

DASH FOR A CURE! RUNS

June 8, 2019

Blue Heron Park
(111 Westshore Drive, Moses Lake 98837)

****Start time 8:15****



Parking ~ Please remember the Triathlon will be using the boat launch parking as well as bikers going through the parking lot. You may be unable to move your vehicle during the event.

Pre-event Meeting ~ 8:05am at the Start/Finish in the park (look for the blue, inflatable arch).

General Information

- Head sets are not allowed at any time
- Bib # must be forward facing at all times (especially when crossing the finish line), timing chip must go on your left ankle
- The course start will be through the finish line and out to the bridge to the community trail
- Be aware of others on the path as it is open to everyone, including cyclist

Local Moses Lake Sponsors



BuDu Racing, LLC Sponsors



Awards and Random Drawing Prizes

Awards will be given out 3 deep in each 10 year age group (20-29, 30-39, 40-49, 50-59, and 60+, for the youth it will be U11, 12-15 and 16-19). Once a majority of the participants have completed the event we will present awards. **Random Drawing Prizes will be given during the awards ceremony.** We will not mail awards, if you place and are unable to wait for the awards ceremony, please stop by the BuDu Trailer to request your medal. Overall times will be posted at the event and on www.BuDuRacing.com as soon as possible.

Run Course

<http://www.mapmytri.com/routes/view/6511238>

5K turn around is at the first water station,
10K turn around is at the second water station.

