

# BuDu Racing, LLC COVID-19 Safety Measures

At BuDu Racing, LLC we believe that our duty as event organizers is to promote events that are fun and safe. We all know that COVID-19 impacted 2020 with events being postponed, canceled or becoming virtual. BuDu Racing, LLC is taking this seriously and are working to adapt the guidelines recommended from Washington State and the CDC that all participants will be REQUIRED to adhere to in order to attend one of our events.

With all the information that has come up in the news regarding COVID it is creating uncertainty about the risks of attending events. The CDC (Center for Disease Control and Prevention) gives some tips for reducing the risk of contracting COVID-19. Some of these tips include wearing mask, being in an outdoor setting, and always maintaining 6ft distance between you and others not in your household. We will be outlining below how we will be requiring these things.

The Department of Health for Washington State says that the "transmission is normally through respiratory droplets from coughing or sneezing." It also states that "when outdoors, a mask is not needed if sufficient spacing is possible". **That being said, we figure we will have some people who put us in the awkward position of having to remind participants to put their mask on, and we will do that, just like we require helmets.**

We have paid close attention to the Governor's guidelines for phases to open in order to determine what we need to do to promote an event in a safe manner. Below are guidelines that participants must adhere to ensure a safe event happens. (Will closely monitor all changes issued from the Office of the Governor, the Department of Labor & Industries, and the Department of Health. An amendment to this section may be needed as the Covid-19 pandemic changes through 2021. Guidelines may be re-evaluated prior to the event date based on the status of the pandemic.)

## Maintaining Physical Distance

- Avoid gathering around others and keep a six-foot interpersonal distance from anyone not in your household whenever possible
- Once you finish your race, you will be REQUIRED to put your mask on, pack up your equipment and leave. Phase 1 does not allow ceremonies, but Phase 3 does not. As long as we are in Phase 3 we will have an awards ceremony, with 6 foot distancing for winners at the podium. However, participants will need to use their phone to access results, they will not be posted onsite, as that would create a place for congregate
- We ask you travel to and from the event with those who are in your household
- Only registered participants (or guardians) are able to be at the event, so contact tracing is easily tracked. Again, Phase 1 does not allow this, but Phase 3 says "Spectators must wear facial coverings. Spectators must remain at least six feet distanced from other spectators outside their household."
- A sound system will be in place that will allow BuDu to continually remind participants they are required to practice all COVID safety protocol
- Volunteer/COVID Supervisor/BuDu staff member will be monitoring the check in area, port-a-potty area and start area to ensure participants maintain physical distance and reminding people to adhere to these Safety Measures. Those not willing to adhere will be asked to leave.

## Wear a mask and Practice Good Hygiene

- Hand sanitizer will be available and should be used frequently throughout the day while you are at the event site
- Cones indicating 6 feet distancing will be placed at the port-a-potty area and at the packet pick up area
- Hourly sanitizing of the port-a-potty area will occur
- A mask or face covering must be worn at the event, at all times before and after the event, and when entering the transition area during the event. It may be removed if you are eating or drinking, but must be put it back on once you finish
- Avoid touching your eyes, nose, and mouth
- If you need to sneeze or cough please make sure to cover your nose or mouth and use sanitizer afterwards, if possible (understanding that while participating, this would not be possible)
- Avoid spitting or blowing a snot rocket from your bike or while running during the event or at least while others are around you, if noticed by a BuDu Staff or Volunteer, you will be asked to leave

## Stay home if you are sick or vulnerable

- If you have had
  - A fever
  - Nausea or vomiting
  - Shortness of breath or difficulty breathing
  - A cough
  - New loss of taste or smell
  - Or, been in close contact with anyone who has tested positive with COVID
- Or any other COVID like symptoms occur **please stay home and get well**
- If you are in a high-risk category (65 and over and/or immune compromised) consider the risk of attending the event
- While you are at the race if you start to experience COVID like symptoms please notify a BuDu staff member and self-quarantine away from others until you can leave the race

## Registration Miscellaneous

- All event registration will be done online and will close the day before at 8am. We will ask that participants pick up their packet at one of the earlier packet pick up times, so that the morning of there is not a huge line. This will take some effort, but I believe people can do it. It is not realistic to mail out packets. If you are interested in picking up at BuDu Headquarter, please email [Deanna@BuDuRacing.com](mailto:Deanna@BuDuRacing.com)
- Cones indicating 6 feet will be placed at the packet pick up area,
- In order to register, participants need to agree to their understanding of COVID-19 protocol disclaimer and requirement to self monitor COVID-19 symptoms
- Hourly sanitizing of the packet pick up area will occur

- Registrations will be capped based on the County Phase where the event is (as it may differ per county)
- BuDu staff and volunteers will be requested to self-monitor COVID symptoms and check their temperature before coming to the event and not attend if they have any of the symptoms above
- A barrier between the BuDu staff and customers to minimize direct contact as well as staff/volunteers will wear a mask at all times, which is where participants will receive their bike plate and/or check in to the event. Since only registered participants are allowed there is no need for contact other than the transfer of the bike plate
- High touch surfaces will be cleaned regularly and there will be a sanitizing station at the registration area
- Garbage cans without lids will be onsite

## Competition Area

- Currently a Time Trial Start will be used, meaning one person will start every 10-15 seconds (however with Phase 3 this may be adjusted to allow starting waves of 30 people)
  - A BuDu staff member will be starting each person individually as they arrive at the start area. This will avoid crowds at the start area.
  - With different course lengths, we will be able to monitor how many people are starting, as we cannot start more than 200 in one hour
- Cones indicating 6 feet will be placed at the start area
- Participants are required to bring their own water/hydration, as minimal will be provided
- Depending on the phase requirement, we will determine how many bikes per rack will be allowed, and participants will need to have their mask on at all times in the transition area, when not competing
- Masks are required to be worn prior to the start, in transition and once you finish your race, you will be REQUIRED to put your mask on, pack up your equipment and leave quickly.
- As long as we are in Phase 3 we will have an awards ceremony, with 6 foot distancing for winners at the podium. However, participants will need to use their phone to access results, they will not be posted onsite, as that would create a place for congregate
- Spectators will **NOT** be allowed in Phase 1, but Phase 3 says "Spectators must wear facial coverings. Spectators must remain at least six feet distanced from other spectators outside their household."

## Signage

- There will be signage reminding participants of the following:
  - Did you Self Monitor your Symptoms today? If not, please go home. (at entrance and at check in area)
  - Mask Required at all time pre- and post- participating
  - Hand Sanitizer Station (check in area and port-a-potty area)
  - Social Distancing Required (maintain 6 feet distance)

**BuDu will actively be monitoring the registration area, port-a-potty area and competition area to ensure that best practices of social distancing and mask wearing are occurring. If a participant is unwilling to adhere to the safety measure, they will be asked to leave.**

**Event is outdoor**