

Ellensburg Triathlon and Carey Lakes Runs - 7/23/16

The winds mainly held off for this great event! Thanks to all of you who came out and participated in the Ellensburg Triathlons and Carey Lakes Runs. This was the inaugural Olympic distance event, and we hope those involved enjoyed the great course. Thanks to the wonderful support we have in Ellensburg, from the Ellensburg Police, Kittitas County Sheriffs, OPR (Outdoor Pursuit and Rentals), Ellensburg High School Cross Country Team (Coach Jeff Hashimoto), Ellensburg Foursquare Young Adults, JDRF, Craig Scrivner, Vince Nethery, Kathy Coffey, Elizabeth Sheperd, Judge Sparks, Erica, my incredible staff and more that I am sure I am forgetting. Each person is such a blessing.

This is the fourth event of the Gordon Gray Memorial BuDu Champion Series. For more information on the series, please go to:

http://www.buduracing.com/events_detail.php?e=1362

Age graded results for the triathlon are included in this pdf. Thanks to Michael Gray for his work on this.



Finisher certificates and Age Group results are available at this link:

<http://buduracing.racetecresults.com/Results.aspx?CId=16618&RId=120>

BuDu Racing, LLC Charity of Choice: JDRF!



BuDu Racing, LLC is proud to pledge a portion of the registration fees to support the Juvenile Diabetes Research Foundation (JDRF). The mission of JDRF is to find a cure for diabetes and its complications through the support of research. Type 1 diabetes is an autoimmune disease that strikes children and adults suddenly, and can be fatal. Until a cure is found, people with type 1 diabetes have to test their blood sugar and give themselves insulin, every day of their lives. And even with that intensive care, insulin is not a cure for diabetes, nor does it prevent its eventual and devastating complications, which may include kidney failure, blindness, heart disease, stroke, and amputation.

Event Photos:

Free Photos - will be included again this year as part of your registration, compliments of BuDu Racing, LLC. The photo, of your choice, with sponsor recognition will be available in a free 4x6 print that will be sent in a digital file via email (if you are unable to use a digital file, please email info@BuDuRacing.com). You will also have the ability to purchase additional pictures and/or upgrade your photo. We hope you enjoy this participant gift. Our photographer is Image Arts Photography and the photos are usually up by late Wednesday. I will send an email at that time. Our photographer's website is

<http://iapimageservices.com/EventLP.php?EventID=96>

Thanks to local sponsors:



We love our sponsors, and hope you do too! Please support them.



Ellensburg Triathlon Olympic Overall Results Saturday, June 11, 2016

If you have questions about your results, please email Info@BuDuRacing.com.

Thanks to Michael Gray for the Age Graded Results.

Timing by BuDu Racing, LLC

Pos	Name	Race No	Time	Category	Categ Pos	Gender	Gender Pos	Team Name	City	Age	Swim	Swim PACE	Swim Gender Pos	T1	T1 Gender Pos	Cycle	Cycle PACE	Cycle Gender Pos	T2	T2 Gender Pos	Run	Run PACE	Run Gender Pos
1	Drew Magill	1024	02:09:55	Top 3 Overall	1	Male	1	Vo2 Multisport	Bellevue	51	00:23:20	23:20 min/m	2	00:00:59	6	01:02:53	23.7 m/hr	1	00:00:26	2	00:42:16	6:49 min/m	1
2	John Spaude	1033	02:24:29	Top 3 Overall	2	Male	2		Winthrop	54	00:23:04	23:04 min/m	1	00:01:39	14	01:12:51	20.4 m/hr	6	00:01:06	16	00:45:47	7:23 min/m	4
3	Jake Meyer	1019	02:26:42	Top 3 Overall	3	Male	3		Ellensburg	28	00:25:05	25:05 min/m	8	00:01:12	10	01:09:20	21.5 m/hr	2	00:00:27	3	00:50:37	8:09 min/m	10
4	Joshua Stoufflet	1035	02:27:08	Ages 25 - 29	1	Male	4	Big Sexy Racing	Yakima	28	00:24:50	24:50 min/m	6	00:01:33	12	01:12:52	20.4 m/hr	7	00:00:50	8	00:47:01	7:35 min/m	6
5	Steven Wade	1026	02:27:47	Ages 55 - 59	1	Male	5	Team Wade	Burlington	58	00:25:25	25:25 min/m	9	00:00:59	7	01:12:09	20.6 m/hr	3	00:00:37	6	00:48:35	7:50 min/m	7
6	Doug Babbitt	1037	02:30:58	Ages 50 - 54	1	Male	6		Tacoma	52	00:29:56	29:56 min/m	22	00:01:02	8	01:13:52	20.1 m/hr	9	00:01:06	15	00:45:01	7:15 min/m	2
7	Jake Hunt	1011	02:31:12	Ages 45 - 49	1	Male	7		Moses Lake	46	00:27:00	27:00 min/m	12	00:01:40	16	01:12:54	20.4 m/hr	8	00:00:59	13	00:48:36	7:50 min/m	8
8	Stephanie Haner	1036	02:31:59	Top 3 Overall	1	Female	1		Issaquah	46	00:27:06	27:06 min/m	1	00:00:52	2	01:16:01	19.6 m/hr	1	00:00:32	1	00:47:26	7:39 min/m	1
9	Vince Nethery	1032	02:33:21	Ages 60 - 64	1	Male	8		Wenatchee	61	00:26:51	26:51 min/m	10	00:00:57	4	01:12:12	20.6 m/hr	4	00:00:50	9	00:52:28	8:27 min/m	15
10	Keith Ryan	1017	02:34:02	Ages 20 - 24	1	Male	9		Seabeck	23	00:28:53	28:53 min/m	18	00:01:16	11	01:16:41	19.4 m/hr	13	00:00:50	7	00:46:20	7:28 min/m	5
11	Ryan Nesbitt	1021	02:36:24	Ages 30 - 34	1	Male	10		Ellensburg	33	00:28:30	28:30 min/m	15	00:01:06	9	01:15:11	19.8 m/hr	10	00:00:37	5	00:50:58	8:13 min/m	11
12	Rob Rogers	1009	02:38:22	Ages 40 - 44	1	Male	11	Bellingham Triathlon Club	Bellingham	40	00:24:46	24:46 min/m	5	00:01:35	13	01:15:18	19.8 m/hr	11	00:01:16	21	00:55:25	8:56 min/m	19
13	Don Francis	1010	02:41:36	Ages 40 - 44	2	Male	12	Triclub Doha	Doha	44	00:27:15	27:15 min/m	13	00:01:39	15	01:20:01	18.6 m/hr	15	00:01:07	17	00:51:31	8:18 min/m	13
14	Fight And Flight	1030	02:41:59	Relay	1	Male	13		Athol	1	00:40:40	40:40 min/m	27	00:00:30	1	01:15:21	19.7 m/hr	12	00:00:17	1	00:45:09	7:16 min/m	3
15	Kelsey Morfitt	1003	02:43:13	Top 3 Overall	2	Female	2		Bonney Lake	32	00:30:55	30:55 min/m	5	00:01:24	3	01:19:59	18.6 m/hr	2	00:00:48	3	00:50:05	8:04 min/m	3
16	Hoping For A Tailwind	1031	02:44:12	Relay	2	Male	14		Wenatchee	1	00:26:51	26:51 min/m	11	00:00:57	3	01:12:13	20.6 m/hr	5	00:00:27	4	01:03:43	10:16 min/m	24
17	Ben Thomassen	1014	02:45:16	Ages 35 - 39	1	Male	15	Identity Racing	Ellensburg	36	00:29:55	29:55 min/m	21	00:00:51	2	01:20:53	18.4 m/hr	17	00:00:57	12	00:52:38	8:29 min/m	16
18	Al Truscott	1028	02:47:53	Ages 65 - 69	1	Male	16		Gig Harbor	67	00:28:41	28:41 min/m	17	00:02:07	18	01:19:48	18.6 m/hr	14	00:01:09	18	00:56:06	9:02 min/m	20
19	Brad Rasmussen	1008	02:49:00	Ages 30 - 34	2	Male	17		Cheney	30	00:29:26	29:26 min/m	20	00:02:21	20	01:24:44	17.6 m/hr	19	00:01:00	14	00:51:28	8:18 min/m	12
20	Doris Matson	1007	02:49:53	Top 3 Overall	3	Female	3		Sunnyside	59	00:35:59	35:59 min/m	6	00:01:41	4	01:21:44	18.2 m/hr	3	00:00:58	4	00:49:29	7:59 min/m	2
21	Jared Krogh	1013	02:52:32	Ages 35 - 39	2	Male	18		Pullman	38	00:25:03	25:03 min/m	7	00:00:59	5	01:20:27	18.5 m/hr	16	00:00:55	10	01:05:07	10:30 min/m	26
22	Max Karler	1020	02:53:18	Ages 25 - 29	2	Male	19		Bremerton	29	00:29:17	29:17 min/m	19	00:02:51	25	01:26:20	17.2 m/hr	22	00:01:31	23	00:53:17	8:35 min/m	17
23	Natalie Stice	1004	02:54:45	Ages 30 - 34	1	Female	4		Port Orchard	34	00:28:56	28:56 min/m	3	00:00:49	1	01:24:28	17.6 m/hr	4	00:00:47	2	00:59:43	9:37 min/m	5
24	Megan Murphy	1005	02:56:08	Ages 40 - 44	1	Female	5		Yakima	41	00:30:25	30:25 min/m	4	00:01:42	5	01:24:59	17.5 m/hr	5	00:01:19	5	00:57:41	9:18 min/m	4
25	Cameron Johns	1038	02:56:17	Ages 40 - 44	3	Male	20	Fast Flo Flyers	Langley	40	00:28:39	28:39 min/m	16	00:02:44	23	01:30:55	16.4 m/hr	25	00:01:53	24	00:52:04	8:23 min/m	14
26	Mathew Verbon	1016	02:56:38	Ages 50 - 54	2	Male	21		Burien	51	00:24:22	24:22 min/m	3	00:02:22	21	01:33:33	15.9 m/hr	27	00:01:55	25	00:54:24	8:46 min/m	18
27	Harold Perier	1015	02:56:47	Ages 45 - 49	2	Male	22		Spokane	45	00:28:19	28:19 min/m	14	00:02:26	22	01:24:49	17.5 m/hr	20	00:01:10	19	01:00:02	9:40 min/m	22
28	Matt Fairbanks	1022	02:57:24	Ages 35 - 39	3	Male	23		Snoqualmie	36	00:29:57	29:57 min/m	23	00:01:57	17	01:27:54	16.9 m/hr	24	00:00:56	11	00:56:37	9:08 min/m	21
29	Michael Schutzler	1012	02:59:20	Ages 50 - 54	3	Male	24		Seattle	54	00:24:39	24:39 min/m	4	00:02:50	24	01:27:13	17.1 m/hr	23	00:01:11	20	01:03:26	10:13 min/m	23
30	Cole Mitchell	1039	03:04:36	Ages 20 - 24	2	Male	25		Olympia	24	00:33:07	33:07 min/m	25	00:04:53	27	01:31:29	16.3 m/hr	26	00:04:52	27	00:50:14	8:06 min/m	9
31	William Oconnell	1023	03:06:24	Ages 45 - 49	3	Male	26		Seattle	46	00:30:46	30:46 min/m	24	00:03:33	26	01:25:13	17.5 m/hr	21	00:02:21	26	01:04:29	10:24 min/m	25
32	Andy Piacsek	1034	03:11:39	Ages 50 - 54	4	Male	27		Thorp	52	00:39:29	39:29 min/m	26	00:02:15	19	01:21:34	18.2 m/hr	18	00:01:17	22	01:07:02	10:48 min/m	27
33	Karli Barokas	1001	03:28:01	Ages 35 - 39	1	Female	6	Seattle Greenlake Triathlon Group	Fall City	39	00:27:50	27:50 min/m	2	00:01:56	6	01:47:15	13.9 m/hr	7	00:02:14	6	01:08:45	11:05 min/m	6
34	Sister Madonna Buder	1002	04:07:03	Ages 70 and Over	1	Female	7		Spokane	86	00:47:10	47:10 min/m	7	00:05:03	7	01:27:25	17.0 m/hr	6	00:02:23	7	01:45:00	16:56 min/m	7

-- Age Graded --

ag_time	ag_pct	rank
1:50:11	100.29	1
2:02:33	90.18	7
2:17:35	80.32	14
2:17:59	80.08	15
2:00:55	91.39	4
2:08:03	86.3	9
2:11:02	84.34	11
2:11:13	96.01	2
2:02:09	90.46	6
2:26:42	75.33	19
2:22:44	77.42	18
2:18:58	79.52	16
2:21:48	77.93	17
0:00:00	0	0
2:26:27	86.02	10
0:00:00	0	0
2:27:18	75.02	20
2:05:32	88.03	8
2:34:14	71.65	25
2:18:51	90.73	5
2:33:46	71.86	24
2:42:32	67.99	30
2:36:48	80.34	13
2:34:26	81.57	12
2:34:42	71.44	26
2:29:49	73.76	21
2:33:12	72.13	23
2:38:07	69.89	27
2:32:06	72.65	22
2:55:48	62.86	32
2:41:32	68.41	28
2:42:33	67.98	31
3:04:35	68.25	29
2:16:54	92.02	3

Ellensburg Triathlon

Sprint Overall Results

Saturday, July 23, 2016

If you have questions about your results, please email Info@BuDuRacing.com.

Thanks to Michael Gray for the Age Graded Results.

Timing by BuDu Racing, LLC

-- Age Graded --

Pos	Name	Race No	Time	Category	Categ Pos	Gender	Gender Pos	Team Name	City	Age	Swim	Swim PACE	Swim Gender Pos	T1	T1 Gender Pos	Cycle	Cycle PACE	Cycle Gender Pos	T2	T2 Gender Pos	Run	Run PACE	Run Gender Pos	ag_time	ag_pct	rank
1	Mark Doane	1064	01:00:04	Top 3 Overall	1	Male	1		Ruston	41	00:05:06	20:27 min/m	3	00:00:43	5	00:31:19	23.6 m/hr	1	00:00:26	8	00:22:28	7:14 min/m	5	0:52:42	91.18	3
2	Adam Heiner	1062	01:02:05	Top 3 Overall	2	Male	2		Seattle	42	00:05:30	22:02 min/m	5	00:00:52	9	00:34:09	21.6 m/hr	3	00:00:39	15	00:20:54	6:44 min/m	3	0:54:28	88.22	6
3	Josh Fountain	1066	01:02:29	Top 3 Overall	3	Male	3		Lake Stevens	29	00:05:03	20:14 min/m	2	00:00:42	4	00:37:19	19.8 m/hr	10	00:00:32	11	00:18:50	6:04 min/m	1	0:58:36	82.01	15
4	Paul Palumbo	1131	01:03:09	Ages 55 - 59	1	Male	4		Sammamish	57	00:05:37	22:29 min/m	6	00:00:58	13	00:32:38	22.6 m/hr	2	00:00:39	16	00:23:15	7:30 min/m	9	0:51:40	93.01	2
5	Clifford Gordon	1060	01:05:57	Ages 50 - 54	1	Male	5		Richland	50	00:06:49	27:18 min/m	18	00:00:48	6	00:35:01	21.1 m/hr	4	00:00:45	19	00:22:33	7:16 min/m	7	0:55:56	85.92	7
6	Stacia McInnes	1107	01:06:01	Top 3 Overall	1	Female	1		Kenmore	49	00:06:15	25:03 min/m	6	00:00:40	1	00:34:51	21.2 m/hr	1	00:00:28	7	00:23:45	7:39 min/m	3	0:56:59	96.13	1
7	Larry Mattson	1082	01:06:44	Ages 45 - 49	1	Male	6		Yakima	48	00:05:55	23:40 min/m	10	00:00:50	8	00:35:11	21.0 m/hr	5	00:00:53	22	00:23:54	7:42 min/m	13	0:57:50	83.1	11
8	Wade Hoiand	1074	01:07:11	Ages 60 - 64	1	Male	7	Team Wade	Pullman	60	00:06:08	24:35 min/m	11	00:00:56	12	00:37:02	19.9 m/hr	8	00:00:28	9	00:23:44	7:17 min/m	8	0:53:31	89.8	4
9	Mohammed Shariq	1125	01:07:29	Ages 25 - 29	1	Male	8		Belleue	29	00:06:19	25:16 min/m	12	00:01:34	25	00:38:55	19.0 m/hr	17	00:01:15	34	00:19:25	6:15 min/m	2	1:03:17	75.94	29
10	Michael Mcnaul	1083	01:08:44	Ages 45 - 49	2	Male	9		Seattle	46	00:07:34	30:17 min/m	23	00:01:32	23	00:37:11	19.8 m/hr	9	00:00:37	13	00:21:48	7:02 min/m	4	0:59:34	80.68	17
11	Eric Dunkley	1063	01:10:16	Ages 40 - 44	1	Male	10		Auburn	41	00:05:48	23:15 min/m	7	00:00:52	10	00:38:56	18.9 m/hr	18	00:00:48	21	00:23:49	7:40 min/m	12	1:01:39	77.94	21
12	Patty Bredice	1124	01:10:48	Top 3 Overall	2	Female	2		Kirkland	46	00:05:58	23:54 min/m	4	00:01:00	3	00:39:44	18.6 m/hr	5	00:00:33	9	00:23:30	7:34 min/m	2	1:01:07	89.63	5
13	Brett Melburn	1140	01:10:57	Ages 45 - 49	3	Male	11			48	00:06:39	26:38 min/m	16	00:01:30	21	00:37:23	19.7 m/hr	11	00:01:03	29	00:24:21	7:51 min/m	14	1:01:29	78.16	19
14	David Ball	1059	01:11:04	Ages 55 - 59	2	Male	12		Snohomish	55	00:08:01	32:04 min/m	25	00:00:48	7	00:36:42	20.1 m/hr	7	00:00:37	12	00:24:55	8:02 min/m	16	0:58:09	82.65	14
15	Rusty Englund	1075	01:11:15	Ages 45 - 49	4	Male	13		Gig Harbor	49	00:06:44	26:56 min/m	17	00:01:52	30	00:39:27	18.7 m/hr	19	00:00:40	17	00:22:30	7:15 min/m	6	1:01:44	77.83	22
16	Aaron Lamb	1061	01:11:50	Ages 40 - 44	2	Male	14		Seattle	43	00:06:23	25:35 min/m	13	00:00:38	3	00:38:45	19.0 m/hr	16	00:00:38	14	00:25:23	8:11 min/m	19	1:03:02	76.24	27
17	Kylen Fountain	1104	01:12:16	Top 3 Overall	3	Female	3		Lake Stevens	27	00:06:15	25:00 min/m	5	00:01:33	15	00:42:38	17.3 m/hr	9	00:00:34	10	00:21:14	6:51 min/m	1	1:05:52	83.17	10
18	Michelle Howe	1103	01:12:35	Ages 25 - 29	1	Female	4		Snohomish	28	00:07:47	31:10 min/m	16	00:01:20	9	00:38:06	19.4 m/hr	2	00:01:02	27	00:24:18	7:50 min/m	5	1:06:10	82.8	13
19	Jonathan Burnham	1129	01:12:56	Ages 30 - 34	1	Male	15		Seattle	31	00:08:02	32:11 min/m	26	00:01:13	15	00:38:40	18.1 m/hr	15	00:01:17	36	00:23:42	7:38 min/m	11	1:06:33	72.21	40
20	Joel Bodenman	1070	01:13:14	Ages 35 - 39	1	Male	16		Ellensburg	38	00:06:35	26:20 min/m	15	00:01:26	17	00:40:47	18.1 m/hr	24	00:00:54	23	00:23:29	7:34 min/m	10	1:05:16	73.63	35
21	Sea Turtles	1133	01:13:18	Relay	1	Male	17		Gearhart	1	00:05:52	23:28 min/m	8	00:00:56	11	00:41:42	17.7 m/hr	27	00:00:23	4	00:24:24	7:17 min/m	15	0:00:00	0	0
22	Magnus Melburn	1141	01:13:44	Ages 19 and Under	1	Male	18			17	00:08:29	33:58 min/m	35	00:01:32	22	00:35:18	20.9 m/hr	6	00:01:12	31	00:27:11	8:46 min/m	28	1:08:22	70.3	47
23	Chad Janis	1084	01:14:43	Ages 40 - 44	3	Male	19		Yakima	40	00:06:31	28:07 min/m	14	00:01:23	16	00:40:55	18.0 m/hr	26	00:00:48	20	00:25:03	8:05 min/m	17	1:05:34	73.3	38
24	Kevin Grady	1130	01:15:48	Ages 50 - 54	2	Male	20	Team Blaze Spokane	Spokane Valley	54	00:07:47	31:08 min/m	24	00:01:29	19	00:40:05	18.4 m/hr	21	00:01:13	32	00:25:12	8:07 min/m	18	1:04:17	74.75	32
25	Kris Allan	1113	01:15:57	Ages 50 - 54	1	Female	5		Newcastle	51	00:07:25	29:42 min/m	11	00:01:55	21	00:41:01	18.0 m/hr	6	00:01:14	31	00:24:19	7:50 min/m	6	1:03:58	85.64	8
26	Patty Swedberg	1137	01:16:03	Ages 50 - 54	2	Female	6		Kent	51	00:05:13	20:55 min/m	1	00:01:05	6	00:39:44	18.6 m/hr	4	00:00:57	22	00:29:01	9:21 min/m	18	1:04:03	85.52	9
27	Jenny Mattson	1096	01:16:34	Ages 45 - 49	1	Female	7		Yakima	45	00:07:48	31:14 min/m	17	00:01:30	11	00:42:42	17.3 m/hr	10	00:00:28	6	00:24:03	7:45 min/m	4	1:06:06	82.88	12
28	Jerry Hill	1078	01:16:39	Ages 55 - 59	3	Male	21		Spokane	59	00:08:12	32:50 min/m	30	00:01:44	28	00:38:03	19.4 m/hr	12	00:01:26	38	00:27:12	8:46 min/m	29	1:02:43	76.63	26
29	Kim Stanley	1057	01:17:13	Ages 60 - 64	2	Male	22		Sammamish	61	00:08:07	32:29 min/m	29	00:01:28	18	00:40:22	18.3 m/hr	23	00:01:00	26	00:26:14	8:27 min/m	24	1:01:30	77.13	20
30	Andrea Nesbitt	1121	01:18:27	Ages 30 - 34	1	Female	8		Ellensburg	30	00:07:45	31:02 min/m	15	00:01:41	18	00:39:32	18.7 m/hr	3	00:00:51	19	00:28:37	9:13 min/m	16	1:10:23	77.83	23
31	Marc Laush	1086	01:18:43	Ages 30 - 34	2	Male	23		Ellensburg	30	00:08:18	33:13 min/m	33	00:02:18	36	00:39:52	18.5 m/hr	20	00:00:32	10	00:27:42	8:56 min/m	31	1:11:50	66.9	57
32	Sarah Hunter	1136	01:18:52	Ages 25 - 29	2	Female	9		Yakima	28	00:08:51	35:27 min/m	24	00:01:07	7	00:43:42	16.9 m/hr	11	00:00:22	1	00:24:48	8:00 min/m	8	1:11:53	76.21	28
33	Kevin Krause	1068	01:18:53	Ages 50 - 54	3	Male	24		Cle Elum	52	00:09:44	38:57 min/m	43	00:01:41	27	00:40:11	17.4 m/hr	22	00:01:01	27	00:26:14	8:28 min/m	25	1:06:54	71.83	32
34	Dale Fuller	1056	01:19:34	Ages 60 - 64	3	Male	25		Pasco	63	00:08:26	33:45 min/m	34	00:01:39	26	00:42:31	17.4 m/hr	29	00:00:22	2	00:26:34	8:34 min/m	26	1:03:23	75.83	30
35	Vicky Holmes	1127	01:19:35	Ages 45 - 49	2	Female	10		Bothell	47	00:07:29	29:58 min/m	12	00:01:17	8	00:41:44	17.7 m/hr	7	00:00:45	15	00:28:18	9:07 min/m	15	1:08:42	79.74	18
36	Jeremy Day	1051	01:20:01	Clydesdale	1	Male	26		Yakima	37	00:07:24	29:36 min/m	22	00:01:33	24	00:38:40	19.1 m/hr	14	00:01:28	39	00:30:55	9:58 min/m	38	1:11:19	67.39	54
37	Ellen Eames	1100	01:20:18	Ages 35 - 39	1	Female	11		Newcastle	37	00:06:56	27:46 min/m	8	00:00:53	2	00:44:03	16.8 m/hr	12	00:00:58	23	00:27:26	8:51 min/m	12	1:11:15	76.89	24
38	Brady Muggleston	1085	01:20:37	Ages 35 - 39	2	Male	27	Break Trend	Selah	35	00:10:00	40:03 min/m	44	00:01:12	14	00:42:14	17.5 m/hr	28	00:01:14	33	00:25:55	8:21 min/m	22	1:11:51	66.89	58
39	Greg Wornell	1058	01:21:31	Ages 55 - 59	4	Male	28	Paoule Sports	Renton	59	00:07:12	28:48 min/m	20	00:02:05	34	00:40:49	18.1 m/hr	25	00:01:29	40	00:29:55	9:39 min/m	34	1:06:42	72.06	41
40	Cameron Muggleston	1087	01:21:32	Ages 25 - 29	2	Male	29		Yakima	27	00:08:05	32:21 min/m	27	00:01:29	20	00:46:07	16.0 m/hr	37	00:00:23	3	00:25:27	8:12 min/m	20	1:16:28	62.85	66
41	33 and Counting	1134	01:21:56	Relay	2	Male	30		Seabeck	1	00:09:16	37:06 min/m	40	00:00:23	1	00:38:38	19.1 m/hr	13	00:00:24	6	00:33:14	10:43 min/m	44	0:00:00	0	0
42	Dustin Hurter	1072	01:22:05	Ages 30 - 34	3	Male	31		Ellensburg	32	00:07:23	29:32 min/m	21	00:03:01	42	00:45:17	16.3 m/hr	36	00:00:25	7	00:25:58	8:22 min/m	23	1:14:54	64.16	62
43	Tommy Marchant	1076	01:22:15	Ages 19 and Under	2	Male	32	Total Kaos Tri Tri Team	Auburn	16	00:05:01	20:06 min/m	1	00:01:57	31	00:47:32	15.5 m/hr	41	00:00:44	18	00:26:59	8:42 min/m	27	1:16:15	63.02	63
44	Sarah Bitter	1115	01:22:25	Ages 40 - 44	1	Female	12	Seattle Green Lake	Seattle	41	00:07:32	30:10 min/m	14	00:01:32	14	00:41:56	17.6 m/hr	8	00:01:10	30	00:30:14	9:45 min/m	32	1:12:16	75.82	31
45	Shawn Barcus	1080	01:23:13	Ages 50 - 54	4	Male	33	West Sound Triathlon Club	Bremerton	52	00:05:53	23:34 min/m	9	00:02:34	38	00:45:13	16.3 m/hr	35	00:02:06	46	00:27:25	8:50 min/m	30	1:10:35	68.09	50
46	Abbigayle Mcguire	1105	01:23:40	Ages 20 - 24	1	Female	13		Yakima	21	00:05:54	23:39 min/m	3	00:01:27	10	00:44:41	16.5 m/hr	15	00:00:59	25	00:30:37	9:52 min/m	24	1:15:25	72.65	39
47	Brian Hake	1071	01:24:40	Ages 30 - 34	4	Male	34		Yakima	34	00:08:14	32:59 min/m	31	00:03:27	45	00:42:33	17.3 m/hr	30	00:01:30	41	00:28:53	9:19 min/m	32	1:17:16	62.2	

Thanks to Michael Gray for the Age Graded Results.
 Timing by BuDu Racing, LLC

Pos	Name	Race No	Time	Category	Categ Pos	Gender	Gender Pos	Team Name	City	Age	Swim	Swim PACE	Swim Gender Pos	T1	T1 Gender Pos	Cycle	Cycle PACE	Cycle Gender Pos	T2	T2 Gender Pos	Run	Run PACE	Run Gender Pos
71	Debra Tri	1118	01:36:40	Ages 65 - 69	1	Female	29		Lynnwood	67	00:10:51	43:25 min/m	35	00:05:03	41	00:46:20	15.9 m/hr	19	00:01:10	29	00:33:15	10:43 min/m	28
72	Norman Reid	1055	01:38:23	Ages 60 - 64	6	Male	43		Yakima	63	00:08:06	32:24 min/m	28	00:07:00	49	00:48:45	15.1 m/hr	42	00:01:33	42	00:32:57	10:37 min/m	43
73	Hailey Wallace	1123	01:42:23	Ages 19 and Under	3	Female	30		Everett	10	00:18:22	13:30 min/m	42	00:02:53	35	00:54:39	13.5 m/hr	33	00:00:47	16	00:25:40	8:17 min/m	10
74	Michael Stoddard	1088	01:42:37	Ages 20 - 24	1	Male	44		Seattle	23	00:09:11	36:47 min/m	39	00:04:26	47	00:55:31	13.3 m/hr	47	00:02:59	49	00:30:28	9:49 min/m	36
75	Lou Deleon	1069	01:42:53	Ages 50 - 54	5	Male	45		Lynnwood	51	00:09:32	38:09 min/m	41	00:04:34	48	00:46:11	16.0 m/hr	39	00:02:10	47	00:40:25	13:02 min/m	48
76	Anthony Mugleston	1050	01:43:13	Clydesdale	3	Male	46	Break Trend	Yakima	38	00:10:43	42:52 min/m	46	00:02:03	32	00:49:16	15.0 m/hr	43	00:00:58	25	00:40:11	12:57 min/m	47
77	Jessie Cardwell	1116	01:43:47	Ages 35 - 39	2	Female	31		Pasco	37	00:12:47	51:10 min/m	38	00:02:20	28	00:52:27	14.1 m/hr	28	00:01:43	40	00:34:28	11:07 min/m	32
78	Alison Beget	1099	01:43:48	Ages 35 - 39	3	Female	32		Bothell	37	00:09:24	37:37 min/m	27	00:05:37	42	00:52:35	14.0 m/hr	29	00:01:39	37	00:34:31	11:08 min/m	33
79	Ero Moldovan	1067	01:44:15	Ages 25 - 29	3	Male	47		Renton	26	00:11:49	47:18 min/m	48	00:03:27	44	00:55:16	13.4 m/hr	46	00:01:01	28	00:32:41	10:32 min/m	42
80	Brian Wallace	1065	01:45:24	Ages 35 - 39	3	Male	48		Everett	39	00:21:21	25:26 min/m	49	00:02:51	40	00:54:33	13.5 m/hr	45	00:00:57	24	00:25:40	8:17 min/m	21
81	Carrie Berglund	1114	01:49:20	Ages 45 - 49	6	Female	33		Edgewood	48	00:12:49	51:19 min/m	39	00:02:17	27	00:53:10	13.9 m/hr	31	00:01:15	32	00:39:47	12:50 min/m	36
82	Shelise Smithgall	1098	01:49:38	Ages 40 - 44	4	Female	34		Ellensburg	42	00:11:11	44:46 min/m	37	00:05:03	40	00:59:11	12.5 m/hr	39	00:01:40	38	00:32:32	10:29 min/m	26
83	Cynthia Stiner	1142	01:51:02	Ages 55 - 59	3	Female	35			57	00:11:08	44:35 min/m	36	00:02:06	24	01:03:14	11.7 m/hr	41	00:00:26	4	00:34:06	11:00 min/m	31
84	Anne Platzner	1095	01:51:25	Ages 45 - 49	7	Female	36		Bellevue	49	00:07:07	28:28 min/m	10	00:02:48	34	00:57:13	12.9 m/hr	38	00:01:17	33	00:42:59	13:52 min/m	38
85	Becky Drew	1089	01:51:48	Ages 60 - 64	2	Female	37		Yakima	61	00:10:49	43:18 min/m	34	00:03:12	38	00:56:33	13.0 m/hr	37	00:01:37	36	00:39:35	12:46 min/m	35
86	Robin Burk	1111	01:53:25	Ages 45 - 49	8	Female	38		Puyallup	48	00:09:33	38:14 min/m	29	00:02:20	29	00:56:30	13.1 m/hr	36	00:01:28	35	00:43:32	14:02 min/m	39
87	Vora Long	1091	01:57:23	Ages 60 - 64	3	Female	39	Vora Long	Steilacoom	61	00:15:39	2:37 min/m	41	00:03:11	37	00:56:30	13.1 m/hr	35	00:00:50	18	00:41:11	13:17 min/m	37
88	Dena Graves	1120	01:59:12	Ages 45 - 49	9	Female	40		Woodinville	47	00:10:45	43:00 min/m	33	00:03:02	36	00:55:40	13.3 m/hr	34	00:01:49	41	00:47:54	15:27 min/m	41
89	Janine Zietlow	1119	02:00:09	Ages 50 - 54	4	Female	41		Moses Lake	52	00:10:19	41:17 min/m	32	00:03:18	39	00:59:40	12.4 m/hr	40	00:00:49	17	00:46:01	14:50 min/m	40
90	Court Jones	1077	02:03:34	Ages 70 and Over	1	Male	49		Ellensburg	81	00:11:02	44:10 min/m	47	00:03:54	46	00:56:19	13.1 m/hr	49	00:01:26	37	00:50:50	16:24 min/m	49
91	Jessica Doty	1052	02:18:08	Athena	1	Female	42		Cle Elum	34	00:08:08	32:35 min/m	21	00:02:22	30	01:17:03	9.6 m/hr	42	00:00:35	12	00:49:56	16:06 min/m	42
	Brett Thomas	1139	01:24:46	Ages 55 - 59		Male		Total Kaos Tri Team	Federal Way	58	00:09:27	37:48 min/m		00:01:25		00:44:34	16.6 m/hr		00:01:21		00:27:58	9:01 min/m	
	Leigh Arredondo	1122	01:29:18	Ages 45 - 49		Female			Seattle	49	00:12:44	50:59 min/m		00:02:50		00:57:59	12.7 m/hr		00:01:11		00:14:32	4:41 min/m	

-- Age Graded --

ag_time	ag_pct	rank
1:11:19	76.82	25
1:18:22	61.32	68
1:30:10	60.76	69
1:37:43	49.18	86
1:27:16	55.08	81
1:31:59	52.24	84
1:32:05	59.49	74
1:32:06	59.48	75
1:37:46	49.16	87
1:33:56	51.16	85
1:34:23	58.04	77
1:36:07	57	78
1:30:45	60.37	70
1:36:11	56.96	79
1:26:56	63.02	64
1:37:55	55.95	80
1:31:17	60.02	72
1:42:54	53.24	83
1:41:13	54.13	82
1:13:11	65.66	60
2:03:57	44.2	88

Carey Lakes Runs

10K Overall Results

Saturday, July 23, 2016

If you have questions about your results, please email Info@BuDuRacing.com.

Timing by BuDu Racing, LLC

Pos	Name	Race No	Time	Category	Categ Pos	Gender	Gender Pos	City	Age
1	Thatcher Montgomery	1365	00:40:54	Ages 20 - 29	1	Male	1	Richland	22
2	Fernando Contreras	1333	00:45:48	Ages 30 - 39	1	Male	2	Ellensburg	30
3	James Mccollum	1378	00:49:12	Ages 20 - 29	2	Male	3	Ellensburg	27
4	Mayra Cuenca	1335	00:51:20	Ages 20 - 29	1	Female	1	Ellensburg	27
5	Jamie Hurter	1340	00:52:30	Ages 30 - 39	1	Female	2	Ellensburg	30
6	Nick Stephenson	1382	00:53:47	Ages 50 - 59	1	Male	4	Yakima	56
7	Norbert Owart	1383	00:57:43	Ages 60 - 69	1	Male	5	Ellensburg	64
8	Lisa Matthews	1346	00:59:18	Ages 40 - 49	1	Female	3	Yakima	46
9	Bruce Mccollum	1347	01:05:49	Ages 60 - 69	2	Male	6	Vancouver	62
10	Leeann Zavala	1376	01:07:45	Ages 30 - 39	2	Female	4	Ellensburg	32

Carey Lakes Runs

5K Overall Results

Saturday, July 23, 2016

If you have questions about your results, please email Info@BuDuRacing.com.

Timing by BuDu Racing, LLC

Pos	Name	Race No	Time	Category	Categ Pos	Gender	Gender Pos	City	Age
1	Braden Wallace	1385	00:21:03	Ages 19 and Under	1	Male	1	Everett	11
2	Hudson Wallace	1384	00:23:21	Ages 19 and Under	2	Male	2	Everett	8
3	Jenae Mcinnes	1349	00:23:50	Ages 19 and Under	1	Female	1	Kenmore	14
4	Corey Kane	1341	00:25:28	Ages 30 - 39	1	Male	3	East Wenatchee	36
5	Lindsay Kane	1342	00:25:37	Ages 30 - 39	1	Female	2	East Wenatchee	35
6	Mitchell Spencer	1371	00:29:24	Ages 20 - 29	1	Male	4	Ellensburg	26
7	Angela Thomassen	1381	00:32:45	Ages 30 - 39	2	Female	3	Ellensburg	35
8	Brittany Emerson	1337	00:33:23	Ages 30 - 39	3	Female	4	Moses Lake	32
9	Kyle Bosman	1380	00:34:25	Ages 20 - 29	2	Male	5	Ellensburg	22
10	Katie Spencer	1370	00:35:11	Ages 20 - 29	1	Female	5	Ellensburg	21
11	Chris Kent	1343	00:39:07	Ages 30 - 39	2	Male	6	Moses Lake	36
12	Shelly Contreras	1334	00:39:52	Ages 30 - 39	4	Female	6	Ellensburg	30
13	Wendy Kirkham	1345	00:42:01	Ages 40 - 49	1	Female	7	Ellensburg	41
14	Pam Bosman	1332	00:42:53	Ages 40 - 49	2	Female	8	Ellensburg	46
15	Allie Stapp	1379	00:43:19	Ages 20 - 29	2	Female	9	Ellensburg	29
16	Sydney Smith	1386	00:43:25	Ages 19 and Under	2	Female	10	Ellensburg	7
17	Liz Smith	1387	00:43:26	Ages 30 - 39	5	Female	11	Ellensburg	31
18	Mary Anderson	1331	00:43:28	Ages 60 - 69	1	Female	12	Vancouver	62
19	Pearl Rossi	1368	00:44:39	Ages 30 - 39	6	Female	13	Ellensburg	36
20	Sinead Frank	1339	00:44:39	Ages 30 - 39	7	Female	14	Ellensburg	38
21	Katie Kent	1344	00:46:06	Ages 30 - 39	8	Female	15	Moses Lake	36
22	Estefano Pina	1377	00:48:01	Ages 20 - 29	3	Male	7	Ellensburg	25
23	Anna Thomas	1374	00:48:27	Ages 50 - 59	1	Female	16	Auburn	56
24	Kylie Thomas	1375	00:48:29	Ages 20 - 29	3	Female	17	Ellensburg	24