starts - All waves will start by 7:30 am.

Waves are set off based on swim cap color and gender, and **will be posted at registration**. It is your responsibility to start in the correct swim wave. If your swim cap color is wrong, please go to the registration table to switch your cap or just start in the appropriate category wave. Listen for the announcements of ages or categories prior to your wave.

Swimmers ~ In the event of a water emergency, participants will be alerted and asked to return to shore.

- You are required to wear the swim cap provided in your packet (the color indicates your wave)
- No swim aids, such as fins are allowed
- Water temp is expected to be approximately 72-74 degrees. Wetsuits are not required, but if wearing one, make sure and check your left leg after you remove the wetsuit to ensure your timing chip is still on.

There will be lifeguards and boats in the water to assist you. If you are tired and need assistance you may hold on to the boat to rest. Signal by raising your hand. If the boat propels you forward, you may be disqualified.



ENDURANCE FUELS & SUPPLEMENTS



[RUNNING]



Bikers - this is an out and back course, on mainly open roads

- Helmets, with chin strap secured, are required at all times when on your bike
 - Be alert to all traffic control while on the ride
 - Head sets (ANY THING IN YOUR EARS) are not allowed
- ***The police are on the course to maintain vehicle and bicycle traffic. They may stop bicycles to allow vehicles to move as needed.*****

Runners – this is a mainly trail run

- Your bib # must be forward facing at all times (especially as you cross the finish line)
- The course will head out of transition through towards the water
- Be aware of others as the path is open to everyone, including cyclist
- Head sets (ANY THING IN YOUR EARS) are not allowed

Relay Teams

The swimmer must get out of the water and come to where the bike is racked and transfer the timing chip. The cyclist will return to the same place he/she left from to transfer the timing chip to the runner.

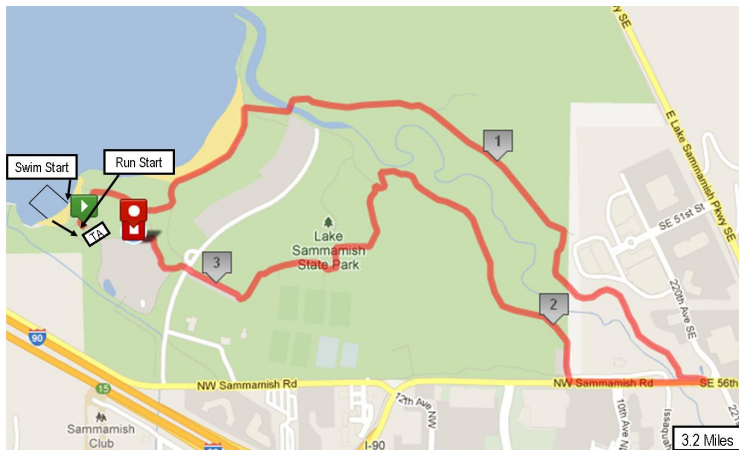
This is a USA Triathlon Sanctioned event - USAT Rules Apply at ALL Times

- HELMETS ARE REQUIRED
- NO DRAFTING IS ALLOWED
- NO HEADSETS ALLOWED AT ANY TIME

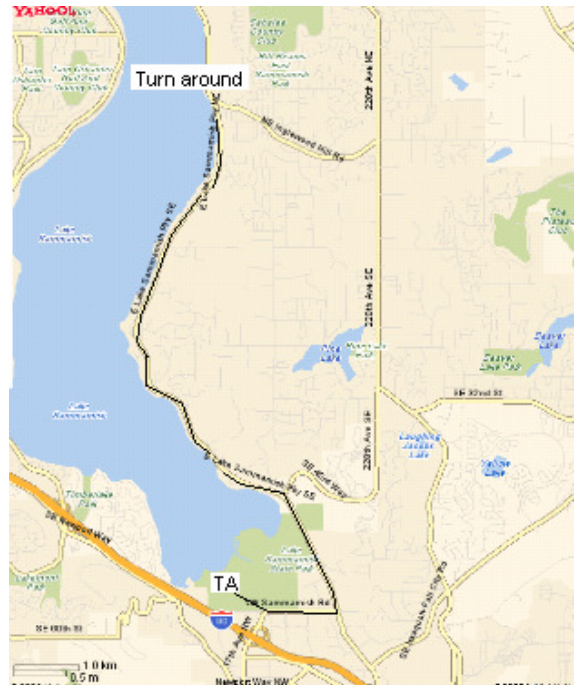
Awards

Awards will be given out for places 1/2/3 in all categories. This will take place once a majority of the participants have completed the event, normally around 9:00 to 9:30am. If you place and are unable to wait for the awards ceremony, please check in with BuDu Racing to get your award. We will not mail out awards. Overall times will be posted at the event. Splits will be posted on www.BuDuRacing.com as soon as possible.

Swim and Run



Bike



The following links go to a map at www.mapmytri.com

- Swim - <http://www.mapmytri.com/routes/view/120603351>
- Bike - <http://www.mapmytri.com/routes/view/1225088>
- Run - <http://www.mapmyrun.com/routes/view/9730128>



Age Group	Swim #	Start time	Cap Color
Men 35-59	1	7:00	Blue
Men 34 & Under/60 Plus and Clydesdale	2	7:03	Green
Women 35-54	3	7:06	Purple
All Relays			
Women 34 and Under/ 55 Plus and Athena	4	7:09	YELLOW
Friends & Family	5	7:12	RED
Retro			Gray

Bib #	Wave time	Cap	Category	Tri Team Name	First Name	Last Name	Gender	Age @ year end
37	7:00	Blue	Age Group		Keith	Abernathy	M	41
33	7:00	Blue	Age Group		Pat	Akina	M	43
163	7:06	Purple	Age Group		Stacy	Allik	F	38
19	7:00	Blue	Age Group		Dave	Anana	M	48
130	7:09	Yellow	Age Group		Christina	Anderson	F	56
42	7:00	Blue	Age Group		Jason	Anderson	M	40
122	7:09	Yellow	Age Group		Randee	Anderson	F	64
166	7:06	Purple	Age Group	Team LUNA Chix	Carrie	Atwood	F	38
15	7:00	Blue	Age Group		Robbie	Bach	M	51
53	7:00	Blue	Age Group		Ryan	Barr	M	37
93	7:03	Green	Clydesdale		Zach	Bates	M	33
296	7:03	Green	Age Group		Gaurav	Batra	M	31
99	7:03	Green	Clydesdale		Brett	Bauer	M	44
153	7:06	Purple	Age Group		Kerrie	Bauer	F	42
151	7:06	Purple	Age Group		Jessy	Beardemphl	F	43
219	7:06	Purple	Age Group		Birgit	Behnke	F	37
123	7:09	Yellow	Age Group		Susie	Berg	F	64
287	7:06	Purple	Age Group		Sue	Bethke	F	47
116	7:03	Green	Age Group		Michael	Bobinger	M	29
181	7:09	Yellow	Age Group		Jenn	Branstetter	F	31
61	7:03	Green	Age Group		Stephen	Branstetter	M	33
111	7:03	Green	Age Group		Eli	Brayton	M	16
205	7:09	Yellow	Athena		Ann	Brazel	F	55
18	7:00	Blue	Age Group	Pro Sports Club	John	Brewer	M	48
180	7:09	Yellow	Age Group		Laura	Breyman	F	32
12	7:00	Blue	Age Group		Jim	Broadlick	M	55
76	7:03	Green	Age Group		Bryan	Brosious	M	27
260	7:00	Blue	Age Group		Brad	Buckles	M	43
272	7:00	Blue	Age Group		Cory	Burke	M	43
8	7:00	Blue	Age Group		Dane	Burns	M	59
204	7:09	Yellow	Athena	TriFury	Robin	Cain	F	48
30	7:00	Blue	Age Group		John	Cain Jr	M	43
51	7:00	Blue	Age Group	Team water.org	Michael	Campbell	M	38
193	7:09	Yellow	Age Group		Emily	Carbaugh	F	21
281	7:00	Blue	Age Group		John	Carey	M	48
155	7:06	Purple	Age Group		Claire	Carlson	F	41
203	7:09	Yellow	Athena		Dani	Carson	F	44
96	7:03	Green	Clydesdale		Andy	Castle	M	41
200	7:09	Yellow	Athena		Erin	Castle	F	41
41	7:00	Blue	Age Group		Wisanu	Charoenkul	M	40
77	7:03	Green	Age Group		Hsiao	Chi	M	27
2	7:03	Green	Age Group		Mike	Chittick	M	69
142	7:06	Purple	Age Group		Robin	Christy	F	49
92	7:03	Green	Clydesdale	PRO Sports Club Tri Team	Mike	Cimprich	M	32
7	7:03	Green	Age Group		Larry	Clark	M	60
9	7:00	Blue	Age Group		Brian	Clayton	M	57
67	7:03	Green	Age Group		Chris	Clayton	M	30
295	7:03	Green	Age Group	Snohomish Bicycles	Brian	Collins	M	30
304	7:00	Blue	Age Group		Garrett	Conger	M	48
213	7:06	Purple	Age Group		Stacie	Conway	F	40
127	7:09	Yellow	Age Group		Carol	Coram	F	62
191	7:09	Yellow	Age Group		Jacqueline	Corbitt	F	23

Bib #	Wave time	Cap	Category	Tri Team Name	First Name	Last Name	Gender	Age @ year end
62	7:03	Green	Age Group		Bradley	Corcoran	M	33
133	7:12	Gray	Age Group		Donna	Creary	F	52
74	7:03	Green	Age Group		Xavier	Cruz Urbina	M	28
154	7:06	Purple	Age Group		Cathy	Curley	F	41
186	7:09	Yellow	Age Group	ESNW	Jennifer	Dandrea	F	29
173	7:09	Yellow	Age Group		Rebekah	Dant	F	34
29	7:00	Blue	Age Group	Raise The Bar	Joseph	David	M	44
183	7:09	Yellow	Age Group		Molly	Davis	F	30
126	7:09	Yellow	Age Group		Colleen	De Vine	F	62
58	7:00	Blue	Age Group		Ramil	Del Valle	M	35
60	7:03	Green	Age Group		Jeff	Derstadt	M	34
107	7:00	Blue	Age Group	PRO Club	Vance	Dingfelder	M	51
21	7:00	Blue	Age Group		Lance	Dodeward	M	47
227	7:12	Red	Friends & Family		Cooper	Duke	M	15
129	7:09	Yellow	Age Group		Linda	Duncan	F	59
63	7:03	Green	Age Group		John	Edmonston	M	33
261	7:03	Green	Age Group	TN Multisport	Charles	Eichenbaum	M	31
259	7:03	Green	Age Group		Andrew	Eisen	M	29
231	7:12	Gray	Retro (No Frills!)		Scott	Elnes	M	45
156	7:06	Purple	Age Group		Andrea	Escame-Hedger	F	41
102	7:03	Green	Clydesdale	Vo2 Multisport	Chris	Esposito	M	53
3	7:03	Green	Age Group		Thomas	Fenn	M	66
78	7:03	Green	Age Group		Kevin	Feuerstein	M	26
212	7:09	Yellow	Age Group		Beverly	Fichtenberg	F	31
290	7:09	Yellow	Age Group		Judy	Fisher	F	69
171	7:06	Purple	Age Group		Mareth	Flores	F	35
190	7:09	Yellow	Age Group	Mr. Crampy's Crew	Sarah	Franck	F	24
237	7:12	Red	Friends & Family		Chris	Freese	M	11
238	7:12	Red	Friends & Family		Jim	Freese	M	43
38	7:00	Blue	Age Group		David	Fujimoto	M	41
189	7:09	Yellow	Age Group		Christyn	Gaa	F	27
239	7:09	Yellow	Athena		Michelle	Geiger	F	35
34	7:00	Blue	Age Group		Keith	Gerhard	M	42
235	7:12	Red	Friends & Family		Jenny	Gibbs	F	16
234	7:12	Red	Friends & Family		Tom	Gibbs	M	14
216	7:09	Yellow	Age Group		Carrie	Glover	F	33
225	7:12	Red	Friends & Family		Pam	Goddard	F	48
273	7:00	Blue	Age Group		Rob	Goldberg	M	49
80	7:03	Green	Age Group		Kevin	Good	M	26
84	7:03	Green	Age Group		Joshua	Grandinetti	M	21
121	7:09	Yellow	Age Group		Judith	Gray	F	73
6	7:03	Green	Age Group		Patrick	Gray	M	61
197	7:09	Yellow	Athena		Amber	Green	F	30
68	7:03	Green	Age Group		Zach	Green	M	30
97	7:03	Green	Clydesdale		Mike	Grimme	M	42
91	7:03	Green	Clydesdale		Troy	Guilford	M	32
206	7:09	Yellow	Age Group		Morgan	Hale	F	26
108	7:00	Blue	Age Group		Scott	Hale	M	57
24	7:00	Blue	Age Group		Roger	Hales	M	45
55	7:00	Blue	Age Group		Bradley	Hanna	M	36
187	7:09	Yellow	Age Group		Sarah	Hanson	F	29
266	7:03	Green	Age Group		Elliot	Harrison	M	17
105	7:00	Blue	Age Group		Michael	Harsh	M	36
16	7:00	Blue	Age Group		Scott	Hastie	M	51

Bib #	Wave time	Cap	Category	Tri Team Name	First Name	Last Name	Gender	Age @ year end
13	7:00	Blue	Age Group		Steve	Hatton	M	53
85	7:03	Green	Age Group		Kyle	Hedges	M	20
277	7:03	Green	Age Group		Jerdon	Helgeson	M	17
174	7:09	Yellow	Age Group		Danielle	Henty	F	34
287	7:00	Blue	Age Group	Pro Club Tri Team	Chris	Hidalgo	M	40
298	7:00	Blue	Age Group		Cody	Hill	M	39
291	7:03	Green	Age Group		Jackson	Hill	M	12
202	7:09	Yellow	Athena		Alicia	Hilmo	F	44
149	7:06	Purple	Age Group		Jennifer	Hing	F	44
224	7:12	Red	Friends & Family		Lisa	Hiruki-Raring	F	47
40	7:00	Blue	Age Group		Dave	Hoare	M	40
54	7:00	Blue	Age Group		Treves	Hokama	M	37
170	7:06	Purple	Age Group		Micki	Hopkins	F	36
17	7:00	Blue	Age Group		Vic	Horne	M	51
158	7:06	Purple	Age Group		Jill	Hostetter	F	40
87	7:03	Green	Age Group		Tom	Hutchison	M	17
47	7:00	Blue	Age Group	Affirma	Don	Hyun	M	38
134	7:06	Purple	Age Group		Tracy	Jackson	F	51
236	7:12	Gray	Retro (No Frills!)		Kosar	Jaff	M	47
132	7:06	Purple	Age Group		Jana	James	F	54
165	7:06	Purple	Age Group		Amy	Johnson	F	38
43	7:00	Blue	Age Group		Doug	Johnson	M	40
27	7:00	Blue	Age Group		Robert	Johnson	M	44
5	7:03	Green	Age Group		Craig	Johnston	M	64
144	7:06	Purple	Age Group		Sandra	Jones	F	48
39	7:00	Blue	Age Group		David	Jorgensen	M	41
208	7:06	Purple	Age Group		Brenda	Kasper	F	39
1	7:03	Green	Age Group		Isamu	Kawabori	M	72
150	7:06	Purple	Age Group		Emily	Keegans	F	43
114	7:03	Green	Age Group		Gary	Kelley	M	27
286	7:06	Purple	Age Group		Tamara	Khan	F	38
217	7:06	Purple	Age Group		Melissa	Lahna	F	37
265	7:06	Purple	Age Group		Molly	Lanzinger	F	49
106	7:00	Blue	Age Group		Chris	Lathwell	M	45
286	7:03	Green	Age Group		Reed	Lawrenson	M	28
274	7:09	Yellow	Age Group		Jessie	Lin	F	29
73	7:03	Green	Age Group		Robert	Lo	M	29
218	7:06	Purple	Age Group		Cindy	Lohman	F	50
184	7:09	Yellow	Age Group		Bonnie	Loshbaugh	F	30
292	7:03	Green	Age Group	Mr. Crampys	Justin	Lovitt	M	23
293	7:03	Green	Age Group		Nathan	Lyons	M	25
152	7:06	Purple	Age Group		Sarah	Mackay	F	42
25	7:00	Blue	Age Group		Chad	Magendanz	M	45
157	7:06	Purple	Age Group		Marci	Mahler	F	40
262	7:00	Blue	Age Group		Stephane	Major	M	45
178	7:09	Yellow	Age Group		Corin	Malone	F	32
137	7:06	Purple	Age Group		Naina	Manji	F	50
124	7:09	Yellow	Age Group		Linda	Mariz	F	64
4	7:03	Green	Age Group		Jerry	Marshall	M	65
138	7:06	Purple	Age Group		Nancy	Marshall	F	50
220	7:09	Yellow	Age Group		Laura	Mason	F	31
28	7:00	Blue	Age Group		Larry (Lauris)	Mattson	M	44
71	7:03	Green	Age Group	French Wetsuit Strippers	Alejandro	Matute Gonzalez	M	30

Bib #	Wave time	Cap	Category	Tri Team Name	First Name	Last Name	Gender	Age @ year end
199	7:09	Yellow	Athena		Kimberly	McBride	F	41
198	7:09	Yellow	Athena		Caitlin	McClain	F	30
35	7:00	Blue	Age Group		Patrick	McDonald	M	42
82	7:03	Green	Age Group		Kevin	McFarland	M	23
26	7:00	Blue	Age Group		Brian	McGinn	M	44
162	7:06	Purple	Age Group		Liz	McGinn	F	39
110	7:00	Blue	Age Group		Frank	McJannet	M	45
140	7:06	Purple	Age Group		Therese	McRae	F	49
288	7:06	Purple	Age Group		Anne	Medzegian	F	48
22	7:00	Blue	Age Group		Mark	Megathlin	M	46
90	7:03	Green	Clydesdale		David	Merisko	M	29
268	7:09	Yellow	Age Group		Emma	Metzger	F	19
233	7:12	Red	Friends & Family		Kerry	Meyer	F	55
280	7:00	Blue	Age Group		Giovanni	Mezgec	M	47
103	7:03	Green	Age Group	Regional Training Center Vancouver (RTC)	Michael	Milic	M	14
50	7:00	Blue	Age Group		Joshua	Miller	M	38
64	7:03	Green	Age Group		Steven	Miller	M	33
104	7:03	Green	Age Group		Don	Mitchell	M	24
44	7:00	Blue	Age Group		Michele	Montesi	M	40
223	7:12	Red	Friends & Family		Kristina	Montgomery	F	39
285	7:06	Purple	Age Group		Siri	Moody	F	37
56	7:00	Blue	Age Group		Scott	Morgan	M	35
214	7:09	Yellow	Age Group	Cycle U	Haley	Morin	F	34
196	7:09	Yellow	Age Group		Jessica	Morrissey-Hayden	F	18
167	7:06	Purple	Age Group		Tracy	Murillo	F	38
52	7:00	Blue	Age Group		Daniel	Murphy	M	37
57	7:00	Blue	Age Group		Moto	Nakatani	M	35
179	7:09	Yellow	Age Group		Katie	Nelson	F	32
257	7:03	Green	Age Group		Evan	Nessen	M	11
113	7:00	Blue	Age Group		Brion	Newell	M	42
118	7:00	Blue	Age Group		Stanley	Ng	M	35
172	7:06	Purple	Age Group		Maren	Norton	F	35
230	7:00	Blue	Age Group		Leo	Novsky	M	35
232	7:12	Gray	Retro (No Frills!)		James	O'Brien	M	70
72	7:03	Green	Age Group		David	O'Hern	M	29
283	7:00	Blue	Age Group		Paul	Olliges	M	51
119	7:03	Green	Age Group		Gavin	Olmstead	M	31
177	7:09	Yellow	Age Group		Shannon	Panther	F	32
289	7:06	Purple	Age Group		Brigitte	Parsons	F	53
269	7:06	Purple	Age Group		Jana	Pasma	F	38
299	7:00	Blue	Age Group		Brian	Pearce	M	41
263	7:00	Blue	Age Group		James	Permann	M	53
270	7:09	Yellow	Age Group		Rita	Persich	F	60
279	7:03	Green	Age Group		Todd	Peters	M	34
211	7:09	Yellow	Age Group		Kayla	Petramalo	F	27
112	7:03	Green	Age Group		Tommy	Petramalo	M	26
120	7:09	Yellow	Age Group		Carolyn	Phillips	F	73
146	7:06	Purple	Age Group		Nicola	Phillips	F	46
240	7:09	Yellow	Age Group		Vanessa	Pineros	F	26
300	7:00	Blue	Age Group		Loren	Pokorny	M	41
145	7:06	Purple	Age Group		Stacy	Price	F	48
147	7:06	Purple	Age Group		Gina	Principe	F	45

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175	7:09	Yellow	Age Group		Kerrie	Rands	F	33
226	7:12	Red	Friends & Family		Alec	Raring	M	11
109	7:03	Green	Age Group		David	Reynolds	M	60
79	7:03	Green	Age Group		Kyle	Richards	M	26
20	7:00	Blue	Age Group		Brant	Rigby	M	47
297	7:00	Blue	Age Group		Ryan	Roberts	M	37
46	7:00	Blue	Age Group		David	Roscelli	M	38
95	7:03	Green	Clydesdale		Glen	Rossi	M	39
209	7:06	Purple	Age Group		Deborah	Rowe	F	38
66	7:03	Green	Age Group	French Wetsuit Strippers	Guillermo	Rueda	M	31
135	7:06	Purple	Age Group		Belle	Ruiz	F	51
69	7:03	Green	Age Group		Douglas	Sanborn	M	30
271	7:03	Green	Age Group		Ryan	Sanchez	M	31
115	7:03	Green	Age Group		Jonathan	Sandquist	M	11
59	7:03	Green	Age Group		Jon	Sandvig	M	34
168	7:06	Purple	Age Group		Jennifer	Sarver	F	38
88	7:03	Green	Age Group		Preston	Sater	M	15
65	7:03	Green	Age Group		Brandon	Savini	M	32
195	7:09	Yellow	Age Group		Emma	Scherschligt	F	19
11	7:00	Blue	Age Group		Robert	Schmidt Jr	M	55
143	7:06	Purple	Age Group		Nancy	Schoeggl	F	48
48	7:00	Blue	Age Group		Brian	Schwalbach	M	38
164	7:06	Purple	Age Group		Winsome	Schwalbach	F	38
70	7:03	Green	Age Group		David	Seidman	M	30
294	7:03	Green	Age Group		Ari	Serim	M	27
267	7:00	Blue	Age Group		Paul	Seymour	M	59
31	7:00	Blue	Age Group		Scott	Simonsen	M	43
161	7:06	Purple	Age Group	Team FASTT	Terra	Sittner	F	39
185	7:09	Yellow	Age Group		Allyson	Smith	F	29
45	7:00	Blue	Age Group		Jonmark	Smith	M	39
94	7:03	Green	Clydesdale		Richard	Snyder	M	39
49	7:00	Blue	Age Group		Scott	Sorenson	M	38
264	7:00	Blue	Age Group		Edward	Sproull	M	58
275	7:06	Purple	Age Group	ProClub	Linda	Sproull	F	52
305	7:00	Blue	Age Group		Uwe	Stahlschmidt	M	48
148	7:06	Purple	Age Group		Florence	Stahura	F	44
75	7:03	Green	Age Group	Team Lovitt	Francis	Stanbury	M	28
10	7:00	Blue	Age Group		Kim	Stanley	M	57
131	7:09	Yellow	Age Group		Anne	Steindorf	F	56
192	7:09	Yellow	Age Group		Megan	Steindorf	F	23
285	7:03	Green	Age Group	Eastside strength and conditioning	Eric	Stevenson	M	33
86	7:03	Green	Age Group		Griffin	Stoddard	M	17
303	7:00	Blue	Age Group		Paul	Stolarczuk	M	47
258	7:03	Green	Age Group		Aidan	Sullivan	M	11
215	7:06	Purple	Age Group		Catrena	Sullivan	F	45
201	7:09	Yellow	Athena		Kristine	Svehla-Brown	F	43
276	7:03	Green	Age Group		Gunde	Svensson	M	17
100	7:03	Green	Clydesdale		Doug	Szabo	M	44
101	7:03	Green	Clydesdale		Ben	Talbert	M	47
36	7:00	Blue	Age Group		Robert	Talich	M	42
194	7:09	Yellow	Age Group		Monica	Thiedemann	F	21
128	7:09	Yellow	Age Group		Penelope	Thompson	F	60

Bib #	Wave time	Cap	Category	Tri Team Name	First Name	Last Name	Gender	Age @ year end
176	7:09	Yellow	Age Group		Jessica	Tice	F	33
301	7:00	Blue	Age Group		Panos	Trochalakis	M	42
159	7:06	Purple	Age Group		Angie	Turcott	F	40
302	7:00	Blue	Age Group		Paul	Turcotte	M	45
141	7:06	Purple	Age Group		Shannon	Underwood	F	49
32	7:00	Blue	Age Group		Edgar	Valentin	M	43
14	7:00	Blue	Age Group		Markus	Van Achte	M	52
83	7:03	Green	Age Group		Will	VanCuren	M	23
89	7:03	Green	Age Group		Benjamin	Wagstaff	M	15
23	7:00	Blue	Age Group		Robert	Wagstaff	M	46
136	7:06	Purple	Age Group	Pauole Sport	Lisa	Walker	F	51
222	7:12	Red	Friends & Family		Jenn	Wallace	F	33
228	7:12	Red	Friends & Family		Kyle	Wallace	M	34
125	7:09	Yellow	Age Group		Rita	Walsh	F	63
229	7:12	Red	Friends & Family		Brian	Walter	M	50
221	7:12	Red	Friends & Family		Kaydee	Walter	F	17
282	7:00	Blue	Age Group	Team VO2 Multisport	Derek	Watanabe	M	49
207	7:09	Yellow	Age Group	Mr Crampy's	MacBeth	Watson	F	32
98	7:03	Green	Clydesdale		Paul	Weigel	M	43
81	7:03	Green	Age Group		Hubert	Wenzel	M	25
210	7:06	Purple	Age Group	Vo2 Multisport	Robin	White	F	40
169	7:06	Purple	Age Group		Emily	Williams	F	36
117	7:03	Green	Age Group		Travis	Wilson	M	30
182	7:09	Yellow	Age Group		Emily	Wise	F	31
139	7:06	Purple	Age Group		Heather	Woloshyn	F	50
188	7:09	Yellow	Age Group		Anya	Woody	F	27
160	7:06	Purple	Age Group		Rose	Wysocki	F	40
278	7:03	Green	Age Group		Jakob	Yandle	M	29

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Bib #	Wave time	Cap	Category	Tri Team Name	First Name	Last Name	Gender
241	7:06	Purple	Relay	Bob Sponge Wetsuit Strippers	Darcie	Gurley	F
241	7:06	Purple	Relay	Bob Sponge Wetsuit Strippers	Justin	Parkinson	M
242	7:06	Purple	Relay	Elmo's Wetsuit Strippers	Paulina	Bustos	F
242	7:06	Purple	Relay	Elmo's Wetsuit Strippers	Eliezer	Bravo	M
243	7:06	Purple	Relay	Kermit's Wetsuit Strippers	Bea	Querido	F
243	7:06	Purple	Relay	Kermit's Wetsuit Strippers	Eliezer	Bravo	M
243	7:06	Purple	Relay	Kermit's Wetsuit Strippers	Derek	Schruhl	M
244	7:03	Green	Relay	Mickey's Wetsuit Strippers	Justin	Pirtle	M
244	7:03	Green	Relay	Mickey's Wetsuit Strippers	John	Sheu	M
244	7:03	Green	Relay	Mickey's Wetsuit Strippers	Guillermo	Rueda	M
255	7:06	Purple	Relay	Mormon kitties	Grace	Englund	F
255	7:06	Purple	Relay	Mormon kitties	Kim	Meacham	F
255	7:06	Purple	Relay	Mormon kitties	Hannah	Feltis	F
245	7:06	Purple	Relay	New and Improved	Tiffany	Conley	F
245	7:06	Purple	Relay	New and Improved	Missy	Hendrickson	F
245	7:06	Purple	Relay	New and Improved	Rhonda	Covert	F
246	7:03	Green	Relay	Shrek's Wetsuit Strippers	Alexandria	Luschen	F
246	7:03	Green	Relay	Shrek's Wetsuit Strippers	Ivan	Rodriguez Sastre	M
246	7:03	Green	Relay	Shrek's Wetsuit Strippers	Alejandro	Matute Gonzalez	M

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Bib #	Wave time	Cap	Category	Tri Team Name	First Name	Last Name	Gender
247	7:06	Purple	Relay	Skeet	Martha	Pilcher	F
247	7:06	Purple	Relay	Skeet	Jim	Broadlick	M
248	7:06	Purple	Relay	Sprint for Jesus	Emily	Fennell	F
248	7:06	Purple	Relay	Sprint for Jesus	Katie	Gallaher	F
248	7:06	Purple	Relay	Sprint for Jesus	Dan	Fennell	M
249	7:06	Purple	Relay	Superman's Wetsuit Strippers	Gabriel	Corvera	M
249	7:06	Purple	Relay	Superman's Wetsuit Strippers	Kwong	Leung	M
250	7:06	Purple	Relay	Team Lazar	Eli	Lazar	M
250	7:06	Purple	Relay	Team Lazar	Sander	Lazar	M
250	7:06	Purple	Relay	Team Lazar	David	Lazar	M
251	7:06	Purple	Relay	Team Zissou	Melody	Mandrean	F
251	7:06	Purple	Relay	Team Zissou	Kaleb	Coleman	M
252	7:06	Purple	Relay	The Sunday Drivers	Alison	O'Daffer	F
252	7:06	Purple	Relay	The Sunday Drivers	Will	O'Daffer	M
252	7:06	Purple	Relay	The Sunday Drivers	Eric	O'Daffer	M
284	7:06	Purple	Relay	Trang and Pete	Trang	Bui	F
284	7:06	Purple	Relay	Trang and Pete	Pete	Luther	M
256	7:06	Purple	Relay	TRI infitness	Annelise	DiGiacomo	F
256	7:06	Purple	Relay	TRI infitness	Malinda	Norris	F
256	7:06	Purple	Relay	TRI infitness	Sam	DiGiacomo	M
253	7:06	Purple	Relay	Tri Harder	Helen	Halloran	F
253	7:06	Purple	Relay	Tri Harder	Ted	Scott	M
253	7:06	Purple	Relay	Tri Harder	John	Guin	M
254	7:06	Purple	Relay	Walker Benson Walker	Alexandria	Walker	F
254	7:06	Purple	Relay	Walker Benson Walker	Rick	Benson	F
254	7:06	Purple	Relay	Walker Benson Walker	Peyton	Walker	M