

Mount Rainier Duathlon - 4/30/17

The rains held off for the morning, what a blessing! We hope you had fun and enjoyed the morning and are ready to register for your next event in the Corpore Sano PT BuDu Multisport Race Series. Many thanks go out to the volunteer groups (White River Cross Country and Northwest Foursquare Church Young Adults). Thanks to Mark Howlett for coordinating the run (Wanda and Derrick for thier help as well), Gary from Northwest Tri and Blke, Dave Tollefson (Mjolnir Cycles) Kathleen and John Colvard and Dave Morell and to the others who just helped out! Such a fun start to the Multisport Series.

This is the first event of the **BuDu Champion Series**. Age Graded results are computed by Michael Gray (Thank you so much!!). For more information on the series, please go to:

http://www.buduracing.com/events_detail.php?e=1527



Mjolnir Cycles is donating a custom bike frame to the series. Check out the link above for more information.

Finisher certificates, Finish Video, Age Group and Age Graded (only on the pdf) results are available at this link:

<http://buduracing.racetecresults.com/Results.aspx?CId=16618&RId=147>

Also, on FaceBook, you can find a photo album that has photos taken at the event. Thanks to Wendy Muller.

https://www.facebook.com/pg/BuDu-Racing-104535699590303/photos/?tab=album&album_id=1402835783093615

BuDu Racing, LLC Charity of Choice: JDRF!



BuDu Racing, LLC is proud to pledge a portion of the registration fees to support the Juvenile Diabetes Research Foundation (JDRF). The mission of JDRF is to find a cure for diabetes and its complications through the support of research. Type 1 diabetes is an autoimmune disease that strikes children and adults suddenly, and can be fatal. Until a cure is found, people with type 1 diabetes have to test their blood sugar and give themselves insulin, every day of their lives. And even with that intensive care, insulin is not a cure for diabetes, nor does it prevent its eventual and devastating complications, which may include kidney failure, blindness, heart disease, stroke, and amputation.

We love our sponsors, and hope you do too! Please support them.



Thanks to local sponsors:
Charlie's Cafe and Johansen Excavating, Inc.

Mt Rainier Duathlon

Long Course Overall Results

Sunday, April 30, 2017

If you have questions about your results, please email Info@BuDuRacing.com.

Thanks to Michael Gray for the Age Graded Results.

BuDu Racing, LLC

Timing by BuDu Racing, LLC

Pos	Name	Race No	Time	Category	Categ Pos	Gender	Gender Pos	Team Name	City	Age	Run1	Run1 Gender Pos	T1	Cycle	Cycle Gender Pos	T2	Run2	Run2 Gender Pos	-- Age Graded --		
																			Adj Time	Percent	Rnk
1	Stuart Ayling	3	02:11:30	Ages 40 - 44	1	M	1	Raise the Bar	Lake Tapps	41	00:31:18	1	00:00:45	01:13:56	1	00:00:42	00:24:48	1	1:56:15	101	1
2	Adam Goulet	57	02:12:47	Ages 30 - 34	1	M	2		Portland	33	00:29:56	1	00:00:57	01:18:19	1	00:00:45	00:22:50	1	2:03:50	95	6
3	Nick Johnson	99	02:14:46	Ages 30 - 34	2	M	3			31	00:30:30	2	00:00:30	01:19:42	2	00:00:39	00:23:24	2	2:05:41	93	7
4	Jeremy Kalmus	53	02:17:13	Ages 25 - 29	1	M	4	V02 Multisport	Redmond	29	00:30:32	2	00:00:54	01:23:12	1	00:00:46	00:21:48	2	2:10:22	90	12
5	Brent Hartwig	54	02:20:52	Ages 30 - 34	3	M	5	Advantage Multisport	Bellingham	30	00:33:13	3	00:00:49	01:19:56	3	00:00:44	00:26:08	4	2:11:22	89	16
6	David Engstrom	83	02:21:05	Ages 50 - 54	1	M	6		Beaverton	52	00:30:31	1	00:01:05	01:25:19	1	00:00:48	00:23:20	1	2:00:47	97	4
7	Morgan Cabot	14	02:26:58	Ages 25 - 29	1	F	1		Vancouver	29	00:35:51	1	00:00:48	01:21:08	1	00:00:43	00:28:27	2	2:15:16	99	2
8	Peter Lohrmann	61	02:27:51	Ages 30 - 34	4	M	7	Sound Training & Racing	Burien	34	00:34:30	4	00:00:55	01:26:35	4	00:01:02	00:24:47	3	2:17:53	85	24
9	Tom Wagner	72	02:28:46	Ages 40 - 44	2	M	8	Slalom	Renton	42	00:32:35	2	00:01:06	01:28:32	2	00:00:39	00:25:52	3	2:11:31	89	17
10	Daniel Brewer	100	02:29:25	Ages 50 - 54	2	M	9		Seattle	52	00:35:48	2	00:00:52	01:25:43	2	00:00:47	00:26:13	2	2:07:55	92	11
11	Dmitry Chernov	102	02:31:14	Ages 25 - 29	2	M	10		Seattle	27	00:35:28	4	00:01:02	01:28:23	2	00:00:52	00:25:27	3	2:23:41	82	34
12	Stan Hopkins	85	02:32:49	Ages 50 - 54	3	M	11	V02 Multisport	Kirkland	53	00:36:58	3	00:00:53	01:27:06	3	00:00:55	00:26:55	3	2:10:49	90	14
13	Julie Vieselmeyer	2	02:33:00	Ages 35 - 39	1	F	2		Seattle	36	00:35:35	1	00:00:49	01:30:24	1	00:00:46	00:25:23	1	2:17:04	98	3
14	Michael Gray	80	02:33:45	Ages 45 - 49	1	M	12		Bellevue	49	00:36:05	1	00:00:51	01:27:13	1	00:01:34	00:28:00	1	2:14:28	87	21
15	Gustavo Santos	64	02:35:59	Ages 35 - 39	1	M	13	V02 Multisport	Redmond	36	00:37:01	2	00:00:56	01:31:18	1	00:00:54	00:25:49	2	2:20:09	84	29
16	Mark Svendsen	69	02:36:03	Ages 40 - 44	3	M	14	Seattle Green Lake Tri Group	Issaquah	41	00:35:26	3	00:01:08	01:32:33	6	00:01:05	00:25:50	2	2:17:57	85	25
17	Yannick Debaupte	75	02:36:59	Ages 40 - 44	4	M	15		Redmond	44	00:36:51	4	00:01:14	01:29:56	4	00:01:28	00:27:27	4	2:18:47	85	27
18	Rohit Sharma	51	02:37:38	Ages 25 - 29	3	M	16	Pro Sports Club	Jacksonville	27	00:30:05	1	00:01:44	01:41:54	4	00:02:26	00:21:27	1	2:29:46	78	45
19	Jennifer Santoyo	21	02:37:48	Ages 30 - 34	1	F	3	Sound Training & Racing	Burien	34	00:36:48	2	00:01:20	01:31:22	1	00:00:51	00:27:26	2	2:23:54	93	9
20	Edmond Boullianne	49	02:37:59	Ages 25 - 29	4	M	17		Anacortes	26	00:33:59	3	00:01:04	01:35:40	3	00:00:57	00:26:17	4	2:30:06	78	46
21	Jamie Morrison	63	02:38:01	Ages 35 - 39	2	M	18	Advantage Multisport	Surrey	36	00:37:16	3	00:01:04	01:32:05	2	00:00:59	00:26:34	3	2:21:58	83	31
22	Stephen Harvey	62	02:38:02	Ages 35 - 39	3	M	19	V02 Multisport	Seattle	36	00:34:08	1	00:01:06	01:36:10	4	00:00:54	00:25:42	1	2:21:59	83	32
23	Scott Ecker	45	02:38:38	Ages 40 - 44	5	M	20		Seattle	43	00:37:28	5	00:01:05	01:29:15	3	00:00:45	00:30:03	6	2:20:14	84	30
24	Clarence Butz	86	02:41:16	Ages 55 - 59	1	M	21		Berkeley	57	00:38:48	2	00:00:58	01:30:51	1	00:00:53	00:29:46	1	2:13:20	88	19
25	Greg Taylor	101	02:41:49	Ages 40 - 44	6	M	22		Redmond	43	00:38:48	6	00:01:04	01:31:28	5	00:01:30	00:28:58	5	2:23:03	82	33
26	Katie Thompson	10	02:42:02	Ages 25 - 29	2	F	4	Raise the Bar	Kent	26	00:39:26	2	00:01:14	01:33:25	2	00:00:56	00:26:58	1	2:29:08	90	13
27	Harsh Chiplonkar	65	02:43:19	Ages 35 - 39	4	M	23		Snoqualmie	36	00:39:11	4	00:00:45	01:33:29	3	00:00:52	00:29:00	5	2:26:44	80	38
28	Steven Wade	1	02:43:32	Ages 55 - 59	2	M	24	Team Wade	Burlington	59	00:38:31	1	00:01:07	01:32:09	2	00:00:53	00:30:50	2	2:15:12	87	23
29	Laura Specker Sullivan	16	02:43:40	Ages 30 - 34	2	F	5	Seattle Green Lake Tri Group	Seattle	31	00:35:44	1	00:01:04	01:38:54	2	00:01:14	00:26:43	1	2:29:15	90	15
30	Jessica Rogers	41	02:44:02	Ages 40 - 44	1	F	6	Advantage Multisport	Bellingham	41	00:37:18	1	00:01:19	01:36:29	1	00:01:05	00:27:48	1	2:23:32	93	8
31	Tim Kibler	81	02:48:13	Ages 50 - 54	4	M	25		Seattle	51	00:41:24	6	00:01:16	01:32:07	4	00:01:40	00:31:45	5	2:24:00	81	36
32	Kristi Moen	35	02:50:42	Ages 50 - 54	1	F	7	TN Multisport	Seattle	54	00:42:05	1	00:02:17	01:36:29	1	00:01:17	00:28:32	1	2:24:10	93	10
33	Stephen Thomas	97	02:52:59	Ages 50 - 54	5	M	26	V02 Multisport	Kirkland	51	00:40:34	4	00:01:56	01:40:43	5	00:01:27	00:28:17	4	2:28:05	79	43
34	Amanda Milner	9	02:53:46	Ages 20 - 24	1	F	8	PR Performance	Seattle	24	00:41:21	1	00:01:01	01:41:11	1	00:00:56	00:29:14	1	2:39:26	84	28
35	Eric Smith	94	02:54:02	Ages 55 - 59	3	M	27	V02 Multisport	Woodinville	59	00:42:45	4	00:01:59	01:35:44	3	00:01:45	00:31:47	3	2:23:53	82	35
36	Ryan French	70	02:54:58	Ages 40 - 44	7	M	28		Everett	41	00:41:52	7	00:01:00	01:39:30	7	00:01:02	00:31:32	7	2:34:40	76	49
37	Cortney Jacobsen	29	02:55:21	Ages 40 - 44	2	F	9	Northwest Energy Lab	Kenmore	41	00:41:44	2	00:01:21	01:39:40	2	00:01:00	00:31:35	2	2:33:26	87	22
38	Renee Lang	23	02:56:35	Ages 35 - 39	2	F	10		Tacoma	36	00:41:14	2	00:01:07	01:42:44	2	00:01:04	00:30:23	2	2:38:12	85	26
39	George Mckinnon	88	02:57:34	Ages 55 - 59	4	M	29		Woodinville	59	00:42:04	3	00:01:20	01:38:20	4	00:01:43	00:34:05	5	2:26:48	80	39
40	Heather Leach	37	02:59:25	Ages 60 - 64	1	F	11		Seattle	60	00:42:16	1	00:01:42	01:41:17	1	00:02:13	00:31:55	1	2:20:15	95	5
41	Lora Olinger	34	03:00:25	Ages 50 - 54	2	F	12		Bellingham	52	00:42:29	2	00:01:16	01:44:16	2	00:01:13	00:31:09	2	2:32:22	88	20
42	Brian Johnston	66	03:02:01	Ages 35 - 39	5	M	30		Edmonds	39	00:44:20	5	00:02:17	01:43:59	5	00:02:52	00:28:32	4	2:43:32	72	64
43	Kimberly Baba	11	03:02:28	Ages 25 - 29	3	F	13	Pro Sports Club	Seattle	26	00:42:21	3	00:01:26	01:48:07	3	00:00:53	00:29:40	3	2:47:56	80	42
44	Jeff Joyce	58	03:02:34	Ages 30 - 34	5	M	31	TN Multisport	Mill Creek	33	00:45:19	5	00:01:28	01:45:47	5	00:01:18	00:28:40	5	2:50:16	69	69
45	Roger Holcombe	77	03:03:08	Ages 45 - 49	2	M	32	Pro Sports Club	Redmond	45	00:44:04	5	00:01:21	01:42:09	2	00:01:34	00:33:56	4	2:40:09	73	56

Timing by BuDu Racing, LLC

																	-- Age Graded --				
Pos	Name	Race No	Time	Category	Categ Pos	Gender	Gender Pos	Team Name	City	Age	Run1	Run1 Gender Pos	T1	Cycle	Cycle Gender Pos	T2	Run2	Run2 Gender Pos	Adj Time	Percent	Rnk
46	Mary Foster	36	03:03:20	Ages 55 - 59	1	F	14	V02 Multisport	Seattle	58	00:41:42	1	00:01:16	01:46:53	1	00:01:16	00:32:11	1	2:30:13	89	18
47	Tom Barichello	91	03:03:42	Ages 60 - 64	1	M	33		Langley	60	00:42:13	1	00:01:17	01:45:40	1	00:01:54	00:32:35	1	2:27:12	80	41
48	Greg Baribault	104	03:04:18	Ages 40 - 44	8	M	34		Sammamish	43	00:44:07	8	00:01:52	01:39:50	8	00:01:57	00:36:29	8	2:42:56	72	62
49	Michael Lango	50	03:05:29	Ages 25 - 29	5	M	35		Fairview	26	00:41:37	5	00:03:13	01:49:13	6	00:02:14	00:29:09	5	2:56:13	67	76
50	Chris Hidalgo	76	03:06:22	Ages 45 - 49	3	M	36	Pro Sports Club	Issaquah	45	00:42:31	3	00:01:38	01:49:47	4	00:01:48	00:30:36	2	2:42:59	72	63
51	Camila Fletcher	105	03:08:43	Ages 35 - 39	3	F	15		Seattle	39	00:42:53	3	00:02:13	01:50:20	3	00:02:11	00:31:05	3	2:49:04	79	44
52	Eric Hines	43	03:08:58	Ages 50 - 54	6	M	37	Raise the Bar	Auburn	50	00:46:53	8	00:01:46	01:43:58	6	00:02:58	00:33:20	7	2:41:46	72	58
53	Daren Hopper	46	03:09:11	Ages 50 - 54	7	M	38		Everett	52	00:41:54	7	00:02:19	01:44:19	7	00:03:22	00:37:17	8	2:41:57	72	59
54	Scott Demeulemeester	96	03:10:48	Ages 45 - 49	4	M	39	Slalom	Seattle	47	00:43:23	4	00:00:48	01:48:35	3	00:00:58	00:37:03	5	2:46:52	70	66
55	Jennifer Gettmann	32	03:12:30	Ages 45 - 49	1	F	16	Seattle Green Lake Tri Group	Seattle	47	00:43:50	2	00:02:19	01:54:07	2	00:01:32	00:30:39	1	2:46:20	80	37
56	Timothy Dang	84	03:12:40	Ages 50 - 54	8	M	40		Kent	53	00:40:51	5	00:02:44	01:52:48	8	00:03:02	00:33:14	6	2:44:56	71	65
57	Kevin Diefendorf	52	03:13:16	Ages 25 - 29	6	M	41	TN Multisport	Seattle	28	00:47:35	6	00:01:39	01:45:21	5	00:02:18	00:36:21	6	3:03:37	64	78
58	William Rissberger	90	03:13:53	Ages 55 - 59	5	M	42	V02 Multisport	Sammamish	59	00:46:52	6	00:01:38	01:45:28	5	00:02:11	00:37:42	6	2:40:18	73	57
59	Joan Studley	31	03:14:02	Ages 45 - 49	2	F	17		Seattle	46	00:43:09	1	00:02:38	01:53:18	1	00:02:18	00:32:38	2	2:47:40	80	40
60	Danielle Joyce	19	03:14:44	Ages 30 - 34	3	F	18	TN Multisport	Mill Creek	32	00:45:11	3	00:01:44	01:55:46	3	00:01:48	00:30:13	3	2:57:34	75	50
61	Charles Finn	78	03:14:52	Ages 45 - 49	5	M	43		Renton	45	00:37:55	2	00:01:32	02:02:54	5	00:01:10	00:31:18	3	2:50:25	69	70
62	Joepaul Wong	67	03:16:03	Ages 35 - 39	6	M	44		Seattle	39	00:46:54	6	00:02:45	01:51:15	6	00:03:00	00:32:08	6	2:56:09	67	75
63	Kelsey Fanshier	12	03:16:37	Ages 25 - 29	4	F	19		Everett	27	00:43:59	4	00:00:56	01:59:01	4	00:01:05	00:31:33	4	3:00:57	74	55
64	Sally Hamacher	18	03:16:39	Ages 30 - 34	4	F	20	TN Multisport	Seattle	32	00:45:20	4	00:02:17	01:56:05	4	00:01:13	00:31:43	4	2:59:19	75	53
65	William Jones	89	03:16:47	Ages 55 - 59	6	M	45		Sammamish	59	00:47:55	7	00:04:29	01:46:51	6	00:04:32	00:33:00	4	2:42:42	72	61
66	Natalie Stice	22	03:19:55	Ages 35 - 39	4	F	21		Port Orchard	35	00:43:16	4	00:01:22	02:01:11	4	00:00:46	00:33:18	4	2:59:06	75	52
67	Karen Lam	95	03:21:05	Ages 45 - 49	3	F	22	Seattle Green Lake Tri Group	Seattle	48	00:47:44	3	00:01:04	01:57:18	3	00:01:03	00:33:55	3	2:53:45	77	47
68	David Ohern	59	03:21:13	Ages 30 - 34	6	M	46	Seattle Green Lake Tri Group	Seattle	34	00:48:39	6	00:00:54	01:51:23	6	00:01:05	00:39:10	6	3:07:39	63	80
69	Thomas Rhodes	93	03:24:15	Ages 65 - 69	1	M	47		Gig Harbor	67	00:44:35	1	00:02:15	01:56:30	1	00:01:50	00:39:04	1	2:34:29	76	48
70	Megan Murphy	30	03:25:22	Ages 40 - 44	3	F	23		Yakima	42	00:45:55	3	00:01:24	01:59:13	4	00:01:16	00:37:32	3	2:59:42	74	54
71	John Stroupe	44	03:27:40	Ages 55 - 59	7	M	48		Lewiston	55	00:46:32	5	00:01:03	01:59:01	7	00:01:23	00:39:39	7	2:51:41	68	73
72	Paul Mcdaniel	73	03:29:04	Ages 40 - 44	9	M	49	Pro Sports Club	Redmond	43	00:47:18	9	00:04:02	01:58:01	9	00:02:13	00:37:28	9	3:04:49	63	79
73	Jill Anderson	40	03:31:07	Ages 50 - 54	3	F	24		Lakebay	51	00:49:30	3	00:02:14	01:58:39	3	00:01:45	00:38:57	3	2:58:18	75	51
74	Rochelle Armena	26	03:31:53	Ages 40 - 44	4	F	25	TN Multisport	Seattle	40	00:52:27	5	00:01:57	01:56:28	3	00:01:50	00:39:09	4	3:05:24	72	60
75	Jessica Hsue	48	03:32:26	Ages 30 - 34	5	F	26		Boise	32	00:46:04	5	00:02:11	02:03:56	5	00:01:15	00:38:59	6	3:13:43	69	68
76	Erin Tyler	25	03:34:08	Ages 35 - 39	5	F	27		Bonney Lake	38	00:50:23	5	00:02:27	02:02:07	5	00:01:45	00:37:23	5	3:11:50	70	67
77	Caitlin Voegele	15	03:34:08	Ages 30 - 34	6	F	28	TN Multisport	Seattle	30	00:50:37	6	00:02:28	02:05:51	6	00:01:54	00:33:17	5	3:15:16	68	72
78	Tirso Lingad	82	03:41:31	Ages 50 - 54	9	M	50		Burien	51	00:48:03	9	00:02:24	02:06:15	9	00:01:07	00:43:40	9	3:09:38	62	81
79	Katelyn Pelak	13	03:41:46	Ages 25 - 29	5	F	29	Seattle Green Lake Tri Group	Seattle	29	00:49:33	5	00:01:41	02:12:29	5	00:01:02	00:37:00	5	3:24:06	66	77
80	Whitney Millington	98	03:42:07	Ages 40 - 44	5	F	30	Pro Sports Club Tri Team	Bellevue	44	00:51:11	4	00:04:22	02:02:30	5	00:02:37	00:41:25	5	3:14:21	69	71
81	Brijesh Bhatia	71	03:43:13	Ages 40 - 44	10	M	51		Redmond	42	00:47:21	10	00:04:04	02:10:35	10	00:02:09	00:39:02	10	3:17:20	59	82
82	Christopher Zarlengo	42	03:43:31	Ages 30 - 34	7	M	52	Raise the Bar	Auburn	34	00:55:47	7	00:01:43	01:55:36	7	00:01:28	00:48:55	7	3:28:27	56	83
83	Kim Holt	33	03:48:14	Athena	1	F	31		Gig Harbor	48	00:55:32	1	00:02:27	02:06:25	1	00:01:03	00:42:46	1	3:17:13	68	74
	Bill Sharer	87		Ages 55 - 59		M			Auburn	57	00:53:12		00:02:45								
	Sam Herman	55		Ages 30 - 34		M			Seattle	31	00:34:23		00:01:04	01:17:51							
	Elisa Roth	24		Ages 35 - 39		F			Bothell	37	00:55:20		00:03:42								
	Lisa Steppe	39		Ages 45 - 49		F		Bikesale.com/Velobody	Auburn	45	00:39:55		00:02:22								
	Sergio Clemente Filho	60		Ages 30 - 34		M		V02 Multisport	Kirkland	34	00:32:42		00:00:51	01:22:32		00:00:55					
	Alex Tornow	68		Ages 35 - 39		M			Seattle	39	00:34:45		00:01:16								
	Lara Diener	103		Ages 40 - 44		F			Seattle	45	00:55:23		00:02:12								

Mt Rainier Duathlon

Short Course Overall Results

Sunday, April 30, 2017

If you have questions about your results, please email Info@BuDuRacing.com.

Thanks to Michael Gray for the Age Graded Results.

Timing by BuDu Racing, LLC

Pos	Name	Race No	Time	Category	Categ Pos	Gender	Gender Pos	Team Name	City	Age	Run1	Run1 Gender Pos	T1	Cycle	Cycle Gender Pos	T2	Run2	Run2 Gender Pos	-- Age Graded --		
																			Adj Time	Percent	Rnk
1	Leighton Overson	299	01:12:33	Ages 35 - 39	1	M	1		Sedro Woolley	38	00:09:09	3	00:00:43	00:39:39	1	00:00:40	00:22:20	2	1:05:11	99	2
2	Jeevan Philip	194	01:15:46	Ages 20 - 24	1	M	2	University of WA Tri Team	Seattle	22	00:08:45	1	00:00:32	00:43:16	6	00:00:58	00:22:12	1	1:12:46	88	17
3	Drew Magill	298	01:16:38	Ages 50 - 54	1	M	3	V02 Multisport	Bellevue	52	00:10:18	9	00:00:33	00:39:42	2	00:00:41	00:25:23	7	1:05:36	98	3
4	Josh Adams	189	01:16:43	Ages 35 - 39	2	M	4	Raise the Bar	Puyallup	35	00:09:39	5	00:00:54	00:40:26	3	00:00:43	00:24:59	5	1:08:55	93	8
5	Daryl Smith	178	01:17:22	Ages 45 - 49	1	M	5	Advantage Multisport	Bellingham	46	00:10:06	8	00:00:48	00:41:18	4	00:00:44	00:24:23	4	1:07:39	95	6
6	Derrick Howlett	195	01:17:42	Ages 19 and Under	1	M	6		Kent	18	00:09:08	2	00:00:54	00:42:48	5	00:00:57	00:23:53	3	1:14:26	86	24
7	Zachary Kieffer	190	01:20:20	Ages 30 - 34	1	M	7	TN Multisport	Maple Valley	32	00:09:27	4	00:00:54	00:44:02	8	00:00:42	00:25:13	6	1:14:55	86	25
8	Adam Heiner	183	01:20:47	Ages 40 - 44	1	M	8	Raise the Bar	Seattle	43	00:09:57	6	00:00:41	00:43:47	7	00:00:42	00:25:38	8	1:11:25	90	14
9	Team Drangsholt	144	01:22:37	Relay	1	Mixed	1		Seattle	0	00:10:59	1	00:00:25	00:43:52	1	00:00:29	00:26:50	1	0:00:00	0	0
10	Thomas Goos	179	01:25:02	Ages 45 - 49	2	M	9	V02 Multisport	Kirkland	46	00:10:30	11	00:00:52	00:44:53	10	00:01:15	00:27:30	12	1:14:22	87	23
11	Rosalind Smith	146	01:26:00	Ages 25 - 29	1	F	1		Seattle	27	00:10:00	2	00:01:18	00:49:03	6	00:01:23	00:24:15	1	1:19:09	93	10
12	Stacia Mcinnes	300	01:26:06	Ages 50 - 54	1	F	2	TriReality Coaching	Kenmore	50	00:11:11	6	00:00:47	00:45:08	1	00:00:42	00:28:16	6	1:12:43	101	1
13	Karen Corona	287	01:26:17	Ages 30 - 34	1	F	3		Seattle	30	00:09:59	1	00:00:34	00:48:56	5	00:00:45	00:26:01	3	1:18:41	93	9
14	Jeff Derstadt	185	01:26:53	Ages 35 - 39	3	M	10		Sammamish	39	00:10:27	10	00:00:56	00:47:30	17	00:00:47	00:27:11	10	1:18:03	82	33
15	Richard Campbell	166	01:27:13	Ages 55 - 59	1	M	11	V02 Multisport	Redmond	57	00:11:39	20	00:00:54	00:44:49	9	00:00:56	00:28:53	15	1:12:06	89	16
16	Sara Massie	280	01:27:15	Ages 40 - 44	1	F	4		Vancouver	43	00:10:22	3	00:01:03	00:49:10	7	00:00:52	00:25:47	2	1:16:20	96	4
17	Rich Camacho	158	01:27:30	Ages 40 - 44	2	M	12	V02 Multisport	Lynnwood	43	00:10:04	7	00:01:06	00:49:12	23	00:01:09	00:25:57	9	1:17:21	83	30
18	Rob Rogers	149	01:27:51	Ages 40 - 44	3	M	13	Bellingham Tri Club	Bellingham	41	00:11:05	15	00:01:03	00:45:22	11	00:01:17	00:29:03	17	1:17:39	83	31
19	David Lasorsa	199	01:28:28	Ages 60 - 64	1	M	14		Port Angeles	60	00:11:47	22	00:00:45	00:46:42	13	00:00:42	00:28:30	14	1:10:53	91	12
20	Teresa Webb	282	01:29:17	Ages 40 - 44	2	F	5	TN Multisport	Seattle	40	00:11:59	11	00:00:48	00:45:56	2	00:00:48	00:29:45	11	1:18:07	94	7
21	Wade Hoiland	297	01:29:48	Ages 60 - 64	2	M	15	Team Wade	Pullman	61	00:10:42	12	00:01:07	00:49:36	25	00:00:56	00:27:26	11	1:11:57	89	15
22	Domhnall Wildy	191	01:30:24	Ages 30 - 34	2	M	16	TN Multisport	Auburn	32	00:11:56	25	00:01:38	00:46:09	12	00:01:10	00:29:28	21	1:24:18	76	47
23	David Pokluda	181	01:31:23	Ages 40 - 44	4	M	17	Pro Sports Club	Redmond	44	00:11:32	18	00:01:14	00:49:11	22	00:01:25	00:28:00	13	1:20:47	80	36
24	Laura Wiley	151	01:32:02	Ages 45 - 49	1	F	6	10 Barrel	Beaverton	45	00:11:52	9	00:01:01	00:47:35	3	00:01:21	00:30:12	13	1:19:31	92	11
25	Hugh Zabriskie	250	01:32:14	Ages 20 - 24	2	M	18		Redmond	23	00:11:14	16	00:01:37	00:47:50	18	00:01:30	00:30:02	23	1:28:35	73	62
26	Mary Doherty	260	01:32:22	Ages 40 - 44	3	F	7	Advantage Multisport	Bellingham	41	00:12:12	13	00:00:55	00:48:00	4	00:01:23	00:29:52	12	1:20:49	91	13
27	Jarek Hughes	184	01:32:25	Ages 40 - 44	5	M	19		Everett	40	00:12:39	34	00:00:41	00:48:28	21	00:01:06	00:29:28	22	1:21:42	79	41
28	Kelsey Morfitt	285	01:32:46	Ages 30 - 34	2	F	8		Bonney Lake	33	00:11:49	8	00:00:56	00:50:22	10	00:01:05	00:28:31	8	1:24:35	87	21
29	Robert Gresham	254	01:33:29	Ages 40 - 44	6	M	20		Renton	40	00:11:37	19	00:01:53	00:46:44	14	00:02:21	00:30:51	26	1:22:38	78	43
30	Marlyce Capistran	286	01:34:39	Ages 30 - 34	3	F	9	TN Multisport	Seattle	31	00:11:19	7	00:00:40	00:53:50	14	00:01:00	00:27:49	5	1:26:18	85	26
31	Karl Dambrosio	173	01:34:58	Ages 50 - 54	2	M	21		Seattle	52	00:13:37	46	00:01:02	00:47:04	15	00:01:12	00:32:00	36	1:21:18	79	40
32	Renee Kenny	145	01:35:04	Ages 25 - 29	2	F	10	TN Multisports	Seattle	29	00:11:54	10	00:01:07	00:50:44	11	00:01:36	00:29:41	10	1:27:29	84	28
33	Wolf Hillesheim	162	01:35:20	Ages 70 and Over	1	M	22		El Sobrante	72	00:12:49	36	00:00:33	00:50:30	26	00:00:34	00:30:52	27	1:07:34	95	5
34	Nathan Schreiner	143	01:35:23	Ages 40 - 44	7	M	23		Lacey	44	00:13:43	49	00:01:09	00:47:15	16	00:01:32	00:31:41	30	1:24:19	76	49
35	Guy Haycock	171	01:35:32	Ages 50 - 54	3	M	24		Seattle	53	00:13:06	38	00:01:15	00:48:01	19	00:01:48	00:31:19	29	1:21:47	79	42
36	Kristina Chalfant	259	01:36:36	Ages 40 - 44	4	F	11	TriReality Coaching	Issaquah	43	00:12:30	17	00:01:06	00:49:43	8	00:00:59	00:32:16	19	1:24:31	87	20
37	Ruel Merrill	192	01:36:48	Clydesdale	1	M	25		Tacoma	28	00:12:35	32	00:01:23	00:49:24	24	00:01:05	00:32:19	38	1:31:58	70	75
38	Ray Makela	253	01:37:01	Ages 50 - 54	4	M	26	V02 Multisport	Redmond	53	00:12:22	30	00:01:00	00:50:41	27	00:01:38	00:31:18	28	1:23:03	77	45
39	Arno Hartevelde	175	01:37:11	Ages 45 - 49	3	M	27	Pro Sports Club	Sammamish	48	00:13:40	47	00:00:54	00:48:07	20	00:00:50	00:33:39	45	1:24:59	76	53
40	Tafara Pulse	153	01:37:33	Ages 30 - 34	4	F	12	Sound Training & Racing	Seattle	34	00:11:09	5	00:01:17	00:56:03	20	00:01:16	00:27:46	4	1:28:57	82	32
41	Alexander Kulsa	157	01:37:37	Ages 25 - 29	1	M	28		Kenmore	25	00:11:01	13	00:01:28	00:51:27	29	00:01:46	00:31:54	32	1:32:44	69	81
42	Jennifer Ewanich	296	01:37:41	Ages 19 and Under	1	F	13	University of WA Tri Team	Seattle	19	00:11:05	4	00:01:19	00:55:51	19	00:00:58	00:28:26	7	1:27:26	84	27
43	Sean Taylor	141	01:37:56	Ages 45 - 49	4	M	29		Gig Harbor	48	00:12:32	31	00:02:05	00:53:10	35	00:00:45	00:29:22	20	1:25:39	75	56
44	Eric Belker	172	01:38:29	Clydesdale	2	M	30		Frenchtown	52	00:13:07	39	00:01:00	00:51:31	30	00:00:54	00:31:55	33	1:24:18	76	48
45	Wanda Howlett	271	01:38:43	Ages 50 - 54	2	F	14		Kent	54	00:12:24	15	00:01:07	00:50:08	9	00:01:09	00:33:53	24	1:23:22	88	18
46	Derek Watanabe	154	01:39:19	Ages 50 - 54	5	M	31	V02 Multisport	Issaquah	54	00:12:48	35	00:01:16	00:51:02	28	00:01:12	00:32:58	41	1:25:01	76	54
47	Standley Douglas	148	01:39:23	Ages 35 - 39	4	M	32		Martha Lake	35	00:11:45	21	00:01:13	00:52:00	31	00:01:05	00:33:18	44	1:29:17	72	65
48	Benjamin Sommers	186	01:40:49	Ages 35 - 39	5	M	33	Seattle Green Lake Tri Group	Sammamish	39	00:12:15	29	00:01:36	00:56:12	44	00:01:33	00:29:11	18	1:30:35	71	73
49	Amy Swanson	147	01:41:16	Ages 30 - 34	5	F	15		Snoqualmie	33	00:12:00	12	00:01:19	00:57:46	23	00:01:11	00:28:58	9	1:32:20	79	38
50	Fernando Nogueira	177	01:42:03	Ages 45 - 49	5	M	34		Kirkland	46	00:13:41	48	00:01:41	00:52:40	33	00:01:28	00:32:31	39	1:29:15	72	64
51	Brian Russell	180	01:42:05	Ages 40 - 44	8	M	35		Issaquah	44	00:13:19	42	00:00:40	00:57:44	46	00:01:01	00:29:19	19	1:30:14	71	70
52	Ruben Davila	137	01:42:11	Ages 35 - 39	6	M	36		Puyallup	39	00:11:50	24	00:02:36	00:55:49	43	00:01:23	00:30:32	25	1:31:48	70	74

Pos	Name	Race No	Time	Category	Categ Pos	Gender	Gender Pos	Team Name	City	Age	Run1	Run1 Gender Pos	T1	Cycle	Cycle Gender Pos	T2	Run2	Run2 Gender Pos	Adj Time	Percent	Rnk
53	Robert Meyer	169	01:42:16	Ages 50 - 54	6	M	37		Seattle	54	00:11:58	26	00:01:32	00:54:51	38	00:01:50	00:32:02	37	1:27:33	74	58
54	Trevor Pennell	188	01:42:28	Ages 35 - 39	7	M	38		Tacoma	36	00:13:16	41	00:01:30	00:53:48	36	00:01:56	00:31:56	35	1:32:04	70	77
55	Brian Perry	174	01:43:01	Ages 50 - 54	7	M	39		Covington	51	00:12:13	28	00:01:56	00:57:45	47	00:02:04	00:29:02	16	1:28:11	73	60
56	Denise Hovland	273	01:43:52	Ages 50 - 54	3	F	16	Raise the Bar	Maple Valley	51	00:13:39	25	00:01:42	00:53:30	12	00:01:49	00:33:10	21	1:27:43	84	29
57	Reid Wagner	249	01:43:53	Ages 25 - 29	2	M	40		Seattle	25	00:11:48	23	00:01:07	00:55:10	41	00:01:07	00:34:39	48	1:38:42	65	96
58	Wendy Graves	275	01:44:15	Ages 45 - 49	2	F	17	Raise the Bar	Kent	49	00:12:47	18	00:01:09	00:57:54	24	00:00:55	00:31:28	17	1:30:05	81	34
59	Jacob Ferry	187	01:44:29	Ages 35 - 39	8	M	41		Bellingham	37	00:11:27	17	00:01:17	00:57:57	48	00:01:57	00:31:50	31	1:33:52	69	88
60	Tom Parker	252	01:44:55	Ages 70 and Over	2	M	42		Merced	72	00:13:15	40	00:01:09	00:52:58	34	00:00:54	00:36:38	53	1:14:21	87	22
61	Jaime Greene	140	01:45:20	Ages 40 - 44	5	F	18		Renton	41	00:13:42	26	00:01:00	00:54:15	15	00:01:27	00:34:54	26	1:32:10	80	37
62	Jason Cruz	156	01:45:23	Ages 40 - 44	9	M	43	V02 Multisport	Bellevue	42	00:12:38	33	00:01:27	00:57:25	45	00:00:59	00:32:52	40	1:33:09	69	84
63	Kuanling Yeh	283	01:45:30	Ages 35 - 39	1	F	19	Seattle Green Lake Tri Group	Sammamish	39	00:12:55	19	00:01:17	00:58:55	25	00:01:32	00:30:49	15	1:34:31	78	44
64	Natalie Vandevanter	295	01:45:36	Ages 20 - 24	1	F	20	University of WA Tri Team	Vashon	20	00:12:26	16	00:00:52	00:59:22	26	00:01:10	00:31:45	18	1:36:53	76	52
65	Brian Stanhope	161	01:45:53	Ages 40 - 44	10	M	44		Woodinville	42	00:12:09	27	00:02:11	00:58:07	49	00:01:28	00:31:55	34	1:33:36	69	86
66	Nancy Taylor	142	01:46:01	Ages 45 - 49	3	F	21		Gig Harbor	47	00:13:27	24	00:01:31	00:57:21	21	00:01:22	00:32:19	20	1:31:36	80	35
67	Don Robertson	160	01:46:04	Ages 45 - 49	6	M	45		Puyallup	49	00:14:19	53	00:01:33	00:55:09	40	00:01:49	00:33:12	43	1:32:45	69	82
68	Danielle Joyce	152	01:46:14	Ages 35 - 39	2	F	22	TriReality Coaching	Olympia	38	00:14:12	29	00:01:05	00:55:21	18	00:01:21	00:34:13	25	1:35:10	77	46
69	Aron Anderson	176	01:46:24	Ages 45 - 49	7	M	46		Seattle	47	00:13:29	45	00:02:39	00:52:14	32	00:03:03	00:34:57	50	1:33:03	69	83
70	Michelle Musia	266	01:46:56	Ages 45 - 49	4	F	23		Enterprise	46	00:13:05	20	00:00:51	00:55:02	17	00:01:01	00:36:55	32	1:32:24	79	39
71	Gloria Califf	268	01:47:22	Ages 60 - 64	1	F	24		Redmond	64	00:14:33	31	00:01:53	00:53:32	13	00:01:42	00:35:40	28	1:23:55	87	19
72	Edward Yee	150	01:47:27	Ages 45 - 49	8	M	47		Puyallup	47	00:14:12	52	00:01:34	00:55:06	39	00:01:39	00:34:53	49	1:33:58	68	89
73	Thomas Willemin	200	01:47:52	Ages 50 - 54	8	M	48	RWB	Tacoma	51	00:13:46	50	00:01:13	00:54:47	37	00:01:44	00:36:19	52	1:32:20	70	79
74	Jeff Lango	170	01:48:14	Ages 50 - 54	9	M	49		Fairview	53	00:13:20	43	00:02:58	00:55:33	42	00:02:42	00:33:39	46	1:32:39	69	80
75	Emily Van Hollebeke	294	01:48:59	Ages 20 - 24	2	F	25		Bremerton	24	00:12:14	14	00:02:37	00:57:29	22	00:02:46	00:33:51	23	1:39:59	73	59
76	Ryan Van Der Elst	193	01:50:55	Ages 25 - 29	3	M	50		Seattle	26	00:11:05	14	00:02:07	01:05:57	55	00:01:36	00:30:08	24	1:45:23	61	99
77	Hannah Appplewhite	291	01:51:06	Ages 25 - 29	3	F	26		Tacoma	27	00:13:23	23	00:01:21	01:04:28	36	00:00:50	00:31:03	16	1:42:15	72	67
78	Lisa Gerard	277	01:51:53	Ages 45 - 49	5	F	27	Raise the Bar	Maple Valley	46	00:15:09	39	00:01:02	00:55:00	16	00:01:22	00:39:18	38	1:36:40	76	50
79	Dan Zenner	164	01:52:10	Ages 60 - 64	3	M	51		moscow	64	00:13:22	44	00:01:22	01:01:03	53	00:01:21	00:35:01	51	1:29:53	72	68
80	Jennifer O'meara	159	01:52:17	Ages 35 - 39	3	F	28		Newcastle	38	00:13:13	21	00:02:21	01:03:49	32	00:02:29	00:30:22	14	1:40:35	73	61
81	Ron Whitney	163	01:53:18	Ages 65 - 69	1	M	52		Lake Tapps	65	00:13:47	51	00:01:23	00:59:51	50	00:01:35	00:36:41	54	1:25:41	75	57
82	Eugene Kow	197	01:53:36	Ages 30 - 34	3	M	53	Pro Sports Club	Bellevue	33	00:15:12	55	00:01:40	01:00:57	51	00:01:42	00:34:03	47	1:45:56	61	100
83	Andrea Huck	261	01:54:29	Ages 35 - 39	4	F	29		Kirkland	36	00:13:53	28	00:03:20	01:00:25	27	00:03:24	00:33:27	22	1:42:34	72	69
84	Michael Mager	168	01:54:50	Ages 50 - 54	10	M	54		Seattle	54	00:15:11	54	00:02:29	01:00:57	52	00:03:00	00:33:11	42	1:38:18	65	95
85	Katherine Pratt	267	01:56:30	Ages 30 - 34	6	F	30		Seattle	32	00:13:51	27	00:01:41	01:04:02	33	00:01:23	00:35:30	27	1:46:14	69	85
86	Janet Morton	139	01:58:04	Ages 55 - 59	1	F	31		Seattle	59	00:14:46	33	00:01:28	01:04:09	34	00:01:53	00:35:47	29	1:36:44	76	51
87	Robin Cerka	264	01:59:27	Ages 45 - 49	6	F	32	Pro Sports Club	Redmond	46	00:15:04	38	00:01:43	01:02:11	30	00:01:48	00:38:39	36	1:43:13	71	72
88	Antje Russell	281	01:59:51	Ages 40 - 44	6	F	33		Issaquah	42	00:13:19	22	00:01:09	01:07:50	43	00:01:12	00:36:19	31	1:44:52	70	76
89	Alison Klima	289	01:59:55	Ages 25 - 29	4	F	34	V02 Multisport	Kirkland	29	00:16:41	46	00:01:10	01:02:49	31	00:01:33	00:37:40	33	1:50:22	66	91
90	Margaret Hopkins	272	02:00:35	Ages 50 - 54	4	F	35	V02 Multisport	Kirkland	52	00:16:32	45	00:01:49	01:00:31	28	00:02:07	00:39:35	41	1:41:50	72	66
91	Ellen Kim	292	02:01:31	Ages 25 - 29	5	F	36		Tacoma	26	00:14:50	34	00:01:38	01:05:04	38	00:02:09	00:37:48	34	1:51:50	66	94
92	Tina Sharer	274	02:01:58	Ages 50 - 54	5	F	37		Auburn	50	00:15:22	40	00:01:05	01:04:34	37	00:01:31	00:39:24	40	1:43:00	71	71
93	Mark Spears	196	02:02:45	Ages 55 - 59	2	M	55		Lewiston	55	00:15:33	58	00:01:21	01:04:04	54	00:01:47	00:39:59	55	1:41:29	63	98
94	Samantha Mulroy	155	02:02:47	Ages 25 - 29	6	F	38	Pro Sports Club	Issaquah	27	00:14:54	35	00:02:21	01:04:10	35	00:03:06	00:38:14	35	1:53:00	65	97
95	Harpreet Virk	278	02:03:39	Ages 45 - 49	7	F	39		Olympia	45	00:14:39	32	00:01:58	01:07:16	42	00:03:26	00:36:18	30	1:46:51	69	87
96	Tara Seever	269	02:04:42	Ages 60 - 64	2	F	40		Bellevue	60	00:15:00	36	00:02:05	01:05:36	39	00:03:09	00:38:50	37	1:37:28	75	55
97	Suzanne Brown	258	02:06:02	Ages 40 - 44	7	F	41	Sound Training & Racing	Seattle	44	00:15:47	41	00:01:31	01:05:36	40	00:01:42	00:41:25	43	1:50:17	67	90
98	Jennifer Semsey	265	02:07:32	Ages 40 - 44	8	F	42	Pro Sports Club	Bothell	43	00:15:03	37	00:02:28	01:06:40	41	00:03:58	00:39:21	39	1:51:35	66	93
99	Cathy Jeney	138	02:08:09	Ages 55 - 59	2	F	43		Seattle	58	00:15:50	42	00:03:28	01:02:08	29	00:03:48	00:42:53	45	1:45:00	70	78
100	Susann Babaei	288	02:11:48	Ages 25 - 29	7	F	44	Sound Training & Racing	Seattle	29	00:16:27	44	00:02:01	01:08:02	44	00:02:02	00:43:14	46	2:01:18	60	102
101	Shane Erickson	198	02:12:14	Ages 60 - 64	4	M	56		Bellevue	61	00:15:42	59	00:03:09	01:10:34	57	00:02:04	00:40:43	56	1:45:57	61	101
102	Sandra Mumanachit	290	02:12:15	Ages 25 - 29	8	F	45		Seattle	29	00:14:20	30	00:01:21	01:13:52	47	00:01:23	00:41:17	42	2:01:43	60	103
103	Patrick Griffith	251	02:13:47	Clydesdale	3	M	57		Olympia	54	00:15:26	56	00:03:03	01:06:09	56	00:03:27	00:45:39	57	1:54:32	56	104
104	Solange Sanderson	263	02:15:14	Ages 55 - 59	3	F	46	TN Multisport	Seattle	59	00:15:52	43	00:03:28	01:10:47	46	00:02:15	00:42:50	44	1:50:48	66	92
105	Dave Virk	167	02:24:09	Ages 50 - 54	11	M	58		Olympia	54	00:15:31	57	00:01:52	01:19:31	58	00:01:18	00:45:56	58	2:03:24	52	105
106	Frances Marquart	255	02:35:03	Ages 70 and Over	1	F	47		Lakewood	75	00:21:38	48	00:02:56	01:10:12	45	00:02:41	00:57:33	48	1:41:16	72	63
107	Mary Jordan	262	03:07:58	Ages 30 - 34	7	F	48	University of WA Tri Team	Bremerton	31	00:18:43	47	00:01:18	01:50:49	48	00:01:00	00:56:05	47	2:51:24	43	106
	Chris Chesson	165		Ages 55 - 59		M		Advantage Multisport	Sedro Woolley	59											