

# Five Mile Lake Triathlon

## Age Group Results

Saturday, June 16, 2007

BuDu Racing Event Timing

### Open

#### Female 20 to 24

Overall			----- Swim -----			T-1	----- Bike -----			T-2	----- Run -----			Total	
<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace/ Mile</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate MPH</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace/ Mile</u>	<u>Time</u>
1	87	Naomi Bishop	23	1	6:25.7	25:40	1:29.8	1	50:48.3	16.5	0:26.3	1	29:38.3	9:34	1:28:48.4
2	114	Ashley Peterson	24	3	8:47.4	35:08	2:14.8	2	55:14.2	15.2	1:36.9	3	32:56.4	10:37	1:40:49.7
3	122	Magdalena Zimmerman	24	2	7:28.9	29:52	3:48.3	3	1	12.1	0:33.4	2	30:50.4	9:57	1:52:23.1

#### Female 25 to 29

Overall			----- Swim -----			T-1	----- Bike -----			T-2	----- Run -----			Total	
<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace/ Mile</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate MPH</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace/ Mile</u>	<u>Time</u>
1	28	Elizabeth Thompson	29	1	5:24.0	21:36	0:52.4	2	45:21.4	18.5		1	24:30.4	7:54	1:15:44.0
2	42	Dominique Wilmore	27	4	5:48.5	23:12	0:56.0	1	45:02.6	18.7	0:47.2	2	25:22.3	8:11	1:17:56.6
3	76	Katie Feeman	26	3	5:44.8	22:56	2:32.0	3	49:33.0	17.0	1:36.5	3	26:29.8	8:33	1:25:56.1
4	92	Marcy Dehnert	28	6	7:17.8	29:08	2:26.0	5	53:33.2	15.7		4	27:19.9	8:49	1:30:36.9
5	97	Harmony Danner	26	2	5:25.0	21:40	2:37.3	4	52:00.9	16.2	1:14.3	8	32:29.8	10:29	1:33:47.3
6	99	Melinda van Honschooten	29	5	6:52.2	27:28	2:05.3	7	56:22.8	14.9	0:47.6	5	29:37.3	9:33	1:35:45.2
7	103	Tabitha Straw	27	8	8:03.0	32:12	1:32.2	8	56:49.3	14.8	0:36.2	6	30:18.0	9:46	1:37:18.7
8	108	Jackie Jarvis	26	9	8:15.9	33:00	4:17.8	6	54:00.0	15.6	0:54.0	7	31:23.5	10:07	1:38:51.2
9	119	Suzanne Laha	29	7	7:22.9	29:28	3:37.7	9	2	13.9	1:15.7	9	33:12.8	10:43	1:45:43.3

#### Female 30 to 34

Overall			----- Swim -----			T-1	----- Bike -----			T-2	----- Run -----			Total	
<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace/ Mile</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate MPH</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace/ Mile</u>	<u>Time</u>
1	45	Erica Eller	31	4	6:12.6	24:48	0:58.7	3	47:08.4	17.8	0:57.2	1	22:58.6	7:25	1:18:15.5
2	47	Rachel Klein	32	2	6:00.3	24:00	1:44.0	1	45:50.7	18.3	0:52.2	3	24:31.3	7:55	1:18:58.5
3	50	Julie Taylor	30	3	6:05.5	24:20	2:23.2	2	46:02.1	18.2	0:45.0	2	24:01.2	7:45	1:19:17.0
4	94	Julie Dresch	33	5	6:43.0	26:52	1:43.6	4	53:18.2	15.8	1:47.9	4	28:29.5	9:11	1:32:02.2
5	106	Elena Westbrook	34	6	7:30.4	30:00	2:52.2	6	57:31.7	14.6	0:41.9	5	29:48.8	9:37	1:38:25.0
6	110	Jami Ward	30	1		0:00	0	5	54:32.5	15.4	0:48.1	6	33:37.7	10:51	1:39:16.3
DNF	DNF	Vickie Skinner	34	7	7:53.3	31:32	4:22.2								

#### Female 35 to 39

Overall			----- Swim -----			T-1	----- Bike -----			T-2	----- Run -----			Total	
<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace/ Mile</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate MPH</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace/ Mile</u>	<u>Time</u>
1	26	Sabrina Bruckner	38	1	5:35.3	22:20	1:08.4	1	42:12.9	19.9	0:53.9	5	24:53.5	8:02	1:14:44.0
2	27	Sarah Mackay	37	4	6:10.9	24:40	1:14.5	2	45:57.1	18.3	1:04.1	1	20:48.5	6:43	1:15:15.1
3	48	Mikel O'Brien	39	7	6:27.3	25:48	1:34.6	3	46:05.5	18.2	0:53.4	3	24:12.7	7:48	1:19:13.5
4	62	Merry Henneberger	37	5	6:18.3	25:12	2:58.5	5	46:51.5	17.9	2:26.3	2	23:27.9	7:34	1:22:02.5
5	67	Julie Foss	38	2	5:48.1	23:12	1:42.1	4	46:26.8	18.1	1:26.5	6	28:02.0	9:03	1:23:25.5

6	72	shawn coello	37	6	6:21.2	25:24	1:37.0	7	51:52.2	16.2	0:36.3	4	24:48.8	8:00	1:25:15.5
7	85	Lisa Slavik-Bechtold	39	9	7:33.3	30:12	2:44.4	6	48:33.0	17.3	1:27.3	7	28:24.8	9:10	1:28:42.8
8	100	Lisa Fowles	38	8	6:37.9	26:28	4:50.8	8	52:47.5	15.9	0:42.4	9	31:15.5	10:05	1:36:14.1
9	113	Char Miller	38	3	5:57.0	23:48	1:59.6	9	5	13.9	1:24.1	8	29:58.4	9:40	1:39:37.6
10	117	Natalie Watters	36	10	7:54.2	31:36	4:13.7	10	4	13.9	0:59.2	10	31:50.2	10:16	1:45:20.7
11	123	Katrina Hawking	36	11	8:22.3	33:28	3:17.4	12	5	13.4	3:05.5	12	35:12.9	11:21	1:52:30.6
12	126	Pamela Murkerson	36	12	9:20.9	37:20	3:17.8	14	4	11.9	1:23.4	11	35:04.2	11:19	1:59:26.7
13	127	Renee Hertel	36	14	4	53:16	2:26.4	11	0	13.8	0:47.2	13	42:54.9	13:50	2:00:32.9
14	129	Kelly Simon	39	13	3	44:24	2:19.3	13	8	12.7	1:13.3	14	46:43.2	15:04	2:07:45.9

## Female 40 to 44

Overall			----- Swim -----				T-1	----- Bike -----			T-2	----- Run -----			Total
Place	Place	Name	Age	Rnk	Time	<u>Pace/</u> Mile	Time	Rnk	Time	<u>Rate</u> MPH	Time	Rnk	Time	<u>Pace/</u> Mile	Time
1	55	Suzy Cyr	43	1	6:01.8	24:04	1:57.5	1	45:58.9	18.3	0:39.2	2	25:27.5	8:13	1:20:04.9
2	65	Julie Sander	40	6	8:43.0	34:52	1:27.5	2	47:22.6	17.7	0:47.9	1	24:21.7	7:51	1:22:42.7
3	84	Robin Breisch	40	2	6:46.3	27:04	1:31.8	4	52:08.7	16.1	0:56.3	3	27:19.7	8:49	1:28:42.8
4	109	Kathleen Orlin	43	10	9:47.7	39:08	2:24.7	3	52:02.5	16.1	1:12.0	7	33:35.5	10:50	1:39:02.4
5	112	Kerry Cirillo	44	3	7:32.5	30:08	3:33.1	5	54:20.3	15.5	1:21.5	6	32:38.1	10:32	1:39:25.5
6	118	Vivian Page	40	7	9:05.7	36:20	2:24.3	6	3	13.7	0:38.1	4	31:53.1	10:17	1:45:22.5
7	124	Maria Kritsonis	40	5	8:18.0	33:12	5:25.5	8	8	12.1	1:10.9	5	32:24.4	10:27	1:56:31.6
8	125	Pam Cantalini	41	4	7:50.7	31:20	3:13.4	7	5	12.5	1:20.0	8	39:48.0	12:50	1:59:09.6
9	130	Marete Eadie	40	8	9:29.8	37:56	1:56.6	9	1	11.3		10	43:45.2	14:07	2:09:30.7
10	131	Koralee Putnam-Roup	41	9	9:31.0	38:04	2:03.2	10	9	11.3	2:17.7	9	41:19.0	13:20	2:09:31.8

## Female 45 to 49

Overall			----- Swim -----				T-1	----- Bike -----			T-2	----- Run -----			Total
Place	Place	Name	Age	Rnk	Time	<u>Mile</u>	Time	Rnk	Time	<u>MPH</u>	Time	Rnk	Time	<u>Mile</u>	Time
1	86	Eileen Butler	48	1	5:44.3	22:56	2:32.3	1	51:30.1	16.3	1:35.0	1	27:22.1	8:50	1:28:43.8
2	120	Kimberly Bleich	45	2	8:29.9	33:56	3:22.0	2	57:35.5	14.6	2:21.2	2	34:36.9	11:10	1:46:25.5

## Female 50 to 54

Overall			----- Swim -----				T-1	----- Bike -----			T-2	----- Run -----			Total
Place	Place	Name	Age	Rnk	Time	<u>Pace/</u> Mile	Time	Rnk	Time	<u>Rate</u> MPH	Time	Rnk	Time	<u>Pace/</u> Mile	Time
1	57	Debbie Kotz	53	1	5:53.5	23:32	1:33.3	1	47:14.2	17.8	0:50.0	2	25:34.9	8:15	1:21:05.9
2	63	Joan Hogan	53	2	5:59.8	23:56	1:57.4	2	48:38.3	17.3	2:09.7	1	23:41.0	7:38	1:22:26.2
3	95	Diane Stong	50	3	6:44.5	26:56	2:07.6	3	51:33.1	16.3	1:00.0	3	31:05.4	10:02	1:32:30.6

## Female 55 to 59

Overall			----- Swim -----				T-1	----- Bike -----			T-2	----- Run -----			Total
Place	Place	Name	Age	Rnk	Time	<u>Mile</u>	Time	Rnk	Time	<u>MPH</u>	Time	Rnk	Time	<u>Mile</u>	Time
1	80	Diane Faber	56	1	7:59.2	31:56	1:17.9	1	48:52.2	17.2	0:58.8	1	27:53.5	9:00	1:27:01.6

## Female 60 to 64

Overall			----- Swim -----				T-1	----- Bike -----			T-2	----- Run -----			Total
Place	Place	Name	Age	Rnk	Time	<u>Mile</u>	Time	Rnk	Time	<u>MPH</u>	Time	Rnk	Time	<u>Mile</u>	Time
1	71	Judy Fisher	63	1	7:58.7	31:52	2:07.4	1	49:23.2	17.0	0:55.6	1	24:04.2	7:46	1:24:29.1

## Male 19 and under

Overall			----- Swim -----				T-1	----- Bike -----			T-2	----- Run -----			Total
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<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace/</u> <u>Mile</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u> <u>MPH</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace/</u> <u>Mile</u>	<u>Time</u>
1	3	Edick Andy	19	4	5:49.9	23:16	0:19.6	1	36:29.1	23.0	0:38.5	1	16:15.5	5:15	59:32.6
2	6	Owen Jones	16	1	4:06.8	16:24	0:52.6	2	37:43.5	22.3	0:29.8	5	21:56.4	7:05	1:05:09.1
3	13	Wes Furlong	18	2	4:47.2	19:08	1:27.2	3	39:54.5	21.1	1:02.8	3	20:55.4	6:45	1:08:07.1
4	16	Kristoffer Perry	19	3	5:19.4	21:16	1:00.7	4	41:24.4	20.3	0:50.5	4	21:00.2	6:46	1:09:35.2
5	41	Isaac Davis	18	5	6:23.7	25:32	2:01.0	5	50:01.0	16.8		2	19:13.0	6:12	1:17:38.7
6	98	Joe Gallagher	15	6	9:06.4	36:24	2:28.2	6	58:53.0	14.3	0:21.0	6	24:12.4	7:48	1:35:01.0

## Male 20 to 24

Overall			----- Swim -----			T-1	----- Bike -----			T-2	----- Run -----			Total	
<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace/</u> <u>Mile</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u> <u>MPH</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace/</u> <u>Mile</u>	<u>Time</u>
1	2	Josh Fountain	20	1	3:41.3	14:44	0:41.3	1	37:21.3	22.5		1	16:56.0	5:28	58:39.9
2	29	Scott Richards	20	3	5:51.7	23:24	2:34.4	3	44:50.1	18.7		3	22:30.9	7:15	1:15:47.1
3	34	Ryan Mominee	20	6	6:42.6	26:48	1:29.4	4	46:08.4	18.2	1:09.0	2	21:08.3	6:49	1:16:37.7
4	36	Jared Royce	22	4	5:54.7	23:36	1:58.0	2	42:37.5	19.7	1:21.3	7	24:52.5	8:01	1:16:44.0
5	69	Brian Friske	24	5	6:41.0	26:44	2:34.4	5	51:07.7	16.4	0:32.3	4	22:48.3	7:21	1:23:43.7
6	73	Jeffrey Yunes	24	2	5:33.1	22:12	3:10.4	6	52:30.9	16.0	0:35.0	5	23:28.2	7:34	1:25:17.6
7	111	Joel Steinbaugh	20	7	6:51.7	27:24	3:31.6	8	3	13.1		8	24:52.8	8:01	1:39:23.4
8	115	Evan Moore	21	8	7:56.0	31:44	5:57.6	7	9	13.2	1:18.4	6	24:39.2	7:57	1:43:22.1

## Male 25 to 29

Overall			----- Swim -----			T-1	----- Bike -----			T-2	----- Run -----			Total	
<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace/</u> <u>Mile</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u> <u>MPH</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace/</u> <u>Mile</u>	<u>Time</u>
1	1	Jacob VanderPlas	26	1	3:42.7	14:48	0:37.4	1	36:19.8	23.1		1	17:42.0	5:43	58:21.9
2	20	J. Young	27	5	6:02.8	24:08	1:04.9	2	40:59.5	20.5	1:11.5	3	22:27.1	7:15	1:11:45.8
3	38	Mason Hoffman	26	6	6:19.7	25:16	2:03.3	4	45:02.5	18.7	0:50.8	4	22:47.8	7:21	1:17:04.1
4	43	Michael Mora	27	3	5:21.0	21:24	1:18.4	3	45:00.7	18.7	0:55.1	8	25:21.9	8:11	1:17:57.1
5	52	Jon Shepherd	27	7	6:28.1	25:52	2:09.9	6	46:49.7	17.9	0:48.7	5	23:18.2	7:31	1:19:34.6
6	54	Brent Carlyle	26	8	6:59.5	27:56	2:37.9	5	46:49.2	17.9	1:21.8	2	22:08.8	7:08	1:19:57.2
7	58	Peter Plantenberg	25	9	7:09.8	28:36	2:29.7	7	46:52.1	17.9	1:17.6	6	23:19.3	7:31	1:21:08.5
8	74	Andre van Honschooten	28	2	4:43.3	18:52	2:09.2	9	51:06.4	16.4	1:26.7	9	26:04.0	8:25	1:25:29.6
9	78	Robert Evans	29	4	5:50.7	23:20	3:31.3	10	52:11.2	16.1	0:50.7	7	24:19.0	7:51	1:26:42.9
10	83	Michael Madden	29	10	7:38.0	30:32	2:24.4	8	48:27.5	17.3	1:09.1	10	28:27.6	9:11	1:28:06.6

## Male 30 to 34

Overall			----- Swim -----			T-1	----- Bike -----			T-2	----- Run -----			Total	
<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace/</u> <u>Mile</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u> <u>MPH</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace/</u> <u>Mile</u>	<u>Time</u>
1	4	Joshua Fitchitt	34	2	4:48.1	19:12		1	36:46.2	22.8	0:34.4	1	17:29.7	5:38	59:38.4
2	10	Matt Wilson	32	3	5:11.3	20:44	2:06.4	2	38:18.3	21.9	1:22.8	2	20:11.2	6:31	1:07:10.0
3	31	Robert Madden	32	1	4:28.1	17:52	2:06.1	8	46:32.2	18.1	0:46.8	3	22:20.5	7:12	1:16:13.7
4	33	Richard Godden	32	6	6:54.4	27:36	1:48.2	4	43:19.0	19.4	1:53.2	5	22:35.0	7:17	1:16:29.8
5	35	Wesley Lassiter	30	4	5:43.0	22:52	1:44.2	3	41:39.7	20.2	1:21.3	8	26:12.8	8:27	1:16:41.0
6	44	Charles Madden	34	7	6:58.5	27:52	2:28.1	6	44:52.7	18.7	1:18.2	4	22:32.5	7:16	1:18:10.0
7	49	Shane Butchart	32	8	7:13.8	28:52	1:57.8	5	43:24.3	19.4		10	26:40.7	8:36	1:19:16.6
8	53	Tracy Henderson	33	9	7:32.3	30:08	2:03.4	7	46:16.2	18.2	0:30.2	6	23:30.7	7:35	1:19:52.8
9	60	Gavin Tierney	31	5	6:04.7	24:16	3:28.1	9	47:01.9	17.9		7	24:42.7	7:58	1:21:17.4
10	91	Shane Hertel	33	10	9:07.4	36:28	2:12.7	10	50:24.8	16.7	0:32.0	11	27:50.9	8:59	1:30:07.8
11	104	Benjamin Feeman	31	11	9:08.5	36:32	4:05.8	11	57:36.8	14.6	0:31.7	9	26:16.1	8:28	1:37:38.9

## Male 35 to 39

Overall			----- Swim -----			T-1	----- Bike -----			T-2	----- Run -----			Total	
Place	Place	Name	Age	Rnk	Time	<u>Pace/</u> Mile	Time	Rnk	Time	<u>Rate</u> MPH	Time	Rnk	Time	<u>Pace/</u> Mile	Time
1	7	Tim Smit	36	3	4:45.0	19:00	0:57.4	1	40:40.4	20.7	0:31.7	1	19:20.3	6:14	1:06:14.8
2	9	Devin Whatley	38	1	3:34.5	14:16	1:04.6	2	41:49.0	20.1	0:28.4	2	20:07.1	6:29	1:07:03.6
3	17	Patrick Ursino	38	2	4:26.0	17:44	0:51.9	3	42:27.7	19.8	0:46.7	6	21:25.1	6:55	1:09:57.4
4	19	Colin Williams	37	5	5:01.9	20:04	1:42.7	4	42:33.8	19.7	0:40.4	5	21:21.6	6:53	1:11:20.4
5	30	Brad Struss	39	7	5:56.8	23:44	3:00.5	5	45:05.0	18.6	1:28.0	3	20:32.0	6:37	1:16:02.3
6	40	Miles Ewing	37	4	4:55.6	19:40	3:06.7				1	8	24:02.6	7:45	1:17:37.0
7	59	David Ely	38	10	7:11.4	28:44	2:05.7	7	47:03.0	17.9	0:50.8	9	24:04.0	7:46	1:21:14.9
8	64	Michael Bean	38	12	7:33.1	30:12	2:37.7	6	46:12.1	18.2	1:21.4	10	24:43.3	7:58	1:22:27.6
9	77	Ron Richardson	38	9	7:05.7	28:20	3:03.1	8	49:30.8	17.0	1:26.4	11	25:24.2	8:12	1:26:30.2
10	79	Charlie Watters	37	11	7:29.8	29:56	3:02.1	9	53:06.2	15.8	0:30.8	7	22:45.0	7:20	1:26:53.9
11	96	Jason Cummings	36	6	5:37.0	22:28	1:38.9	10	9	13.2	0:57.2	4	21:05.7	6:48	1:33:08.7
12	128	Robert Murkerson	38	8	6:55.2	27:40	1	11	3	11.9	1:26.2	12	35:03.8	11:18	2:04:27.6

## Male 40 to 44

Overall			----- Swim -----			T-1	----- Bike -----			T-2	----- Run -----			Total	
Place	Place	Name	Age	Rnk	Time	<u>Pace/</u> Mile	Time	Rnk	Time	<u>Rate</u> MPH	Time	Rnk	Time	<u>Pace/</u> Mile	Time
1	8	David Tollefson	44	3	5:34.1	22:16	1:03.6	1	38:01.3	22.1	0:49.5	3	21:20.0	6:53	1:06:48.5
2	11	Kevin Curtin	42	5	5:56.8	23:44	1:09.1	3	40:09.5	20.9	1:03.3	1	19:28.9	6:17	1:07:47.6
3	14	Chris Karamatic	40	2	5:09.6	20:36	1:32.6	4	40:31.2	20.7	0:57.7	2	20:59.9	6:46	1:09:11.0
4	15	Ron Johnson	43	1	4:41.8	18:44	1:34.0	2	38:44.0	21.7	0:53.9	5	23:27.4	7:34	1:09:21.1
5	37	Jim Bleich	43	4	5:50.1	23:20	2:08.8	6	44:31.8	18.9	1:02.4	4	23:14.8	7:30	1:16:47.9
6	39	Nickolay Nickolaychuk	40	8	7:33.2	30:12	1:52.9	5	42:00.6	20.0	0:51.3	7	24:50.9	8:01	1:17:08.9
7	66	Mark Megathlin	40	6	6:05.8	24:20	2:01.7	8	49:58.4	16.8	1:14.0	6	23:36.5	7:37	1:22:56.4
8	81	Mark Watkins	44	7	7:01.3	28:04	1:54.6	9	50:47.4	16.5	1:25.1	8	26:44.4	8:37	1:27:52.8
9	101	Brent Neu	44	9	7:55.7	31:40	4:01.3	10	53:08.3	15.8	2:03.3	10	29:45.9	9:36	1:36:54.5
10	121	Shane Marr	40	10	4	78:52	7:51.9	7	48:51.4	17.2	3:14.6	9	27:35.8	8:54	1:47:17.1

## Male 45 to 49

Overall			----- Swim -----			T-1	----- Bike -----			T-2	----- Run -----			Total	
Place	Place	Name	Age	Rnk	Time	<u>Pace/</u> Mile	Time	Rnk	Time	<u>Rate</u> MPH	Time	Rnk	Time	<u>Pace/</u> Mile	Time
1	22	Sam Feist	46	4	6:07.0	24:28	1:46.0	1	41:39.4	20.2		4	23:26.1	7:34	1:12:58.5
2	23	Eric Lagerberg	46	1	5:06.7	20:24	2:26.9	2	42:58.9	19.6	0:49.1	2	22:14.0	7:10	1:13:35.6
3	24	Garrett Royce	46	3	5:37.7	22:28	1:55.0	4	43:38.5	19.3	0:58.1	1	21:53.5	7:04	1:14:02.8
4	46	Gary Grossblatt	47	8	7:21.2	29:24	1:09.1	3	43:31.7	19.3	0:46.0	10	26:03.0	8:24	1:18:51.0
5	51	James Polo	46	2	5:23.6	21:32		7	48:05.9	17.5	1:09.0	5	24:43.9	7:58	1:19:22.4
6	56	Scott Peters	49	7	7:19.0	29:16	1:49.9	6	47:37.4	17.6	0:52.3	3	22:53.6	7:23	1:20:32.2
7	68	Orest Zabrodsky	49	6	6:26.0	25:44	3:11.3	5	46:35.3	18.0	1:55.9	7	25:21.3	8:11	1:23:29.8
8	70	Steven Williams	45	5	6:23.2	25:32	2:49.3	8	48:14.0	17.4	1:02.0	9	25:53.2	8:21	1:24:21.7
9	88	Jerry Westover	49	11	8:15.1	33:00	2:45.1	10	50:21.6	16.7	1:42.9	11	26:05.4	8:25	1:29:10.1
10	90	Bryan Lee	45				0	9	48:42.8	17.2	2:04.5	6	25:02.3	8:05	1:29:31.6
11	93	Brad Williamson	46	9	7:22.1	29:28	3:01.6	11	53:50.1	15.6	1:11.6	8	25:26.0	8:12	1:30:51.4
12	102	Mike Gallagher	45	10	7:24.1	29:36	2:21.0	12	57:45.0	14.5	0:35.8	12	28:51.4	9:18	1:36:57.3
13	116	Tim Bowman	45	12	8:30.7	34:00	2:40.6	13	3	13.7	0:34.4	13	30:41.8	9:54	1:43:59.8

## Male 50 to 54

Overall			----- Swim -----			T-1	----- Bike -----			T-2	----- Run -----			Total
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<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace/</u> <u>Mile</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u> <u>MPH</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace/</u> <u>Mile</u>	<u>Time</u>
1	5	James Mays	52	1	4:23.9	17:32	1:04.1	1	35:31.8	23.7	0:37.0	1	19:47.8	6:23	1:01:24.6
2	25	Craig Pitt	50	2	5:24.3	21:36	1:22.4	2	42:05.4	20.0	1:02.4	3	24:18.3	7:50	1:14:12.8
3	32	David Barnhart	51	4	7:25.9	29:40	2:35.6	3	42:16.9	19.9	0:44.1	2	23:14.2	7:30	1:16:16.7
4	82	Bruce Bowman	51	6	1	46:08	3:10.9	4	43:20.6	19.4	1:45.1	4	28:16.8	9:07	1:28:05.5
5	105	Peter Storti	53	3	6:42.5	26:48	4:01.1	6	50:42.3	16.6	1:52.4	5	34:31.9	11:08	1:37:50.2
6	107	Randy Cupp	54	5	7:47.7	31:08	4:21.0	5	49:00.5	17.1	1:44.3	6	35:53.6	11:35	1:38:47.1

## Male 55 to 59

Overall			----- Swim -----			T-1	----- Bike -----			T-2	----- Run -----			Total	
<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace/</u> <u>Mile</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u> <u>MPH</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace/</u> <u>Mile</u>	<u>Time</u>
1	12	Jack Striker	56	2	6:03.0	24:12	1:20.4	1	38:09.7	22.0	0:56.4	2	21:36.3	6:58	1:08:05.8
2	18	Chuck Cathey	55	1	5:10.7	20:40	0:54.8	3	43:34.9	19.3	0:41.8	1	20:22.4	6:34	1:10:44.6
3	21	Patrick Hogan	56				6:45.3	2	40:32.5	20.7	1:29.6	3	23:14.3	7:30	1:12:01.7

## Male 60 to 64

Overall			----- Swim -----			T-1	----- Bike -----			T-2	----- Run -----			Total	
<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Mile</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>MPH</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Mile</u>	<u>Time</u>
1	75	Michael Madden	60	1	6:12.3	24:48	3:56.1	1	45:59.6	18.3	1:08.9	1	28:29.1	9:11	1:25:46.0

## Male 65 to 69

Overall			----- Swim -----			T-1	----- Bike -----			T-2	----- Run -----			Total	
<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Mile</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>MPH</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Mile</u>	<u>Time</u>
1	61	Isamu Kawabori	67	1	5:18.2	21:12	2:21.1	1	46:15.3	18.2	1:26.8	1	26:24.2	8:31	1:21:45.6

## Male 70 and over

Overall			----- Swim -----			T-1	----- Bike -----			T-2	----- Run -----			Total	
<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Mile</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>MPH</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Mile</u>	<u>Time</u>
1	89	Court Jones	71	1	7:08.0	28:32	2:16.9	1	49:53.5	16.8	1:16.8	1	28:50.7	9:18	1:29:25.9

# Clydesdale/Athena

## Female 0-99

Overall			----- Swim -----			T-1	----- Bike -----			T-2	----- Run -----			Total	
<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace/</u> <u>Mile</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u> <u>MPH</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace/</u> <u>Mile</u>	<u>Time</u>
1	5	Lee Spencer	46	1	6:04.5	24:16	2:36.4	1	48:49.5	17.2	1:10.5	3	34:23.6	11:05	1:33:04.5
2	7	Amanda Emme	24	2	7:06.9	28:24	1:59.3	3	50:55.4	16.5	1:45.0	2	33:35.2	10:50	1:35:21.8
3	8	Laura Hoffman	38	5	7:20.5	29:20	1:27.9	4	52:06.5	16.1	0:42.5	4	34:26.4	11:06	1:36:03.8
4	9	Audrey Hudgins	42	3	7:16.5	29:04	3:36.9	5	55:39.0	15.1	1:51.8	1	27:52.6	8:59	1:36:16.8
5	10	Jennifer Scherer	28	4	7:18.2	29:12	1:32.5	2	50:09.2	16.7	1:03.0	6	40:40.0	13:07	1:40:42.9
6	11	Sarah Kier	35					6	1	8.73	1:05.3	5	39:27.6	12:44	2:16:47.0

## Male 0-99

Overall			----- Swim -----			T-1	----- Bike -----			T-2	----- Run -----			Total	
<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace/</u> <u>Mile</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u> <u>MPH</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace/</u> <u>Mile</u>	<u>Time</u>
1	1	Tom Cyr	45	1	5:04.5	20:16	0:51.1	1	39:56.4	21.0	0:50.5	4	24:41.7	7:58	1:11:24.2

2	2	John Monahan	41	2	5:25.1	21:40	1:30.2	4	46:50.1	17.9	0:46.8	1	23:03.2	7:26	1:17:35.4
3	3	Bryan Bell	30	3	5:41.9	22:44	2:24.2	3	45:58.5	18.3	1:17.9	3	24:16.6	7:50	1:19:39.1
4	4	Patrick Escarcega	35	4	7:02.3	28:08	1:57.0	2	45:32.1	18.4	1:47.5	2	23:57.3	7:44	1:20:16.2
5	6	Paul Weigel	38	5	9:33.7	38:12	3:02.9	5	48:35.4	17.3	1:27.1	5	30:26.1	9:49	1:33:05.2

# Relay

## Male 0-99