

# CrossFit Regional 5 Mile Run

## Overall Finish List

Sunday, May 16, 2010

Timing by BuDu Racing, LLC

Place	Name	City	Bib No	Age	Gender	Age Group	Chip Time	Gun Time	Diff
<b>Female Finishers</b>									
Place	Name	City	Bib No	Age	Gender	Age Group	Chip Time	Gun Time	Diff
1	Chris Perrins		232		F	1 0-99	34:57.3	35:05.1	00:07.8
2	Mary Lampas		228		F	2 0-99	35:45.0	35:50.5	00:05.5
3	Andrea Roozen		224		F	3 0-99	37:26.5	37:37.4	00:10.9
4	Lindsey Knight		202		F	4 0-99	38:31.9	38:36.2	00:04.3
5	Ashleigh Moe		225		F	5 0-99	39:02.1	39:06.1	00:04.0
6	Cheryl Brost		241		F	6 0-99	39:33.2	39:41.4	00:08.2
7	Stacie Fiet		244		F	7 0-99	40:03.3	40:19.4	00:16.1
8	Erinn Lynch		213		F	8 0-99	40:08.7	40:20.9	00:12.2
9	Alexandra Seal		207		F	9 0-99	40:09.6	40:14.1	00:04.5
10	Alicia Staton		203		F	10 0-99	40:56.7	41:15.8	00:19.1
11	Jessica Gale		249		F	11 0-99	41:16.6	41:31.4	00:14.8
12	Jessica Oliver		214		F	12 0-99	41:24.8	41:28.7	00:03.9
13	Bitty Dannehl		208		F	13 0-99	41:33.0	41:48.1	00:15.1
14	Kate Suna		201		F	14 0-99	41:44.2	41:55.3	00:11.1
15	Samantha Petersen		204		F	15 0-99	41:46.1	41:49.9	00:03.8
16	Harpa Magnusdottir		239		F	16 0-99	41:49.3	42:00.6	00:11.3
17	Marie Rochat		216		F	17 0-99	42:07.7	42:17.3	00:09.6
18	Trisha Gibbons		223		F	18 0-99	42:09.1	42:25.1	00:16.0
19	Kimberly Weaver		245		F	19 0-99	42:09.4	42:13.9	00:04.5
20	Hillari Eaton		235		F	20 0-99	42:30.4	42:40.9	00:10.5
21	Kendall Burnham		226		F	21 0-99	42:40.3	42:48.8	00:08.5
22	Rory Zambard		220		F	22 0-99	42:44.6	42:53.5	00:08.9
23	Amy Durfee		230		F	23 0-99	42:47.5	42:55.1	00:07.6
24	Jenny Olson		234		F	24 0-99	43:31.6	43:52.9	00:21.3
25	Robin Lyons		210		F	25 0-99	43:31.7	43:40.4	00:08.7
26	Stephanie Skurski		222		F	26 0-99	43:40.2	43:47.2	00:07.0
27	Lauren Henry		233		F	27 0-99	44:30.0	44:34.9	00:04.9
28	Sandy Johnson		229		F	28 0-99	44:40.2	44:57.5	00:17.3
29	Alexis Jaramillo		221		F	29 0-99	44:45.8	45:00.4	00:14.6
30	Jenn Gauer		217		F	30 0-99	45:02.8	45:19.0	00:16.2
31	Kenzie Rowland		219		F	31 0-99	45:16.6	45:28.6	00:12.0
32	Tami Ough		205		F	32 0-99	45:27.0	45:36.8	00:09.8
33	Michelle Hansson		236		F	33 0-99	45:42.2	45:54.7	00:12.5
34	Kelsey Nagel		211		F	34 0-99	45:46.6	45:57.6	00:11.0
35	Brenda Rice		215		F	35 0-99	45:56.5	46:03.6	00:07.1
36	Alena Yancey		206		F	36 0-99	46:00.3	46:05.8	00:05.5
37	Nadia Shatila		237		F	37 0-99	46:06.5	46:19.9	00:13.4
38	Kallista Pappas		238		F	38 0-99	46:35.6	46:39.6	00:04.0
39	Reishus Dawn		242		F	39 0-99	47:01.7	47:17.3	00:15.6
40	Miranda Oldroyd		218		F	40 0-99	47:05.6	47:19.0	00:13.4
41	Rachel Canning		231		F	41 0-99	47:14.5	47:23.9	00:09.4
42	Cassidy Lance		227		F	42 0-99	47:16.2	47:26.6	00:10.4
43	Brandy Wann		243		F	43 0-99	47:37.9	47:50.7	00:12.8
44	Desiree Didier		240		F	44 0-99	48:50.4	48:59.6	00:09.2
45	Wendi Cardon		209		F	45 0-99	49:09.8	49:24.0	00:14.2
46	Becky Clark		212		F	46 0-99	51:58.5	52:04.5	00:06.0
47	Cyndi Frieling		250		F	47 0-99	52:01.6	52:09.6	00:08.0

# CrossFit Regional 5 Mile Run

## Overall Finish List

Sunday, May 16, 2010

Timing by BuDu Racing, LLC

Place	Name	City	Bib No	Age	Gender	Age Group	Chip Time	Gun Time	Diff
48	Karla Nauer		247		F	48 0-99	52:32.1	52:42.1	00:10.0
49	Paula Aranda		248		F	49 0-99	52:37.4	52:42.3	00:04.9
50	Natalya Vakulchik		246		F	50 0-99	55:31.0	55:35.2	00:04.2

### Male Finishers

Place	Name	City	Bib No	Age	Gender	Age Group	Chip Time	Gun Time	Diff
1	Chris Spealler		452		M	1 0-99	33:35.6	33:39.3	00:03.7
2	Dave Buckles		431		M	2 0-99	33:43.4	33:45.7	00:02.3
3	Eric O'Connor		436		M	3 0-99	33:47.9	33:52.0	00:04.1
4	Robert Shaffer		442		M	4 0-99	33:59.1	34:05.0	00:05.9
5	Jonathan Burns		401		M	5 0-99	34:37.2	34:40.5	00:03.3
6	Austin Hiracheta		464		M	6 0-99	34:51.9	35:00.0	00:08.1
7	Matt Clark		438		M	7 0-99	34:59.2	35:04.0	00:04.8
8	Nik Rasmussen		444		M	8 0-99	35:18.9	35:23.3	00:04.4
9	Justin Dickson		402		M	9 0-99	35:29.6	35:43.3	00:13.7
10	Jeremiah Ingersoll		466		M	10 0-99	35:41.3	35:55.2	00:13.9
11	Mason Ostrom		403		M	11 0-99	35:53.1	36:05.6	00:12.5
12	Billy Pappas		443		M	12 0-99	36:09.8	36:18.2	00:08.4
13	Dan Staton		407		M	13 0-99	36:11.8	36:19.0	00:07.2
14	Gil Hollingsworth		430		M	14 0-99	36:14.2	36:20.4	00:06.2
15	Benjamin Hillman		449		M	15 0-99	36:15.6	36:21.6	00:06.0
16	Moe Kelsey		447		M	16 0-99	36:19.5	36:22.0	00:02.5
17	Chad Rife		423		M	17 0-99	36:25.1	36:30.8	00:05.7
18	Jerome Perryman		415		M	18 0-99	36:25.2	36:33.6	00:08.4
19	Kenton Clairmont		453		M	19 0-99	36:29.3	36:36.8	00:07.5
20	Christopher Jones		441		M	20 0-99	36:35.1	36:38.5	00:03.4
21	Josh Coleson		458		M	21 0-99	36:36.4	36:45.6	00:09.2
22	Nick Branting		424		M	22 0-99	36:36.8	36:40.1	00:03.3
23	Jared Glover		413		M	23 0-99	36:39.9	36:42.4	00:02.5
24	Travis Coombs		440		M	24 0-99	36:40.2	36:43.8	00:03.6
25	Howard Billy		461		M	25 0-99	36:45.0	36:48.0	00:03.0
26	Rick Buro		439		M	26 0-99	37:02.1	37:03.8	00:01.7
27	Jordan Holland		425		M	27 0-99	37:07.1	37:24.8	00:17.7
28	Nolan Foster		437		M	28 0-99	37:08.0	37:14.2	00:06.2
29	Tyler Searle		406		M	29 0-99	37:19.1	37:29.7	00:10.6
30	Zach Forrest		412		M	30 0-99	37:22.1	37:24.7	00:02.6
31	Todd Widman		421		M	31 0-99	37:22.2	37:28.5	00:06.3
32	Garrett Wales		427		M	32 0-99	37:34.5	37:40.2	00:05.7
33	Jared Park		429		M	33 0-99	37:37.2	37:46.4	00:09.2
34	Alex Riley		463		M	34 0-99	38:16.8	38:31.7	00:14.9
35	Brad Thorne		450		M	35 0-99	38:30.5	38:35.7	00:05.2
36	Chuck Gonzales		465		M	36 0-99	38:34.5	38:36.7	00:02.2
37	Chase Heywood		433		M	37 0-99	38:39.2	38:57.4	00:18.2
38	Ben Stoneberg		432		M	38 0-99	38:47.5	38:55.6	00:08.1
39	Eric Winn		420		M	39 0-99	38:50.4	38:55.7	00:05.3
40	Clay Hamilton		409		M	40 0-99	38:50.7	38:57.2	00:06.5
41	Jesse Disch		408		M	41 0-99	39:03.9	39:24.6	00:20.7
42	Sam Harmer		410		M	42 0-99	39:54.5	40:05.2	00:10.7
43	Jeff Duncan		457		M	43 0-99	39:59.1	40:11.2	00:12.1

# CrossFit Regional 5 Mile Run

## Overall Finish List

Sunday, May 16, 2010

Timing by BuDu Racing, LLC

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Gender</u>	<u>Age Group</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Diff</u>
44	Parker Ruby		435		M	44 0-99	40:01.6	40:12.4	00:10.8
45	Tom Nugent		416		M	45 0-99	40:03.7	40:10.6	00:06.9
46	Christopher Dunkin		404		M	46 0-99	40:04.5	40:07.6	00:03.1
47	Jeff Vale		405		M	47 0-99	40:16.9	40:38.1	00:21.2
48	James Sjostrom		426		M	48 0-99	40:17.4	40:22.7	00:05.3
49	Derek Hutchison		459		M	49 0-99	40:40.9	40:49.4	00:08.5
50	Lindsay Hassell		414		M	50 0-99	40:41.9	40:59.5	00:17.6
51	Mike Wild		422		M	51 0-99	40:52.9	41:02.2	00:09.3
52	Jason Yelvington		434		M	52 0-99	41:05.6	41:16.8	00:11.2
53	Tony Reishus		446		M	53 0-99	41:05.9	41:20.6	00:14.7
54	Ben Crook		454		M	54 0-99	41:10.7	41:20.7	00:10.0
55	Eric Hamilton		445		M	55 0-99	41:31.8	41:36.5	00:04.7
56	Noah Pester		417		M	56 0-99	41:34.8	41:41.3	00:06.5
57	Canavero Drew		462		M	57 0-99	41:46.2	42:02.1	00:15.9
58	Aaron White		460		M	58 0-99	42:00.9	42:08.4	00:07.5
59	Evan Hales		448		M	59 0-99	42:45.8	42:49.2	00:03.4
60	Dan Castillo		418		M	60 0-99	42:47.8	42:54.4	00:06.6
61	Tim Tolliver		455		M	61 0-99	42:51.0	43:00.6	00:09.6
62	Jason Uberuaga		419		M	62 0-99	44:43.8	44:50.9	00:07.1
63	Matthew Gerken		411		M	63 0-99	49:35.6	49:53.8	00:18.2
DNF	Kyle Boyer		456		M	0-99			
DNF	Mark Leyngold		428		M	0-99			
DNF	Wade Willers		451		M	0-99			00:08.6