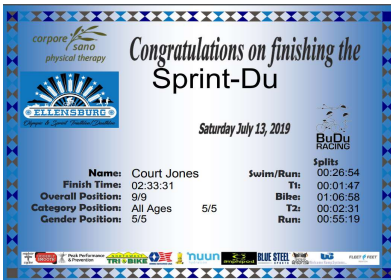


## Ellensburg Multisport - 7/13/19

Such an exceptional day for the Ellensburg Triathlon and Duathlon. The sun was shining the winds were mainly minimal, the athletes were fast, so much fun!! Thanks to all of you for coming out.

We have a lot of people who help with this event and deserve thanks: Ellensburg High School Cross Country, Ellensburg Foursquare, Vince and Kathy Nethery, Outdoors Pursuits and Rentals, Mountain High Sports, the Recycle Shop, Kathleen Colvard (always with a smile), Ellensburg Police, Kittitas Sheriffs, our staff! Thanks so much to all of you, we could not do it without you.

This is the second event of the **BuDu Champion Series**. Age Graded results are computed by Michael Gray (Thank you so much!!). For more information on the series and to see the age graded results on Monday, please go to:



[http://www.buduracing.com/events\\_detail.php?e=1796](http://www.buduracing.com/events_detail.php?e=1796)

Mjolnir Cycles is donating a custom bike frame to the series. Check out the link above for more information.

Finisher certificates, Finish Video, Age Group and Age Graded (only on the pdf) results are available at this link:

<https://www.buduracing.com/race-results-inset.php?eid=1791>

Also, on FaceBook, you can find a photo album that has photos taken at the event.

[https://www.facebook.com/BuDu-Racing-104535699590303/photos/?tab=album&album\\_id=2417421791635004](https://www.facebook.com/BuDu-Racing-104535699590303/photos/?tab=album&album_id=2417421791635004)

**BuDu Racing, LLC Charity of Choice: JDRF!**



BuDu Racing, LLC is proud to pledge a portion of the registration fees to support the Juvenile Diabetes Research Foundation (JDRF). The mission of JDRF is to find a cure for diabetes and its complications through the support of research. Type 1 diabetes is an autoimmune disease that strikes children and adults suddenly, and can be fatal. Until a cure is found, people with type 1 diabetes have to test their blood sugar and give themselves insulin, every day of their lives. And even with that intensive care, insulin is not a cure for diabetes, nor does it prevent its eventual and devastating complications, which may include kidney failure, blindness, heart disease, stroke, and amputation.

We love our sponsors, and hope you do too! Please support them.



Thanks to local sponsors:

Mountain High Sports, ReCycle Shop, and Outdoor Pursuits and Rentals.

# Ellensburg Multisport Olympic Overall Results

Saturday, July 13, 2019

If you have questions about your results, please email [Info@BuDuRacing.com](mailto:Info@BuDuRacing.com).

Thanks to Michael Gray for the Age Graded Results.

Timing by BuDu Racing, LLC

Pos	Race No	Name	Time	Category	Age	Gender	Team	City	Swim	T1	Cycle	T2	Run
1	1460	Roger Thompson	1:59:06	45-49	48	Male		Spokane	0:22:13	0:00:49	0:59:01	0:00:24	0:36:37
2	1499	Drew Magill	2:12:04	50-54	54	Male		Bellevue	0:25:30	0:00:40	1:03:06	0:00:31	0:42:14
3	1469	Ryan Mcshane	2:14:32	30-34	34	Male		Seattle	0:26:59	0:01:34	1:06:52	0:01:01	0:38:05
4	1479	Tom Wagner	2:15:30	40-44	44	Male		Renton	0:25:34	0:00:48	1:08:59	0:00:20	0:39:49
5	1475	Eric Bertelsen	2:16:26	50-54	52	Male		Seattle	0:26:27	0:01:18	1:07:13	0:00:44	0:40:43
6	1482	Kevin Proszek	2:16:59	35-39	39	Male		Spokane	0:23:27	0:01:24	1:09:30	0:01:21	0:41:15
7	1466	Javier Aguado	2:18:03	35-39	37	Male		Moses Lake	0:24:34	0:00:38	1:12:42	0:00:57	0:39:11
8	1478	Clint Patterson	2:22:29	45-49	49	Male	VO2 Multisport	Woodinville	0:23:55	0:01:05	1:11:48	0:01:00	0:44:39
9	1462	Steve Moore	2:24:09	50-54	53	Male		Ellensburg	0:29:57	0:00:50	1:07:47	0:01:35	0:43:58
10	1467	German Hernandez	2:24:58	35-39	39	Male		Moses Lake	0:28:30	0:01:09	1:14:43	0:01:01	0:39:32
11	1465	Paul Palumbo	2:27:11	60-64	60	Male		Sammamish	0:28:16	0:01:46	1:06:14	0:00:49	0:50:04
12	1498	Steven Wade	2:28:22	60-64	61	Male		Burlington	0:27:24	0:01:08	1:14:42	0:00:49	0:44:18
13	1485	Bryan Mckinnon	2:29:32	35-39	37	Male		Seattle	0:32:46	0:00:56	1:13:11	0:01:09	0:41:28
14	1500	Alexander Kulsa	2:29:49	25-29	27	Male		Kenmore	0:28:49	0:00:57	1:16:39	0:00:32	0:42:51
15	1470	Number 2	2:33:33	Relay	1	Mixed		Tacoma	0:26:22	0:00:19	1:18:45	0:00:43	0:47:22
16	1477	Jake Hunt	2:38:31	45-49	49	Male		Moses Lake	0:28:22	0:01:59	1:14:54	0:02:15	0:51:00
17	1476	Trevelan Dakan	2:41:00	50-54	50	Male		Auburn	0:26:49	0:01:18	1:20:26	0:00:41	0:51:45
18	1491	Christine Bayless	2:44:13	55-59	59	Female		Kirkland	0:29:34	0:02:24	1:21:58	0:00:58	0:49:18
19	1486	Robert Boyer	2:44:49	25-29	28	Male		Kirkland	0:27:32	0:02:23	1:26:27	0:01:04	0:47:22
20	1464	Julie Olson	2:48:29	45-49	45	Female	PR Performance	Sammamish	0:35:43	0:02:06	1:20:47	0:01:04	0:48:48
21	1487	William Oconnell	2:48:44	45-49	49	Male	WAC Tri/Cycle Club	Seattle	0:30:59	0:02:08	1:19:05	0:01:12	0:55:18
22	1471	Al Truscott	2:49:44	70+	70	Male	Endurance Nation	Gig Harbor	0:31:20	0:01:50	1:18:17	0:01:53	0:56:22
23	1468	Zack Hinkley	2:50:12	35-39	35	Male		Seattle	0:36:20	0:02:02	1:13:26	0:01:40	0:56:43
24	1463	Mike Mcquaid	2:52:47	55-59	56	Male		Seattle	0:36:48	0:03:27	1:15:48	0:01:00	0:55:42
25	1496	Karen Huston-Faye	2:56:47	45-49	49	Female		Cle Elum	0:30:51	0:01:40	1:28:14	0:00:49	0:55:11
26	1489	Diana Spangle	2:58:06	60-64	64	Female	3 RRR	Richland	0:31:04	0:01:33	1:20:56	0:01:08	1:03:24
27	1484	Samuel Wright	3:00:50	35-39	38	Male		Monroe	0:38:48	0:03:44	1:25:11	0:01:50	0:51:15
28	1472	Ed McCormack	3:03:14	70+	70	Male		Issaquah	0:30:35	0:01:56	1:29:59	0:01:39	0:59:04
29	1483	Bing Howell	3:06:20	35-39	39	Male		Seattle	0:39:22	0:01:37	1:25:15	0:02:02	0:58:02
30	1494	Liz Whalley	3:06:40	45-49	45	Female		Seattle	0:35:51	0:02:09	1:35:30	0:00:56	0:52:12
31	1474	George Sisson	3:08:24	55-59	55	Male		Ephrata	0:45:43	0:03:49	1:30:33	0:01:02	0:47:15
32	1488	Maziar Sattari	3:09:03	45-49	45	Male		Redmond	0:38:46	0:03:08	1:26:18	0:01:37	0:59:12
33	1495	Morgan Sisson	3:52:13	25-29	25	Female		Wenatchee	0:46:05	0:03:42	1:47:44	0:02:16	1:12:24

-- Age Graded --		
Time	Percentage	Rank
1:45:33	105.8	1
1:56:08	96.2	2
2:07:42	87.5	14
2:02:00	91.5	7
1:59:58	93.1	3
2:06:10	88.5	10
2:07:09	87.8	13
2:06:16	88.5	11
2:06:45	88.1	12
2:13:31	83.6	17
2:00:21	92.8	4
2:01:19	92.1	5
2:17:44	81.1	19
2:24:41	77.2	23
0:00:00	0.0	0
2:20:29	79.5	20
2:21:34	78.9	21
2:18:54	91.7	6
2:39:10	70.2	27
2:26:22	87.0	15
2:29:32	74.7	25
2:03:04	90.8	8
2:36:46	71.2	26
2:26:45	76.1	24
2:33:34	82.9	18
2:22:43	89.2	9
2:46:34	67.1	29
2:12:51	84.1	16
2:51:38	65.1	31
2:42:09	78.5	22
2:40:01	69.8	28
2:47:33	66.7	30
3:38:34	58.3	32

# Ellensburg Multisport Sprint Overall Results Saturday, July 13, 2019

If you have questions about your results, please email [Info@BuDuRacing.com](mailto:Info@BuDuRacing.com).

Thanks to Michael Gray for the Age Graded Results.

Timing by BuDu Racing, LLC

Pos	Race No	Name	Time	Category	Age	Gender	Team	City	Swim	T1	Cycle	T2	Run
1	1442	Adam Heiner	0:56:21	45-49	45	Male		Seattle	0:05:15	0:00:32	0:31:39	0:00:28	0:18:25
2	1443	Daryl Smith	0:57:24	45-49	48	Male	Advantage Multisport	Bellingham	0:05:00	0:00:34	0:32:04	0:00:34	0:19:09
3	1449	Joseph Skoog	1:00:34	U19	19	Male		Mill Creek	0:06:12	0:01:12	0:34:25	0:00:51	0:17:53
4	1396	Mark Drangsholt	1:01:51	60-64	62	Male	Woloshyn Orthodontics	Seattle	0:06:18	0:00:37	0:32:58	0:00:33	0:21:24
5	1397	Bryan Brosious	1:03:57	30-34	34	Male		Spokane	0:05:04	0:00:45	0:35:50	0:00:37	0:21:39
6	1437	Caleb True	1:04:17	30-34	33	Male	Cosmic Puzzle Racing	Seattle	0:07:11	0:00:33	0:35:27	0:00:30	0:20:35
7	1446	Doug Babbitt	1:04:37	55-59	55	Male		Tacoma	0:06:36	0:01:06	0:36:22	0:00:37	0:19:55
8	1412	Brooke Wallace	1:05:27	U19	19	Female		Snohomish	0:06:21	0:00:47	0:37:46	0:00:38	0:19:54
9	1444	Larry Mattson	1:06:01	50-54	51	Male		Yakima	0:06:34	0:00:45	0:34:44	0:00:42	0:23:15
10	1408	Stacia McInnes	1:06:19	50-54	52	Female	Tri-Reality	Kenmore	0:07:00	0:00:58	0:35:02	0:00:36	0:22:41
11	1450	Joey Collins	1:06:28	55-59	55	Male		Everett	0:06:50	0:01:21	0:35:05	0:00:39	0:22:32
12	1439	Ryan Nesbitt	1:07:07	35-39	36	Male	Club-Tri Ellensburg	Ellensburg	0:06:31	0:00:45	0:35:46	0:00:39	0:23:24
13	1452	Carleton 'buck' Jones	1:07:17	50-54	54	Male		Peoria	0:05:43	0:01:09	0:40:15	0:00:25	0:19:44
14	1407	Maggie Simmons	1:07:54	20-24	20	Female		Yakima	0:05:49	0:00:40	0:38:18	0:00:33	0:22:32
15	1393	Vince Nethery	1:08:12	60-64	64	Male		Wenatchee	0:06:19	0:00:56	0:34:59	0:00:58	0:24:58
16	1433	Zachary Mathias	1:09:07	U19	18	Male		Ellensburg	0:08:29	0:02:17	0:39:32	0:00:21	0:18:25
17	1410	Alahna Lien	1:09:11	U19	15	Female		Post Falls	0:05:32	0:01:02	0:39:47	0:00:31	0:22:19
18	1445	Greg Peterson	1:11:10	50-54	54	Male		Entiat	0:07:08	0:01:50	0:36:19	0:01:05	0:24:46
19	1429	Jack Riley	1:11:29	55-59	58	Male		Tracy	0:06:39	0:00:49	0:37:52	0:00:45	0:25:22
20	1447	Die Tri-Ing	1:12:20	Relay	1	Mixed		Snohomish	0:07:12	0:02:25	0:40:14	0:00:49	0:21:39
21	1394	John Colvard	1:12:30	55-59	58	Male	Raise The Bar	Seattle	0:08:08	0:01:00	0:38:10	0:01:00	0:24:10
22	1411	Leah Holmgren	1:12:59	U19	17	Female		Ellensburg	0:08:28	0:02:14	0:40:58	0:00:37	0:20:40
23	1454	Chad Janis	1:13:15	40-44	43	Male		Yakima	0:06:25	0:01:04	0:40:54	0:00:56	0:23:55
24	1431	Ethan Bergman	1:15:25	65-69	67	Male		Ellensburg	0:07:45	0:01:50	0:38:55	0:00:56	0:25:58
25	1436	Ken Vansickle	1:15:36	30-34	32	Male		Spokane Valley	0:06:18	0:01:30	0:42:27	0:00:34	0:24:44
26	1287	Camden Jones	1:16:44	20-24	24	Male		Yakima	0:08:05	0:02:00	0:43:46	0:00:38	0:22:13
27	1425	Jerry Hill	1:19:17	60-64	62	Male	Team Blaze	Spokane	0:08:15	0:01:58	0:40:22	0:01:20	0:27:20
28	1432	Hudson Wallace	1:19:37	U19	11	Male		Snohomish	0:10:08	0:03:14	0:44:11	0:00:26	0:21:37
29	1428	Kurt Schoville	1:19:43	50-54	51	Male		Renton	0:07:38	0:02:20	0:44:16	0:00:42	0:24:45
30	1418	Sarah Mackay	1:19:49	45-49	49	Female		Seattle	0:08:10	0:01:18	0:44:06	0:01:08	0:25:06
31	1286	Craig Layman	1:20:08	55-59	56	Male		Twisp	0:09:52	0:03:38	0:44:34	0:01:16	0:20:47
32	1438	Cesar Ortiz	1:20:17	35-39	35	Male		Ellensburg	0:09:01	0:02:11	0:46:49	0:00:22	0:21:53
33	1290	Slug Pug	1:20:23	Relay	1	Mixed		Yakima	0:07:32	0:02:14	0:44:42	0:00:41	0:25:13
34	1404	Kara Millhollin	1:20:24	45-49	48	Female		Everson	0:08:59	0:01:50	0:42:42	0:00:49	0:26:02
35	1413	Katherine Erley	1:20:30	30-34	33	Female		Cle Elum	0:07:39	0:01:35	0:45:32	0:01:21	0:24:21
36	1416	Madeline Majsterek	1:21:24	30-34	34	Female		Ellensburg	0:07:38	0:01:56	0:44:50	0:01:29	0:25:29
37	1409	Hailley Wallace	1:22:05	U19	13	Female		Snohomish	0:09:06	0:02:11	0:46:14	0:00:22	0:24:10
38	1422	Elizabeth Shepard	1:22:19	55-59	59	Female		Yakima	0:07:05	0:00:33	0:41:56	0:00:27	0:32:15
39	1283	Brian Skoog	1:24:40	40-44	43	Male		Mill Creek	0:07:30	0:02:10	0:43:56	0:01:04	0:29:58
40	1419	Jackie Bonjean	1:25:22	55-59	58	Female	TriReality	Seattle	0:07:40	0:01:08	0:44:42	0:00:47	0:31:04
41	1423	Carol Coram	1:25:48	65-69	69	Female	WAC Tri/Cycle Club	Seattle	0:09:08	0:01:02	0:44:40	0:00:52	0:30:04
42	1417	Taeya Lauer	1:25:52	45-49	48	Female		Seattle	0:08:39	0:02:11	0:48:15	0:01:20	0:25:26
43	1415	Brenda Collins	1:26:55	45-49	45	Female		Yakima	0:08:03	0:01:50	0:44:16	0:01:19	0:31:24
44	1451	Gary Epp	1:27:39	20-24	24	Male		Ellensburg	0:09:36	0:02:13	0:46:20	0:00:21	0:29:07
45	1426	Jeremy Klarich	1:27:39	25-29	25	Male		Ellensburg	0:05:45	0:02:23	0:48:41	0:00:55	0:29:53
46	1453	Lucas Jones	1:28:20	U19	15	Male		Peoria	0:07:43	0:02:34	0:56:01	0:00:26	0:21:34

-- Age Graded --		
Time	Percentage	Rank
0:49:56	95.4	1
0:50:52	93.7	4
0:58:49	81.0	13
0:50:34	94.2	3
1:00:42	78.5	17
1:01:01	78.1	20
0:54:53	86.8	7
1:00:21	90.0	5
0:58:03	82.1	12
0:57:25	94.6	2
0:56:27	84.4	10
1:01:49	77.1	24
0:59:09	80.5	15
1:02:59	86.3	8
0:55:46	85.5	9
1:07:07	71.0	34
1:01:47	87.9	6
1:02:34	76.2	25
1:00:43	78.5	18
0:00:00	0.0	0
1:01:34	77.4	23
1:07:41	80.3	16
1:05:57	72.3	31
0:59:07	80.6	14
1:11:46	66.4	39
1:15:39	63.0	44
1:04:49	73.5	28
1:12:02	66.2	40
1:10:05	68.0	38
1:09:20	78.4	19
1:08:03	70.0	36
1:13:56	64.4	42
0:00:00	0.0	0
1:09:50	77.8	22
1:15:03	72.4	30
1:15:54	71.6	33
1:13:18	74.1	27
1:09:37	78.0	21
1:16:14	62.5	45
1:12:12	75.2	26
1:05:33	82.9	11
1:14:35	72.8	29
1:15:30	72.0	32
1:26:25	55.1	59
1:24:39	56.3	54
1:19:55	59.6	48

Timing by BuDu Racing, LLC

Pos	Race No	Name	Time	Category	Age	Gender	Team	City	Swim	T1	Cycle	T2	Run
47	1430	Shane Erickson	1:29:04	60-64	63	Male		Bellevue	0:06:24	0:02:48	0:47:27	0:01:53	0:30:30
48	1288	Kim Jones	1:30:23	50-54	54	Female		Yakima	0:08:36	0:01:31	0:49:22	0:00:57	0:29:56
49	1435	Nolan Brooke	1:30:29	30-34	31	Male		Ellensburg	0:11:36	0:02:46	0:52:27	0:00:30	0:23:09
50	1420	Tracy Jackson	1:31:26	55-59	58	Female		Ellensburg	0:10:58	0:02:17	0:47:35	0:01:25	0:29:09
51	1448	Team Mts.	1:34:54	Relay	1	Mixed		Ellensburg	0:10:32	0:00:25	0:50:27	0:00:29	0:32:59
52	1441	Thomas Larkin	1:35:32	40-44	43	Male		Sammamish	0:10:47	0:02:08	0:50:47	0:02:02	0:29:46
53	1414	Marissa Wright	1:39:08	30-34	34	Female		Monroe	0:08:18	0:03:35	0:52:53	0:02:41	0:31:38
54	1421	Ellen Smith	1:42:59	55-59	58	Female		Shoreline	0:07:55	0:01:29	0:55:39	0:01:24	0:36:31
55	1401	Daphne Fillebrown	1:45:17	50-54	53	Female		Kennewick	0:07:53	0:02:10	0:54:02	0:01:59	0:39:10
56	1403	Elodie Huston	1:45:55	20-24	23	Female		Cle Elum	0:09:40	0:02:45	0:56:32	0:01:10	0:35:46
57	1402	Debra Schoville	1:50:27	55-59	56	Female		Renton	0:09:01	0:02:51	0:54:52	0:01:01	0:42:41
58	1427	Ryan Whitehead	1:50:57	30-34	31	Male		Spokane Valley	0:10:26	0:04:32	1:03:56	0:00:46	0:31:15
59	1405	Patty Pace	1:51:55	50-54	54	Female		Manchester	0:11:30	0:03:42	0:58:41	0:01:38	0:36:22
60	1406	Cathy Hulet	1:51:55	55-59	58	Female		Manchester	0:11:29	0:03:45	0:58:35	0:01:42	0:36:22
61	1284	Becky Drew	1:52:36	60-64	64	Female		Yakima	0:10:43	0:03:13	0:59:00	0:00:49	0:38:49
62	1285	Cynthia Stiner	1:57:00	60-64	60	Female		Toppenish	0:11:51	0:02:11	1:07:02	0:00:41	0:35:13
63	1424	Meg Ludlum	2:10:26	70+	75	Female		Ellensburg	0:12:36	0:03:13	1:03:21	0:01:13	0:50:01
	1440	Brian Wallace	DNF	40-44	42	Male		Snohomish	0:10:07	0:03:17	0:44:06	0:00:54	

-- Age Graded --		
Time	Percentage	Rank
1:12:49	65.4	41
1:18:15	69.4	37
1:25:53	55.5	56
1:17:20	70.2	35
0:00:00	0.0	0
1:26:01	55.4	57
1:32:26	58.8	50
1:27:06	62.4	46
1:31:10	59.6	49
1:38:14	55.3	58
1:33:25	58.2	51
1:45:19	45.2	60
1:36:54	56.1	55
1:34:39	57.4	53
1:30:14	60.2	47
1:33:45	57.9	52
1:25:45	63.4	43

# Ellensburg Multisport Sprint Du Overall Results

Saturday, July 13, 2019

If you have questions about your results, please email [Info@BuDuRacing.com](mailto:Info@BuDuRacing.com).

Thanks to Michael Gray for the Age Graded Results.

Timing by BuDu Racing, LLC

P. Os	Race No	Name	Time	Category	Age	Gender	Team	City	Swim	T1	Cycle	T2	Run
1	1294	Scott Harder	1:03:26	All Ages	48	Male	Vertical World Cycling	Mill Creek	0:07:42	0:00:56	0:34:13	0:00:42	0:19:52
2	1293	Noel Soderblom	1:09:40	All Ages	50	Male		Snohomish	0:08:30	0:00:59	0:37:29	0:00:59	0:21:41
3	1291	Cora Sturzl	1:14:37	All Ages	56	Female		Malaga	0:09:46	0:00:53	0:38:46	0:00:51	0:24:18
4	1292	Robert Sallis	1:19:50	All Ages	50	Male		Post Falls	0:10:54	0:01:28	0:41:12	0:01:11	0:25:04
5	1296	Eowyn Sallis	1:32:31	All Ages	48	Female		Post Falls	0:10:53	0:01:25	0:51:49	0:01:58	0:26:23
6	1295	Lee Meier	1:46:35	All Ages	35	Female		Olympia	0:11:28	0:00:43	1:01:57	0:00:51	0:31:35
7	1473	Mark Henderson	2:08:01	All Ages	63	Male		Fall City	0:15:57	0:03:56	1:04:48	0:03:38	0:39:40
8	1490	Becky Henderson	2:08:43	All Ages	62	Female		Fall City	0:15:00	0:04:50	1:05:19	0:02:33	0:40:59
9	1289	Court Jones	2:33:31	All Ages	84	Male		Ellensburg	0:26:54	0:01:47	1:06:58	0:02:31	0:55:19

-- Age Graded --		
Time	Percentage	Rank
0:56:13	91.2	2
1:01:15	83.7	3
1:03:06	92.6	1
1:10:12	73.1	4
1:20:22	72.7	5
1:37:43	59.8	6
1:44:40	49.0	9
1:43:09	56.7	7
1:41:12	50.7	8