

## Spring Festival Tri/Du 5/29/17

Great morning at Montlake Park in Moses Lake for the Spring Festival Tri/Du. Hope you all had fun! Thanks to Moses Lake Parks & Recreation, Moses Lake Police Department, Grant County Sheriff's Office - Tom Jones, Sheriff, Lake City Foursquare Church, Moses Lake High School Key Club and the Richeson family!!

This is the first event of the BuDu Champion Series. For more information on the series, please go to:

<http://www.buduracing.com/race-results-inset.php?eid=1603>

Mjolnir Cycles is donating a custom bike frame to the series. Check out the link above for more information.



Finisher certificates and Age Group results are available at this link:

<http://buduracing.racetecresults.com/Results.aspx?Clid=16618&Rid=147>

BuDu Racing, LLC Charity of Choice: JDRF!

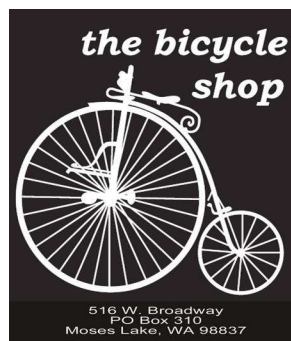


BuDu Racing, LLC is proud to pledge a portion of the registration fees to support the Juvenile Diabetes Research Foundation (JDRF). The mission of JDRF is to find a cure for diabetes and its complications through the support of research. Type 1 diabetes is an autoimmune disease that strikes children and adults suddenly, and can be fatal. Until a cure is found, people with type 1 diabetes have to test their blood sugar and give themselves insulin, every day of their lives. And even with that intensive care, insulin is not a cure for diabetes, nor does it prevent its eventual and devastating complications, which may include kidney failure, blindness, heart disease, stroke, and amputation.

We love our sponsors, and hope you do too! Please support them.



Thanks to local sponsors:





Timing by BuDu Racing, LLC

P. Os	Race No	Name	Time	Category	Cat Pos	Age	Gender	Gen Pos	Team	City	Run1	Pace	T1	Cycle	Pace	T2	Run2	Pace
62	1994	Nancy Deobald	01:41:40	60-64	4	62	Female	23		Harvard	00:13:35	1.1 m/hr	00:05:23	00:44:44	13.4 m/hr	00:01:18	00:36:38	11:49 min/m
63	1948	Rushton Kids	01:42:34	Relay	2	0	Male	40		Baker City	00:14:23	1.0 m/hr	00:00:21	00:35:13	17.0 m/hr	00:00:22	00:52:14	16:51 min/m
64	1956	Austin Mcculley	01:43:08	35-39	4	36	Male	41	Tri-City Rebels	Richland	00:09:09	1.6 m/hr	00:04:28	00:36:44	16.3 m/hr	00:02:20	00:50:24	16:15 min/m
65	1932	Shilo Collette	01:43:32	25-29	2	27	Female	24		Moses Lake	00:14:38	1.0 m/hr	00:04:36	00:43:17	13.9 m/hr	00:01:20	00:39:38	12:47 min/m
66	1987	Caitlin Holloway	01:45:33	Athena	2	26	Female	25	Tri-City Rebels	Richland	00:14:49	1.0 m/hr	00:03:06	00:41:28	14.5 m/hr	00:01:56	00:44:12	14:15 min/m
67	1931	Sean Collette	01:48:07	30-34	3	34	Male	42		Moses Lake	00:13:21	1.1 m/hr	00:10:32	00:41:38	14.4 m/hr	00:02:57	00:39:38	12:47 min/m
68	1985	Janine Zietlow	01:50:23	50-54	1	53	Female	26		Moses Lake	00:12:56	1.2 m/hr	00:03:32	00:44:05	13.6 m/hr	00:01:28	00:48:20	15:35 min/m
DNF	1935	Sonia Tonnemaker	DNF	55-59		56	Female			Royal City	00:08:21	1.8 m/hr						

-- Age Graded --

Adj Time	Percent	Rnk
1:19:28	63.1	55
0:00:00	0.0	0
1:32:39	47.5	65
1:35:17	52.6	62
1:37:08	51.6	63
1:40:50	43.6	66
1:33:13	53.8	61

# Spring Festival Duathlon

Monday, May 29, 2017

If you have questions about your results, please email [Info@BuDuRacing.com](mailto:Info@BuDuRacing.com).

Thanks to Michael Gray for the Age Graded Results.

Timing by BuDu Racing, LLC

Pos	Race No	Name	Time	Category	Cat Pos	Age	Gender	Gen Pos	Team	City	Run1	Pace	T1	Cycle	Pace	T2	Run2	Pace	-- Age Graded --		
																			Adj Time	Percent	Rnk
1	1893	Scott Harder	01:00:28	TOF	1	46	Male	1	Snoqualmie Ice Cream Racing	Mill Creek	00:09:47	6:06 min/m	00:00:37	00:27:19	22.0 m/hr	00:00:44	00:22:00	7:05 min/m	0:52:53	88.6	3
2	1908	Ben Thomassen	01:01:47	3039	1	37	Male	2	Identity Racing	Ellensburg	00:09:42	6:03 min/m	00:00:30	00:28:11	21.3 m/hr	00:00:27	00:22:55	7:23 min/m	0:55:30	84.4	7
3	1899	Steven Wade	01:02:44	5059	1	59	Male	3	Team Wade	Burlington	00:10:27	6:32 min/m	00:00:42	00:27:48	21.6 m/hr	00:00:27	00:23:17	7:30 min/m	0:51:52	90.3	1
4	1898	Sean Taylor	01:04:35	4049	1	48	Male	4		Gig Harbor	00:10:48	6:45 min/m	00:00:28	00:27:49	21.6 m/hr	00:00:16	00:25:13	8:08 min/m	0:56:29	82.9	10
5	1900	Wade Hoiland	01:05:12	60+	1	61	Male	5	Team Wade	Pullman	00:10:28	6:32 min/m	00:00:35	00:29:55	20.1 m/hr	00:00:33	00:23:39	7:37 min/m	0:52:14	89.6	2
6	1890	Kirk Herring	01:06:24	60+	2	63	Male	6		Spokane	00:12:01	7:31 min/m	00:01:00	00:27:54	21.5 m/hr	00:00:38	00:24:49	8:00 min/m	0:53:12	88.0	4
7	1906	3 Amigos	01:10:59	Relay	1	0	Male	7		Moses Lake	00:11:43	7:19 min/m	00:00:23	00:31:10	19.3 m/hr	00:00:21	00:27:21	8:49 min/m			
8	1907	Wallace Wood	01:13:35	60+	3	67	Male	8		Vashon	00:12:00	7:30 min/m	00:00:57	00:32:11	18.6 m/hr	00:00:45	00:27:39	8:55 min/m	0:55:39	84.1	8
9	1911	Cora Sturzl	01:14:05	TOF	1	54	Female	1		Malaga	00:12:44	7:57 min/m	00:00:59	00:32:46	18.3 m/hr	00:00:50	00:26:45	8:37 min/m	1:02:34	85.3	6
10	1897	Michelle Musia	01:14:26	4049	1	46	Female	2		Enterprise	00:12:48	8:00 min/m	00:00:26	00:30:59	19.4 m/hr	00:00:31	00:29:40	9:34 min/m	1:04:19	83.0	9
11	1902	Nancy Taylor	01:16:19	4049	2	47	Female	3		Gig Harbor	00:12:45	7:58 min/m	00:00:43	00:35:13	17.0 m/hr	00:00:26	00:27:10	8:46 min/m	1:05:56	81.0	11
12	1891	Jaime Greene	01:17:54	4049	3	41	Female	4		Renton	00:12:55	8:04 min/m	00:00:51	00:32:50	18.3 m/hr	00:00:42	00:30:35	9:52 min/m	1:08:10	78.3	12
13	1901	Christina Jalali	01:19:31	4049	4	41	Female	5		Coulee City	00:12:47	7:59 min/m	00:01:16	00:35:55	16.7 m/hr	00:01:19	00:28:12	9:06 min/m	1:09:34	76.7	13
14	1905	Team Robillard	01:21:06	Relay	2	0	Male	9		Moses Lake	00:11:30	7:11 min/m	00:00:26	00:43:38	13.8 m/hr	00:00:21	00:25:10	8:07 min/m			
15	1895	Dan Zenner	01:21:55	60+	4	64	Male	10		Moscow	00:14:13	8:53 min/m	00:01:08	00:36:29	16.4 m/hr	00:00:48	00:29:16	9:26 min/m	1:05:38	71.3	14
16	1904	Billy Lewis	01:25:50	4049	2	43	Male	11		Tacoma	00:13:39	8:32 min/m	00:00:48	00:39:24	15.2 m/hr	00:00:48	00:31:08	10:02 min/m	1:15:52	61.7	17
17	1892	Gina Howe	01:30:40	3039	1	36	Female	6	Raise the Bar	Kent	00:16:04	10:02 min/m	00:00:58	00:36:20	16.5 m/hr	00:01:02	00:36:15	11:41 min/m	1:21:13	65.7	15
18	1894	Eric Howe	01:32:02	3039	2	39	Male	12		Kent	00:15:41	9:48 min/m	00:01:23	00:36:41	16.4 m/hr	00:01:10	00:37:05	11:57 min/m	1:22:41	56.6	18
19	1903	Christine Lewis	01:34:12	4049	5	46	Female	7		Tacoma	00:15:15	9:32 min/m	00:00:36	00:40:55	14.7 m/hr	00:00:31	00:36:53	11:53 min/m	1:21:24	65.6	16
20	1909	Patrick Griffith	01:41:53	Clyde	1	54	Male	13		Olympia	00:14:50	9:16 min/m	00:02:23	00:38:25	15.6 m/hr	00:02:09	00:44:04	14:13 min/m	1:27:13	53.7	19
21	1896	Sister Madonna Buder	01:56:41	60+	1	87	Female	8		Spokane	00:21:40	13:32 min/m	00:00:52	00:43:09	13.9 m/hr	00:00:37	00:50:22	16:14 min/m	1:02:16	85.7	5
DNF	1910	Lisa Grover	DNF	5059		52	Female			Olympia											