

Mount Rainier Duathlon - 5/1/16

We have not had weather like this for a few years at this event. Such a blessing to be out in the sun. We hope you enjoyed the event and are ready to register for your next event in the Corpore Sano PT BuDu Multisport Race Series. For more information on our events (or ones that we time) please check our website at: www.BuDuRacing.com. Many thanks go out to the volunteer groups (White River Cross Country, Northwest Church Young Adults), and the Auburn Police Explorer Post 2071. Thanks to Mark Howlett for coordinating the run (Wanda and Derrick for thier help as well), Kathleen Colvard (doing what ever is needed) and to the others who just helped out!

This is the first event of the BuDu Champion Series. For more information on the series, please go to:



http://www.buduracing.com/events_detail.php?e=1362

Mjolnir Cycles is donating a custom bike frame to the series. Check out the link above for more information.

Finisher certificates and Age Group results are available at this link:

<http://buduracing.racetecresults.com/Results.aspx?CId=16618&RId=97>

BuDu Racing, LLC Charity of Choice: JDRF!



BuDu Racing, LLC is proud to pledge a portion of the registration fees to support the Juvenile Diabetes Research Foundation (JDRF). The mission of JDRF is to find a cure for diabetes and its complications through the support of research. Type 1 diabetes is an autoimmune disease that strikes children and adults suddenly, and can be fatal. Until a cure is found, people with type 1 diabetes have to test their blood sugar and give themselves insulin, every day of their lives. And even with that intensive care, insulin is not a cure for diabetes, nor does it prevent its eventual and devastating complications, which may include kidney failure, blindness, heart disease, stroke, and amputation.

Event Photos:

Free Photos - will be included again this year as part of your registration, compliments of BuDu Racing, LLC. The photo, of your choice, with sponsor recognition will be available in a free 4x6 print that will be sent in a digital file via email (if you are unable to use a digital file, please email info@BuDuRacing.com). You will also have the ability to purchase additional pictures and/or upgrade your photo. We hope you enjoy this participant gift. Our photographer is Image Arts Photography and the photos are usually up by late Wednesday. I will send an email at that time. Our photographer's website is

<http://iapimageservices.com/EventLP.php?EventID=95>

We love our sponsors, and hope you do too! Please support them.



Thanks to local sponsors:

Charlie's Cafe, Mission House Coffee and Johansen Excavating, Inc.

